

Curriculum Vitae

1. Personal details

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2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2008-2012	Bar Ilan University, Dept. of Social Work	Ph.D.	2013
2002-2006	Tel-Aviv University, School of Social Work	M.SW.	2006
1999-2002	Tel-Aviv University, School of Social Work	B.SW.	2002

B. Post-Doctoral Studies

Period of Study	Name of Institution, Department and Host	Degree	Year of Completion
2012-2013	University of Haifa, Dept. of Community Mental Health Supervisor: Prof. Marc Gelkopf	Postdoctoral fellowship	2013

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
October 2024-present	Ruppin Academic Center, Master's Degree program in Social Work (MSW) with a specialization in Trauma and Resilience	Senior Lecturer
September 2022-2024	Ruppin Academic Center, Dept. of Social Work	Senior Lecturer
February 2018	StresLab: Stress Research Centre Institute of Psychology, SWPS University, Warsaw. Host: Prof. Roman Cieslak	Visiting Scholar
October 2017-September 2022	Ruppin Academic Center, Dept. of Social Work	Lecturer
October 2013-September 2019	Tel-Aviv University, School of Social Work	Teaching associate
October 2013-September 2019	Zefat Academic College, Dept. of Social Work	Lecturer
October 2009-September 2019	Zefat Academic College, Dept. of Social Work	Teaching associate

4. Offices in University Academic Administration

Dates	Name of Institution and Department	Position
October 2025-present	Ruppin Academic Center	Head of the Interdisciplinary Research Center for Advancing Mental and Social Health
October 2024-present	Ruppin Academic Center, Dept. of Social Work, MSW program	Member of teaching committee
October 2021- 2024	Ruppin Academic Center	Representative of the faculty at the research committee
October 2020-oct.2021	Ruppin Academic Center, Dept. of Social Work	Representative of the department in project "Tikva Israelit"
October 2019-present	Ruppin Academic Center, Dept. of Social Work	Head of Admissions Committee
October 2017-September 2019	Ruppin Academic Center, Dept. of Social Work	Member of Admissions Committee
October 2017-present	Ruppin Academic Center, Dept. of Social Work	Member of teaching committee
October 2017-present	Ruppin Academic Center, Dept. of Social Work	Member of practical training committee

October 2017-present	Ruppin Academic Center, Dept. of Social Work	Coordinator of first year studies
July 2016-September 2019	Zefat Academic College	Member of institutional teaching committee
October 2015-September 2019	Zefat Academic College, Dept. of Social Work	Member of international affairs committee
October 2014-September 2016	Zefat Academic College, Dept. of Social Work	Coordinator of the retraining program
October 2011-September 2019	Zefat Academic College, Dept. of Social Work	Member of practical training committee
October 2011-September 2019	Zefat Academic College, Dept. of Social Work	Member of teaching committee
October 2010-September 2019	Zefat Academic College, Dept. of Social Work	Member of student affairs committee
October 2010-September 2019	Zefat Academic College, Dept. of Social Work	Coordinator of first year studies

5. Scholarly Positions and Activities outside the Institution

Permanent Roles		
Dates	Name	Position
January 2025-present	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i>	Editorial Board Member
Ad Hoc Roles		
Dates	Name	Position
November 2025	The Israeli Ministry of Science and Technology and the Israeli Ministry of Welfare and Social Affairs	Member of the review committee for the call for research proposals on welfare, well-being, and social and community resilience.
October 2025	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2025-4804)	Ad- Hoc Reviewer for Journal
August 2025	Zefat Academic College	Academic referee for promotion to Lecturer, Dr. Yonathan Piamenta, Department of Social Work, Zefat Academic College.

August 2025	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2025-4846)	Ad- Hoc Reviewer for Journal
May 2025	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA -2025-4670)	Ad- Hoc Reviewer for Journal
April 2025	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA -2025-4547)	Ad- Hoc Reviewer for Journal
April 2025	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2024-4303-R1)	Ad- Hoc Reviewer for Journal
December 2024	<i>Women's Studies International Forum</i> (Manuscript ID WSIF-D-24-00994)	Ad- Hoc Reviewer for Journal
November 2024	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2024-4303)	Ad- Hoc Reviewer for Journal
November 2024	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2024-4258-R1)	Ad- Hoc Reviewer for Journal
November 2024	<i>Journal of Immigrant and Minority Health</i> (Manuscript ID 707040be-3a0b-4782-94db-2a9a49f0ab26)	Ad- Hoc Reviewer for Journal
October 2024	<i>Social Work</i> (Manuscript ID #SWJ 3497-24)	Ad- Hoc Reviewer for Journal
August 2024	<i>American Journal of Orthopsychiatry</i> (Manuscript ID ORT-2024-0402R1)	Ad- Hoc Reviewer for Journal
August 2024	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2024-4258)	Ad- Hoc Reviewer for Journal
July 2024	<i>American Journal of Orthopsychiatry</i> (Manuscript ID ORT-2024-0402)	Ad- Hoc Reviewer for Journal
May 2024	<i>Frontiers in psychiatry</i> (Manuscript ID 1380035)	Ad- Hoc Reviewer for Journal
April 2024	<i>Children and Youth Services Review</i> (Manuscript ID CYSR-D-24-00558)	Ad- Hoc Reviewer for Journal
April 2024	<i>Psychological Trauma: Theory,</i>	Ad- Hoc Reviewer for

	<i>Research, Practice, and Policy</i> (Manuscript ID TRA-2024-4051)	Journal
February 2024	<i>Children and Youth Services Review</i> (Manuscript ID CYSR-D-24-00206)	Ad- Hoc Reviewer for Journal
December 2023	<i>Journal of Child and Family Studies</i> (Manuscript ID JCFS-D-23-00870)	Ad- Hoc Reviewer for Journal
July 2023	<i>Social work research</i> (Manuscript ID #SWR-1903-23)	Ad- Hoc Reviewer for Journal
July 2023	<i>Cogent Social Sciences</i> (Manuscript ID COGENTSOCSCI-2023-1083)	Ad- Hoc Reviewer for Journal
July 2023	<i>Journal of Child and Family Studies</i> (Manuscript ID JCFS-D-22-00537R1)	Ad- Hoc Reviewer for Journal
July 2023	<i>Child & Family Social Work</i> (Manuscript ID CFSW-04-23-0117)	Ad- Hoc Reviewer for Journal
April 2023	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2023-2546)	Ad- Hoc Reviewer for Journal
April 2023	<i>Journal of Child and Family Studies</i> (Manuscript ID CFS-D-22-01248)	Ad- Hoc Reviewer for Journal
December 2022	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2022-3261R1)	Ad- Hoc Reviewer for Journal
November 2022	<i>Journal of Child and Family Studies</i> (JCFS-D-22-00024R1)	Ad- Hoc Reviewer for Journal
September 2022	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i> (Manuscript ID TRA-2022-3261)	Ad- Hoc Reviewer for Journal
August 2022	<i>The British Journal of Social Work</i> (Manuscript ID BJSW-22-243)	Ad- Hoc Reviewer for Journal
June 2022	<i>Social Psychiatry and Psychiatric Epidemiology</i> (Manuscript ID SPPE-D-22-00361)	Ad- Hoc Reviewer for Journal
February 2022	<i>Journal of Child and Family Studies</i>	Ad- Hoc Reviewer for Journal

	(Manuscript ID JCFS-D-22-00024)	
September 2021	<i>The Journal of Refugee Studies</i> (Manuscript ID REFUGEE-2021-133)	Ad- Hoc Reviewer for Journal
June 2021	<i>Affilia: Journal of Women and Social Work</i> (Manuscript ID Affilia- 20-220)	Ad- Hoc Reviewer for Journal
May 2021	Social Security (Manuscript ID not stated)	Ad- Hoc Reviewer for Journal
December 2020	<i>The British Journal of Social Work</i> (Manuscript ID BJSW-20-412)	Ad- Hoc Reviewer for Journal
November 2020	<i>Journal of Child and Family Studies</i> (Manuscript ID JCFS-D-20-00656)	Ad- Hoc Reviewer for Journal
November 2020	<i>The Authority for the Advancement of the Status of Women</i>	Part of the database of women specialists' scholars
July 2020	<i>The British Journal of Social Work</i> (Manuscript ID BJSW-20-144)	Ad- Hoc Reviewer for Journal
August 2019	<i>Society and Welfare</i> (Manuscript ID 4056)	Ad- Hoc Reviewer for Journal
August 2019	<i>Journal of Child and Family Studies</i> (Manuscript ID JCFS-D-19-00167)	Ad- Hoc Reviewer for Journal
August 2019	<i>Social Psychiatry and Psychiatric Epidemiology</i> (Manuscript ID SPPE-D-19-00432)	Ad- Hoc Reviewer for Journal
August 2019	<i>Journal of Military, Veteran and Family Health</i> (Manuscript ID jmvfh-2019-0026)	Ad- Hoc Reviewer for Journal
July 2017- 2021	The Israeli association of Social Workers	Member of the Expertise Committee

6. Participation in Scholarly Conferences

a. Active Participation / International Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2024	TISSA Conference	Athens	*Pagorek-Eshel, S., Alnabilsy, R., & Elias, H. (2024). Online racism towards Arab-Palestinian young adults in Israel and its psychological	Oral Presentation

			outcomes	
2024	Early Starters International: Early childhood in times of war	On-line	*Pagorek-Eshel, S. (2024). Overcoming anxiety and toxic stress	Mediator
2023	European Conference of Social Work Education 2023	Porto	*Pagorek-Eshel, S., & Even-Zahav, R. (2023). Enhancing social work students' knowledge and skills for effective interventions with fathers.	Oral Presentation (symposium)
2022	ECSWR-European Social Work Research Association	Milan	*Pagorek-Eshel, S., & *Even-Zahav, R. (2022). Is it just a soccer game? An evaluation study of the "Fathers & Sons on the Field" program.	Oral Presentation
2022	Gender Studies Conference 2022	University of Oulu, Finland	*Alnabilsy, R., Pagorek-Eshel, S., & Elias, H. (2022). Self - Identity in the trap: Palestinian women in the shadow of violence, a tangled cultural and political context in Israel.	Oral Presentation
2022	Second International Conference on Trauma and Mental Health	Jerusalem, Israel	*Pagorek-Eshel, S., Alnabilsy, R., & Elias, H. & Greenapol, S. (2022). Social factors and COVID-19-related resource loss and their association with depression and anxiety among Arabs in Israel.	Oral Presentation
2022	ECSWR-European Social Work Research Association	Amsterdam University of Applied Science	*Elias, H., *Alnabilsy, R., & Pagorek-Eshel, S. (2022). The challenges of social service providers who work with young Arab women who were abused in childhood.	Oral Presentation
2019	ECSWR 2019: European Conference for Social Work Research	Leuven, Belgium	*Pagorek-Eshel, S., Elias, H., & Alnabilsy, R.(2019). <i>The process of coping with child abuse within context: young Palestinian women's perspective.</i> *Elias, H., *Pagorek-Eshel, S., & *Alnabilsy, R.(2019). <i>Using participatory action research to</i>	Oral Presentation Oral

			<i>reduce barriers in consumption of social services among young Arab women abused in childhood: Perspectives of victims and service providers.</i>	Presentation
2018	SWDS 2018: Joint World Conference on Social Work, Education and Social Development	Dublin, Ireland	* Elias, H., *Pagorek-Eshel, S., & *Alnabilsy, R.(2017). <i>Hurt and Alone: The Experience of Young Arab Women in Israel Who Have Been Abused in Childhood.</i>	Oral Presentation
2016	ECSWR- 6th European Conference for Social Work Research	Lisbon, Portugal	*Pagorek-Eshel, S, & *Finkelstein, M. (2016). <i>Family resilience among parents and their adolescents exposed to ongoing political conflict.</i>	Oral Presentation
2016	SWSD 2016: Social Work, Education and Social Development	Seoul, Korea	*Geron, Y., & *Pagorek-Eshel, S (2016). <i>Teaching Social Work in a Socio-Cultural-Political Sensitive Academic Context.</i>	Oral Presentation
2015	European Association of Schools of Social Work (EASSW). Social Work Education in Europe: Towards 2025	Milan, Italy- Bicocca University	* Pagorek-Eshel, S, *Geron, Y., *Nir- Shamo L.(2015). <i>Enhancing multiculturalism in social work education in a highly conflicted environment.</i>	Oral Presentation
2009	AFTA Annual Meeting	New Orleans U.S.A.	*Geron, Y., & Pagorek-Eshel, S.(2009). <i>Fatherhood under terror related stress: The Israeli experience.</i>	Oral Presentation

b. Conferences in Israel

Date	Name of	Place of	Subject of Lecture/Discussion	Role
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	Conference	Conference		
2024	Like a Phoenix: From Trauma to Growth - Social Work in a Changing World: The 20th Conference of Social Workers, Social Worker Union	ICC Jerusalem	*Pagorek-Eshel, S.(2009). <i>Humanity and Peace (poem)</i>	Poster
2023	ESPAnet Conference	Haifa University	*Even- Zahav, R., *Elias, H. Gavriel- Fried, B., *Pagorek-Eshel, S. (2023). <i>The success of the Arab students in the Israeli academy.</i>	Oral Presentation
2023	ESPAnet Conference	Haifa University	*Pagorek- Eshel, S. & Even-Zahav, R. (2023). <i>Connected: the development of the father-son relationship in the program "Fathers and Sons on the Field". Evaluation research findings.</i>	Poster
2023	ESPAnet Conference	Haifa University	* Elias, H., *Pagorek-Eshel, S., *Alnabilsy, R. (2023). <i>Young Arabs in Israel in the context of marginalization and exclusion: Research and practice perspectives on reducing multigenerational inequality</i>	Symposium
2022	ESPAnet Conference	The Hebrew University of Jerusalem	*Pagorek-Eshel, S., Alnabilsy, R., & Elias, H. & Greenapol, S. (2022). <i>The link between social exclusion, discrimination and loss of resources, following the outbreak of Covid-19, and depression and anxiety among Arabs in Israel.</i>	Oral Presentation
2021	National Knowledge and Research Center for Emergency Readiness and EcoScience	Ministry of Science & Technology	*Pagorek-Eshel, S. (2021). <i>Psychosocial consequences of Covid-19 outbreak in Arab society in Israel</i>	Oral Presentation

2021	The 41st STAR International Conference	Haifa University	*Pagorek-Eshel, S., Alnabilsy, R. & Elias, H. (2021) <i>Intersectional trauma: The role of exposure to child abuse, social exclusion, and discrimination in explaining post traumatic symptoms and resilience among young Arab women in Israel.</i>	Oral Presentation
2020	Espanet 2020: Intersectionality and the Welfare State	Ashkelon College	*Alnabilsy, R., *Pagorek Eshel, S., &* Elias, H. (2020). <i>The construction of self among young Arab women who were abused in childhood</i>	Oral Presentation
2020	Espanet 2020: Intersectionality and the Welfare State	Ashkelon College	* Pagorek Eshel, S., Even Zahav R., Elias H., & Gavriel Frid B. (2020). <i>The Culturally Engaging Campus Environments Model</i>	Symposium
2020	Mental Health and Palestinian citizens in Israel	Ruppin Academic Center	*Alnabilsy, R., *Elias, H. & *Pagorek Eshel, S. (2020). <i>In the shadow of the spider webs: Young Arab women's perceptions of barriers to formal service use.</i>	Oral Presentation
2019	Espanet 2019: The Boundaries of the Welfare State in a Changing Reality.	Ruppin Academic Center	*Pagorek-Eshel, S., *Elias, H., & *Alnabulsy, R.(2019). <i>Barriers to service use among young Arab women who were abused in childhood (oral presentation)</i>	Symposium
2017	Child Maltreatment in Context: The Second International Conference of "Haruv" Institution	Jerusalem	*Elias, H., *Alnabulsy, R., & *Pagorek-Eshel, S. (2017). <i>The long term consequences of child abuse among Arab young women in Israel (oral presentation).</i>	Oral Presentation
2014	Theoretical and Practical Issues in Therapy in a Multicultural	Zefat Academic College, Zefat	*Pagorek-Eshel, S. (2014). <i>Multicultural Sensitivity in Social Work Practice: Strengthening our lecturers,</i>	Oral Presentation

	Environment		<i>supervisors and students.</i>	
2014	Social Work in the Periphery: The First Meeting of Schools of Social Work in Colleges in Israel	Zefat Academic College, Zefat	*Pagorek-Eshel, S. (2014). <i>Meeting with the other; Meeting with myself: The contribution of exposure to multiculturalism to development of professional identity in social work.</i>	Oral Presentation
2014	Master Plan: Social Trends of Fatherhood. The Subprogram for Masculinity Studies in the Program for Gender Studies at the Bar Ilan University in Collaboration with the Israeli Society of Sociology, Family Community	Bar Ilan University, Ramat Gan	*Pagorek-Eshel, S. (2014). <i>Fathers facing fire: parental self-efficacy and paternal involvement in the context of security threats</i>	Poster
2012	Trauma through the Life Cycle from a Strengths Perspective	NYU Silver School of Social Work & The Hebrew University of Jerusalem, Paul Baerwald School of Social Work and Social Welfare	Pagorek-Eshel, S., & Dekel, R. (2012). <i>Fathers facing fire: Does security threat affect fatherhood?.</i>	Oral Presentation
2010	From Helplessness to	Tel Hai	Pagorek-Eshel, S., & Dekel, R. (2010). <i>Fathers facing fire:</i>	Oral

	Active Coping: Practical Mental Health Intervention in Emergency and Disaster	Academic College	<i>Does security threat affect fatherhood?</i> (oral presentation)	Presentation
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c. Organization of Conferences or Sessions

Date	Name of Conference	Place of Conference	Subject of Conference/Role at Conference/ Comments	Role
2026	ESPAnet Israel 15th Annual Conference	Ruppin Academic Center, Israel	<i>Mending the Rifts? Social Policy in an Era of Global and Local Transformations.</i>	Session Chair on War & Gender (accepted symposium)
2015	Social work in the periphery: Challenges and opportunities. The second meeting of schools of social work in colleges in Israel	Sapir Academic College, Israel	<i>Social work in the periphery</i>	Member of steering committee

7. Invited Lectures\Colloquium Talks

Dates	Name of Institution	Position
December 2025	Ministry of Aliyah and Integration & Be-Atzmi Association	Trauma-informed support for migrants: professional training for practitioners.
November 2025	Milam, Enosh Association	Lecture on emerging from crisis: supporting families of people with mental health challenges. Keynote speaker at the national "Milam" conference for families.
October, 2025	Ruppin Academic Center	Lecture and training for the "Rupinistim" project on

		trauma and trauma informed care for students entering the academy.
May, 2025	"Dror" association	workshop for the staff on PTSD and trauma-informed practice
February, 2025	The father & son program	Lecture and workshop on father & son relationship under security threat
October, 2024	Ruppin Academic Center	Lecture and training for the "Rupinistim" project on trauma and trauma informed care for students entering the academy.
May, 2024	"Dror" association	Lecture and workshop on Shared Trauma
April, 2024	Ruppin Academic Center	Speaker at a conference for women whose partners are in reserve service, on the topic of couple communication
February 2024	"Natur"- recovery space for "Nova" survivors	Lecture for the staff on PTSD and trauma-informed practice
December, 2024	FINASTRA	Session on loss and trauma
December, 2023	Azrieli College	Trauma-informed higher education
November, 2023	Aluma & Rothschild Foundation	Trauma-informed higher education
November, 2023	"Dror" association	Self-compassion seminar
November, 2023	Azrieli College	A small island in a stormy sea: Maintaining resilience in the shadow of collective trauma
November, 2023	The Jewish agency	Lecture and workshop on Shared Trauma
October, 2023	Ministry of health, North district	Lecture and workshop on Shared Trauma
October, 2023	Milam (Enosh)	A small island in a stormy sea: Maintaining resilience in the shadow of collective trauma
October, 2023	OSOT Democracy	Lecture and workshop on Shared Trauma
October, 2023	Ruppin Academic Center	Lecture and training for the

		"Rupinistim" project on trauma and trauma informed care for students entering the academy.
March 2023	Milam (Enosh)	Lecture and workshop on secondary traumatic stress and burnout.
March 2023	Mesila	Lecture and workshop on secondary traumatic stress and burnout.
February 2023	"Dror" association	Lecture and workshop on secondary traumatic stress and burnout.
November 2022	The father & son program	Lecture and workshop on father & son relationship
July 2022	Refugee hotline, Tel Aviv	Lecture and workshop on secondary traumatic stress and burnout.
February 2022	"Shluvot" organization for women coping with cancer	Lecture and Workshop on self-compassion and its contribution to resilience.
May 2020	"Eshet Haile" program	Workshop on "Shared traumatic reality in the shadow of Covid-19"
April 2019	"Maamazt" Center, Tiberias	Workshop on the long term consequences of sexual abuse among men
March 2019	Social welfare department of Kfar Yona	Professional writing seminar for social workers
June 2018	Social work department of "Hermon" prison	Workshop for social workers on social work with incarcerated fathers
May 2018	Social welfare department of Tiberias	Workshop for social workers on social work with fathers
2017-2019	"Eshet Haile" program	Workshops for Arab women and their supervisors on secondary traumatic stress
2016	The Central School for Training Social Workers	Workshop for Professional writing seminar for Probation Officers
2014	"Gesher" Clinic	Workshop for therapeutical teams on intervention assessment in African refugees suffering from

		PTSD
2014	Beer-Sheba Municipality, Dept. of Social Services	Workshop for parents to young children during Operation Zuk Eitan
2014	"Jamila" project	Workshop for youth workers and volunteers working with adolescents at risk in a reality of security threats during Operation Zuk Eitan

8. Research Grants

a. Grants Awarded

Role in Research	Co-Researchers	Topic	Founded by/Amount	Year
PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	Online racism among young Arab-palestinians in Israel	14,000 NIS The Lior Tsfaty Center for Suicide and Mental Pain Studies, Ruppin Academic Center, Israel	2021
PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The psychosocial consequences of Corona virus outbreak on the Arab society in Israel	35,000 NIS The Ministry of Science and Technology, Israel	2020
Co-PI	Dr. Lia Levin, Dr. Haneen Elias & Dr. Raghda Alnabilsy	Gender and socio-cultural adequacy of public social policy for assisting young Arab women in Israel	228,045 NIS The Ministry of Science and Technology, Israel	2018
Co-PI	Dr. Ronit	Arab students' success in	300,000 NIS grant	2017

	Even-Zahav, Dr. Haneen Elias, and Dr. Bell Fried	higher education in Israel	awarded by the Israeli Minister of Science, Technology and Space	
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The Long Term Consequences of Child Abuse among Arab Young Women in Israel	116600 NIS The research fund of the National Insurance Institute of Israel	2017
PI	Prof. Marc Gelkopf	Immediate and long term implications of car accidents using experience sampling methods	400,000 NIS research fund of the insurance companies union	2013
Co-PI	Dr. Michal Finkelstein	Assessment of intervention program for adolescents at the "Otef Gaza" region	10,000 NIS Inheritance Foundation and Delet Petuha Foundation	2013

b. Internal Grants

Role in Research	Co- Researchers	Topic	Founded by/Amount	Year
PI		The Interdisciplinary Research Center for Advancing Mental and Social Health	40000 NIS	2025
PI	Dr. Yael Karni-Visel	Exploring Trauma Experiences and Coping Strategies in Autistic Young Adults: A Qualitative Study of Individual and Family Perspectives	9750 NIS	2024

PI		Assessment of the effectiveness of a "Growth from Trauma" exercise in social work education	9750 NIS	2024
PI	Avital Kaye Tzadok & Yossi Levi Belz	Trauma informed education	9750 NIS	2023
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The psychological outcomes of online racism among Arab-Palestinian young adult in Israel	3500 NIS	2022
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The psychological outcomes of online racism among Arab-Palestinian young adult in Israel	3500 NIS	2021
PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The psychosocial consequences of Corona virus outbreak on the Arab society in Israel	8821.9 NIS	2020
Co-PI	Prof. Rachel Dekel & Prof. Roman Cieslak	The relationship between indirect exposure to traumatic events and PTS symptoms: A systematic review	8249 NIS	2019
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The Long Term Consequences of Child Abuse among Arab Young Women in Israel	4000 NIS	2018

c. Submission of Research Proposals – Not Funded

Role in Research	Co-Researchers	Topic	Founded by	Year	Score
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Co-PI	Raghda Alnabilsy & Dr. Haneen Elias	The white soldiers from Arab society at the forefront of the Corona crisis in Israel: Personal, social and professional coping and implications for the quality of health care	The Israel National Institute for Health Policy Research	2020	(Score was not given)
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	Mental health and functional outcomes of child Abuse among young Arab women in Israel: Possible moderating effects of social exclusion and perception of formal and informal support	The Harry Frank Guggenheim Foundation (HFG)	2017	(Score was not given)

9. Scholarships Awards & Prizes

- 2023 Award for excellence in teaching, research and contribution to the institute, Ruppin Academic Center.
- 2021 Award for excellence in teaching, research and contribution to the institute, Ruppin Academic Center.

- 2016 Rector award for excellence in teaching, Tel Aviv University.
- 2016 Award for excellence in teaching, research and contribution to the institute, Zefat Academic College.
- 2012 Postdoctoral fellowship, Dept. of Community Social Health, University of Haifa.

10. Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course	Degree	Number of Students
2025-present	Research Seminar	Workshop	MSW	11
2024-present	Ecological perspectives of traumatic stress situations	Lecture	MSW	42
2024-present	Social work with men under crisis and stress	Lecture	MSW	30
2022-present	Helping the helpers: preventing secondary traumatic stress and burnout	Workshop in English	Social sciences, BSW	20
2020-2024	The family system	Lecture	BSW	60
2020-2021	Cultural competence in social work	Lecture	BSW	60
2020-2021	Groups as a method of intervention	Lecture	BSW	30
2019-2020	Interpersonal relationships in groups	Workshop	BSW	20
2019-present	Trauma, Resilience and Growth	Lecture	BSW	25
2018-2024	Introduction to social work	Lecture	BSW	60
2018-2024	Fatherhood: Sociological and psychological aspects	Workshop	BSW	12
2018-2023	Gateway to the Academy: Integration and Learning in the Social Work Program	Workshop	BSW	30
2018-2024	Families under stress and trauma	Workshop	BSW	25
2015-2017	Families under traumatic stress	Lecture	MSW	40

2009-present	Social work methods and skills	Workshop	BSW	20
2009-2018	Intervention assessment	Lecture	BSW	25
2009-2014	Bibliography and scientific writing	Lecture	BSW	20

b. Supervision of Graduate Students

Name of Student	Title of Thesis	Degree	Date of Completion/in Progress	Students' Achievements
Rotem Ivgi	Compassion fatigue among counselors in residential programs for at-risk youth	MA thesis, Department of Psychology, Ruppin Academic Center	In progress	
Omer Mesika Namir	Post-Traumatic Growth After Infidelity: The Relationship Between the Experience of Betrayal and Post-Traumatic Growth and The Contribution of The Background Variables and Intrapersonal variables: Self-Esteem, Self-Differentiation and Personal Resilience	MA thesis, Department of Psychology, Ruppin Academic Center	10/2024	Final thesis grade: 96

11. Miscellaneous

a. Professional training

2025 International Trauma Healing Institute, Somatic Experiencing Psychotherapy
 2022 Hakomi Institute, Hakomi Experiential Psychotherapy
 2020 Mind-Body Center, Mindfulness and compassion-based interventions
 2019 Mifrasim Institute, Mindfulness for Therapists

12. Professional experience

2026-present	255 Organization- Long-term psychosocial support for former hostages and their families	Supervision of social workers treating families of released hostages
2023- present	HIAS, Israel- Humanitarian organization supporting refugees and asylum seekers	Expert opinion on post-traumatic stress among trafficking survivors, submitted to the court at the request of the Legal department.
2023-present	Mesila- A Tel Aviv municipal welfare unit providing social services and humanitarian aid to asylum seekers, refugees and their families.	Supervision for social workers and management teams
2023-5/2025	Hakomi institute- Mindful somatic psychotherapy training	Co-facilitator in the psychotherapy training group of MSWs and psychologists
2022-2023	Elifelet- An Israeli NGO providing educational, therapeutic and humanitarian support for refugee and asylum-seeker children and their families.	Group supervision of managers on professional dilemmas and coping with trauma and secondary traumatization
2022-present	Physicians for Human Rights, Israel- an NGO promoting the right to health for all people under Israel's responsibility.	Supervision for social workers
2021-present	Private practice	Mindful Somatic Psychotherapy (HAKOMI) with adults dealing with trauma, anxiety, life changes and interpersonal difficulties
2021-present	The Hotline for Refugees and Migrants- an Israeli human rights NGO protecting the rights of refugees, asylum seekers, migrant workers and victims of human trafficking.	Group supervision of managers on professional dilemmas and coping with trauma and secondary traumatization

2019-present	"Kav LaOved"- an Israeli NGO dedicated to protecting the labor rights of disadvantaged workers, including migrants, refugees and low-wage workers.	Group supervision of workers and in the organization on professional dilemmas and coping with trauma and secondary traumatization
2018-2023	"Am Sagol"- an Israeli NGO that promoted social engagement and personal development through workshops and community initiatives.	Group work with women aimed to raise self-awareness and empowerment; group facilitator in workshops aimed to raise social activism.
2009-2010	Sapir Academic College	Supervision of third year social work students specializing in international studies in "Magen David Adom" (organization supplying pre-hospital emergency services). establishment of a crisis intervention team for accidents and deaths ; training personnel and volunteers in the unit for locating missing persons
2008	African Refugee Development Center (ARDC)	Supervision of volunteers in the organization on coping with trauma and secondary traumatization (pro bono)
2007-2008	Or Shalom - foster care services	Social worker, foster families instructor
2005-2007	Ichilov Hospital, psychiatric unit	Social worker of the parental capability assessment unit
2004-2007	Ichilov Hospital, child & adolescent psychiatric unit	Social worker of the center for traumatized children & families
2002-2004	Karev Foundation and Joint Israel, Social Network project	Social worker of the Social Network program for at-risk children and adolescents, Lod

Publications

A. Ph.D. dissertation

Pagorek-Eshel, S. (2013). Fatherhood in the context of security threat. The Louis and Gabi Weisfeld School of Social Work, Bar Ilan University, Israel. Supervision: Prof. Rachel Dekel.

B. Articles in Refereed Journals

Published

1. ***Pagorek-Eshel, S.**, Alnabilsy, R., & Elias, H. (2025). The Psychological Outcomes of Online Racism Among Young Adult Arab-Palestinians in Israel: The Moderating Role of Ethnic Identity, National Self-Definition, and Social Media Political Participation. *American Journal of Orthopsychiatry*. Advance online publication. <https://dx.doi.org/10.1037/ort0000888> (Q1, IF= 2.1). Contribution: Planned and led the quantitative study, participated in data analysis, and contributed to writing the manuscript.
2. *Even-Zahav, R. R., Gavriel-Fried, B., **Pagorek-Eshel, S.**, & Karram-Elias, H. (2025). Personal, social, and cultural engagement factors of academic success: The case of Arab students in the higher education system in Israel. *International Journal of Intercultural Relations*, 108, 102253. (Q1, IF= 3.37). Contribution: Planned and co-led the quantitative study, participated in data analysis, and contributed to writing the manuscript.
3. *Elias, H., **Pagorek-Eshel, S.**, & Alnabilsy, R. (2025). Exposure to child abuse and neglect, and formal and non-formal social support, in the presence of post-traumatic symptoms and resilience among young Arab-Palestinian women in Israel. *Children and Youth Services Review*, 108453. (Q1, IF= 1.7). Contribution: Planned and led the quantitative study, conducted the study, participated in data analysis, and contributed to writing the manuscript.
4. ***Pagorek-Eshel, S.**, Greenapple, S., Alnabilsy, R., & Elias, H. (2025). An ecological perspective of psychological distress predictors among minorities facing a collective crisis: The case of Arab-Palestinians during the COVID-19 pandemic in Israel. *Social Work in Mental Health*, 23(2), 210-230. (Q2, IF= 1.3). Contribution: Led the study, supervised data collection and analysis, wrote the literature review and discussion, and contributed to writing the method and results sections.
5. *Elias, H., Alnabilsy, R., **Pagorek-Eshel, S.**, & Levin, L. (2024). Catch 22: Social workers' perceptions of the socio-cultural and formal-structural factors that inhibit interventions with at-risk young Arab-Palestinian women in Israel. *Children and Youth Services Review*, 163, 107702 (Q1, IF= 2.519). Contribution: Participated in planning and conducting the study, participated in data analysis, and contributed to writing the manuscript.
6. *Elias, H., Alnabilsy, R., & **Pagorek-Eshel, S.**, & Levin, L. (2024). Structural

- and socio-political barriers to provide services to Arab-Palestinian young women in Israel: The perception of the social workers. *The British Journal of Social Work*, 54(2), 568-586. (Q1, IF= 2.352). Contribution: Participated in planning and conducting the study, participated in data analysis, and contributed to writing the manuscript.
7. *Elias, H., Alnabilsy, R., & **Pagorek-Eshel, S.** (2024). The meaning of abuse for young Arab women in Israel: Gender, social, and cultural mechanisms of control and supervision. *Women's Studies International Forum*, 103, 102867. (Q1, IF= 1.5). Contribution: Participated in planning and conducting the study, participated in data analysis, and contributed to writing the manuscript.
 8. *Elias, H., **Pagorek-Eshel, S.**, & Alnabilsy, R. (2024). Promoting context informed perspective among service providers treating young Arab women who were abused in childhood in Israel. *Journal of the Society for Social Work and Research*, 15(1), 123-144. (Q1, IF= 1.97). Contribution: Participated in planning and conducting the study, participated in data analysis, and contributed to writing the manuscript.
 9. *Alnabilsy, R., Elias, H., & **Pagorek-Eshel, S.** (2023). Patterns of using social and mental health services and barriers to services among young Palestinian women in Israel. *Journal of Muslim Minority Affairs*, 42(4), 409-427. (Q1, IF= 1.28). Contribution: Participated in planning and conducting the study, supervised the data collection, and wrote the methods and findings sections.
 10. *Levin, L., Karram-Elias, H., **Pagorek-Eshel, S.**, & Alnabilsy, R. (2023). State inspection in contexts of cultural and sociopolitical conflict: The case of social services for Arab young women in Israel. *Journal of Social Policy*, 1-18. (Q1, IF= 2.654). Contribution: Participated in planning and conducting the study, participated in data analysis, and contributed to writing the manuscript.
 11. *Elias, H., Even-Zahav, R., **Pagorek-Eshel, S.**, & Gavriel-Fried, B. (2023). "Arab students do not reveal their difficulties": Faculty members' perceptions of the barriers to higher education among Arab students in Israel. *Intercultural Education*, 35(2), 224-239. (Q1, IF= 1.38). Contribution: Participated in planning and conducting the study, participated in data analysis, and contributed to writing the manuscript.
 12. *Alnabilsy, R., **Pagorek-Eshel, S.**, & Elias, H. (2023). The self-identity construction of Arab young women who were abused in childhood within a complex cultural and socio-political context. *Journal of Family Violence*, 38(1), 91-103. (Q1, IF= 2.183). Contribution: Participated in planning the study and writing the introduction and discussion sections.
 13. *Levin, L., Cohen-Brafman, M., Alnabilsy, R., **Pagorek-Eshel, S.**, & Elias, H. (2022). Poster girl: The discourse constructing the image of the 'girl in distress' receiving public welfare services in Israel. *Frontiers in Psychiatry*, 13, 966778. (Q1, IF= 4.7). Contribution: Performed data entry.
 14. ***Pagorek-Eshel, S.**, Alnabilsy, R., & Elias, H. (2022). The role of exposure to child abuse, social exclusion, and discrimination in predicting posttraumatic symptoms and resilience among young Arab women in Israel. *American Journal of Orthopsychiatry*, 92(6), 731. (Q1, IF= 3.407). Contribution: Led

- the study, supervised data collection and analysis, wrote the literature review and discussion, and contributed to writing the method and results sections.
15. **Pagorek-Eshel, S., & Dekel, R. (2021).** Fathers' authoritative and authoritarian attitudes and paternal involvement in a climate of political violence. *Journal of Family Studies*, 1-16. (Q2, IF= 1.410). Contribution: Planned the study, collected and analyzed the data, and wrote the entire manuscript.
 16. Greenaple, S., Gelkopf, M., **Pagorek-Eshel, S., & Green, T. (2021).** The role of sensory processing sensitivity in the immediate traumatic stress reaction: Predicting development of acute and posttraumatic stress symptoms following motor vehicle accidents. *Personality and Individual Differences*, 185, 111278. (Q1, IF= 3.004). Contribution: Co-led the study, supervised data collection, and contributed to writing the literature review and discussion.
 17. **Pagorek-Eshel, S., Elias, H., Alnabilsy, R., & Greenaple, S. (2021).** The association of social factors and COVID-19-related resource loss with depression and anxiety among Arabs in Israel. *Psychological Trauma: Theory, Research, Practice and Policy*, 14(2), 310. (Q1, IF= 3.226). Contribution: Led the study, supervised data collection and analysis, wrote the literature review and discussion, and contributed to writing the method and results sections.
 18. **Pagorek-Eshel, S., Elias, H., & Alnabilsy, R. (2020).** Young Arab women's processes of coping with girl abuse: Intersection of patriarchal oppression and being a national minority in Israel. *Affilia*, 36(4), 593-611. (Q2, IF= 1.085). Contribution: Participated in planning the study, contributed to data analysis, and wrote the introduction and discussion sections.
 19. Finkelstien, M., **Pagorek-Eshel, S., & Laufer, A. (2020).** Adolescents' individual resilience and its association with security threats, anxiety and family resilience. *Journal of Family Studies*, 28(3), 1023-1039. (Q2, IF= 1.410). Contribution: Planned the study, collected the data, supervised data analysis, wrote the literature review, and contributed to the method, results and discussion sections.
 20. Greenaple, S., Green, T., **Pagorek-Eshel, S., & Gelkopf, M. (2019).** Prospective examination of daily life traumatic stress symptom expression following motor vehicle collisions. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(7), 1212. (Q1, IF= 3.226). Contribution: Participated in planning the study, contributed to data analysis, and contributed to writing the introduction and discussion sections.
 21. Elias, H., Alnabilsy, R., & **Pagorek-Eshel, S. (2019).** Barriers to receiving support among young Arab women in Israel who have been abused in childhood. *The British Journal of Social Work*, 49(8), 2073-2091. (Q1, IF= 1.435). Contribution: Participated in planning the study, contributed to data analysis, and contributed to writing the introduction and discussion sections.
 22. **Pagorek-Eshel, S., & Finklestein, M. (2018).** Family resilience among parent adolescent dyads exposed to ongoing rocket fire. *Psychological Trauma: Theory, Research, Practice and Policy*, 11(3), 283-291. (Q1, IF= 3.226). Contribution: Planned the study, collected the data, supervised data analysis,

wrote the literature review, method and results sections, and contributed to the discussion.

23. Gelkopf, M., **Pagorek-Eshel, S.**, Trauer, T., & Roe, D. (2015). Routine outcome measurement in mental health service consumers: Who should provide support for the self-assessments? *Evaluation and Program Planning*, 50, 43-46. (Q2, IF= 1.519). Contribution: Wrote the literature review, assisted with data analysis, and contributed to writing the discussion.
24. **Pagorek-Eshel, S.**, & Dekel, R. (2014). Parental self-efficacy and paternal involvement in the context of political violence. *Clinical Social Work Journal*, 43(4), 388-397. (Q2, IF= 0.836). Contribution: Planned the study, collected and analyzed the data, and wrote the entire manuscript.
25. **Pagorek-Eshel, S.**, & Dekel, R. (2014). Parental self-efficacy in fathers exposed to security risk. *Society & Welfare*, 34, 493-512. [Hebrew]. Contribution: Planned the study, collected and analyzed the data, and wrote the entire manuscript.
26. Leor, A., Dolberg, O. T., **Pagorek-Eshel, S.**, Yagil, Y., & Schreiber, S. (2013). Trauma-focused early intensive cognitive behavior intervention (TF-EICBI) in children and adolescent survivors of suicide bombing attacks (SBAs): A preliminary study. *American Journal of Disaster Medicine*, 8(4), 227-234. (Q4, IF= 0.517). Contribution: Participated in data analysis and wrote the literature review.
27. Yablon, Y. B., Itzhaky, H., & **Pagorek-Eshel, S.** (2011). Positive and negative effects under long-term bombardment among Israeli adolescents: The role of gender and social environment. *Child and Adolescent Social Work Journal*, 28, 189-202. (Q1, IF= 1.156). Contribution: Wrote the literature review.

Submitted Publications

- Pagorek-Eshel, S.**, Even-Zahav, R., & Aharon, G. (submitted). Fathers' Involvement and Acceptance as Predictors of Sons' Self-Efficacy: A Dyadic Perspective. *Family relations*.
- Alnabilsy, R., Elias, H., & **Pagorek-Eshel, S.** (submitted). Keyboard Delinquency: Racism on Social Media, Consequences and Coping From the Perspective of Arab-Palestinian Young Adults in Israel. *Cultural Diversity & Ethnic Minority Psychology*.
- Kaye-Tzadok, A., **Pagorek-Eshel, S.**, & Zriker, A. (submitted). Training Tomorrow's Social Workers: Challenges and Opportunities in Group Supervision. *Social Work*.

Publications in preparation

- Pagorek-Eshel, S.**, Belz, Y. & Kaye-Tzadok, A. (in preparation). Trauma-Informed Teaching in Higher Education: The Academic faculty's Perspective.

Other Publications

- Pagorek-Eshel, S.** (2025). What happens to men in times of war? Arutz Sheva (INN).

- [Hebrew]. <https://www.inn.co.il/news/683822>
- Blank, C. & **Pagorek-Eshel, S.** (2025). Since October 7, our air has been radioactive. *Israel Today* [Hebrew].
- Pagorek-Eshel, S.** (2023). The electronic handcuff: who is really restricted? *Israel Today* [Hebrew].
- Even-Zahav, R., Gavriel-Fried, B, **Pagorek-Eshel, S.**, Elias, H. (2022). Arab students' success in higher education in Israel [Hebrew]. Final research report for the Ministry of Science, Technology, and Space.
- Pagorek-Eshel, S.**, Elias H., & Alnabulsy, R. (2021). The psychosocial consequences of Corona virus outbreak on the Arab society in Israel. [Hebrew]. Final research Report for the Ministry of Science, Technology and Space.
- Pagorek-Eshel, S.** (2021). The pursuit of uniformity endangers social resilience. *Globs.* [Hebrew]. <https://www.globes.co.il/news/home.aspx?fid=12291>
- Pagorek-Eshel, S.** (2020). The elusion of invulnerability. *Haaretz.* [Hebrew] <https://www.haaretz.co.il/.premium-1.8678449>
- Pagorek-Eshel, S.** (2020). Shared traumatic reality in the shadow of Covid-19: Unique aspects of the phenomenon and implications for practice, *Medaos*, 92, 90-92. [Hebrew]
- Elias, H., Alnabilsy, R., & **Pagorek-Eshel, S.** (2020). The Long- Term Consequences of Child Abuse among Arab Young Women in Israel. The National Insurance Institute of Israel. [Hebrew]
- Pagorek-Eshel, S.** (2020). Transparent epidemics: Discrimination and social exclusion among Arabs in Israel during Covid-19. *Globs.* [Hebrew]. <https://www.globes.co.il/news/article.aspx?did=1001349349>
- Pagorek-Eshel, S.** (2018). Covert, slow, and ongoing murder - even the mind of women lawlessness. *Haaretz.*[Hebrew] <https://www.haaretz.co.il/opinions/.premium-1.6718985>
- Gelkopf, M., **Pagorek-Eshel, S.** (2016). Immediate and long term mental implications of car accidents: Research report. research fund of the insurance companies union. [Hebrew]
- Finkelstien, M., **Pagorek-Eshel, S.** (2014). Assessment of intervention program for healthy sexuality in adolescents at the Otef Aza region: Scientific report, Delet Petuha Foundation. [Hebrew]

13. Summary of my Activities and Future Plans

Over the past two decades, my scholarship has focused on stress, trauma, and resilience among individuals, families, and communities living under conditions of political violence, social exclusion, and cumulative adversity. My doctoral work examined fatherhood under security threat, and my postdoctoral training in community mental health further broadened my perspective on trauma and mental health in community settings.

My empirical work spans multiple populations and contexts, including individuals and families living under continuous security threat, with particular attention to gendered aspects of fatherhood and family resilience, and Arab-Palestinians coping with individual, familial, and social traumas such as child abuse, discrimination, and racism.

I have published extensively in high-impact, peer-reviewed journals (e.g., *Psychological Trauma: Theory, Research, Practice, and Policy*; *American Journal of Orthopsychiatry*; *Journal of Family Studies*; *Journal of Social Policy*), positioning my research within the international discourse on trauma, intersectionality, and resilience. A central contribution of my work is the development of an ecological, intersectional perspective on traumatic stress that links individual symptoms with social structures, gendered expectations, and minority status, with particular attention to marginalized communities in Israel.

My research has been consistently supported by competitive national grants, reflecting its scientific merit and policy relevance. As PI and Co-PI I have received major funding from the Ministry of Science and Technology, the National Insurance Institute, and others, for projects such as the long-term consequences of child abuse among Arab young women, Arab students' success in higher education, gender- and culture-sensitive social policy, the psychosocial consequences of Covid-19 in Arab society.

These funded projects have been conducted in close collaboration with colleagues at Ruppin Academic Center, particularly Dr. Haneen Elias and Dr. Raghda Alnabilsy, as well as with external partners such as Prof. Marc Gelkopf and Prof. Lia Levin. Together, these collaborations have helped to advance trauma research in Israel with a particular focus on minority populations, gender, and socio-political context.

Within Ruppin Academic Center, my roles combine research leadership, program development, and intensive teaching and supervision. Since October 2025 I serve as Head of the Interdisciplinary Research Center for Advancing Mental and Social Health, which aims to lead innovative, practice-oriented research through partnerships with health, welfare, and community organizations. The Center's vision is to promote mental and social health by advancing evidence-based best practices, resilience, and equity for socially vulnerable populations, and to position Ruppin as a national hub connecting academia and the field in trauma-informed and context-sensitive work.

In parallel, I teach core courses at BSW and MSW levels—including “*Trauma, Resilience and Growth*”, “*Families under Stress and Trauma*”, “*Ecological Perspectives of Traumatic Stress Situations*”, and “*Social Work with Men under Crisis and Stress*”—and lead an MSW research seminar. In recent years I have also contributed to the development of the MSW specialization in trauma and resilience. I have coordinated first-year studies, chaired the Admissions Committee, and served on key departmental and institutional committees, thereby contributing to curriculum development, student support, and the strategic advancement of social work education at Ruppin Academic Center.

At the international level, I serve on the editorial board of *Psychological Trauma: Theory, Research, Practice, and Policy*, a leading APA journal that shapes global discourse on trauma and its psychological, clinical, and policy implications. In this role, I review manuscripts and help uphold rigorous standards for empirical and conceptual work in trauma studies.

My field activity is deeply anchored in trauma-informed and rights-based practice. I provide ongoing supervision and consultation to social workers, managers, and multidisciplinary teams in key human rights and community organizations, including Mesila, The Hotline for Refugees and Migrants, Kav LaOved and others. I also deliver

invited lectures and workshops for governmental ministries, NGOs, and professional associations on shared traumatic reality, secondary traumatic stress, self-compassion, trauma-informed education, and trauma-informed organizational practice, thereby contributing to capacity building and system-level resilience across Israel's welfare, health, and educational systems.

Looking forward, I intend to deepen and expand my research on stress, trauma, and resilience among marginalized groups in Israel, continuing to integrate personal, familial, and structural dimensions. Current and planned projects include qualitative and mixed-methods studies on men's experiences of war-related trauma and gendered expectations and trauma experiences and coping among autistic young adults and their families. I plan to further develop an interdisciplinary research agenda through the Interdisciplinary Research Center for Advancing Mental and Social Health, leveraging internal and external grants to build larger longitudinal and intervention studies that can inform national policy and practice.

In teaching, my goals are to continue integrating trauma-informed, experiential, and reflective pedagogy into BSW and MSW curricula, to expand supervision of MA and PhD theses in the areas of trauma, resilience, and gender, and to develop new courses on trauma-informed organizations and practice with men in crisis.

In the public arena, I aim to strengthen my engagement in professional and media discourse—through policy-relevant publications, participation in national committees, and continued collaboration with NGOs and government bodies—so that research conducted at Ruppin will translate into concrete improvements in services, policies, and public understanding of trauma and mental health in Israel.

My roles within the Ruppin Academic Center are rooted in a wider commitment to driving positive, lasting change for individuals and society as a whole. My research, teaching, and field practice trajectories are designed to mutually reinforce one another, creating a coherent agenda that advances trauma-informed, equity-oriented social work in Israel.