**Research interests**

Dr Bachner-Melman’s major research and clinical focus is on eating disorders and disordered eating, including risk and resilience factors, associated personality profiles, symptoms and clinical characteristics, psychotherapy and treatment, specific subgroups (e.g. athletes and dancers, men, Ultra-Orthodox Jews), and the process and definition of recovery from eating disorders. She is also interested in psychopathology and psychotherapy in a broad context, as well as in Positive Psychology.

**Keywords**

Eating disorders, anorexia nervosa, bulimia nervosa, binge eating disorder, disordered eating, body image, mental health, psychopathology, recovery, positive psychology, personality, dancers.

**2 recent result ‘snippets’ focusing on susceptibility to social messages:**

**Eating problems in gay men**

Gay men are at risk for disordered eating and eating disorders. This mediation model helps us to understand why. The association between sexual orientation and disordered eating in men is mediated by 3 measures of susceptibility to social messages. These messages include the “thin ideal”


**Eating problems and hypnosis**

People with disordered eating tend to be highly hypnotizable. This mediation model helps us to understand why. Concern for Appropriateness mediates the link between disordered eating and hypnotizability. People sensitive to the “thin is beautiful” message may also be sensitive to hypnotic suggestions.