Dr. Shira Pagorek-Eshel

Curriculum Vitae

1. Personal details

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2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2008-2012	Bar Ilan University, Dept. of Social Work	Ph.D.	2013
2002-2006	Tel-Aviv University, School of Social Work	M.SW.	2006
1999-2002	Tel-Aviv University, School of Social Work	B.SW.	2002

B. Post-Doctoral Studies

Period of Study	Name of Institution, Department and Host	Degree	Year of Completion
2012-2013	University of Haifa, Dept. of Community Mental Health Supervisor: Prof. Marc Gelkopf	Postdoctoral fellowship	2013

3. Academic Ranks in Institutes of Higher Education

Dates	Name of Institution and	Rank/Position
	Department	

September 2022-	Ruppin Academic Center, Dept. of	Senior Lecturer
present	Social Work	
October 2017-	Ruppin Academic Center, Dept. of	Lecturer
September 2022	Social Work	
October 2013-	Tel-Aviv University, School of	Teaching associate
September 2019	Social Work	_
October 2013-	Zefat Academic College, Dept. of	Lecturer
September 2019	Social Work	
October 2009-	Zefat Academic College, Dept. of	Teaching associate
September 2019	Social Work	

4. Offices in University Academic Administration

Dates	Name of Institution and	Position	
	Department		
October 2022-	Ruppin Academic Center	Member of the faculty	
present		council	
October 2021-	Ruppin Academic Center	Representative of the	
present		faculty at the research	
		committee	
October 2020-	Ruppin Academic Center, Dept. of	Representative of the	
October 2021	Social Work	department in project	
		"Tikva Israelit"	
October 2019-	Ruppin Academic Center, Dept. of	Head of Admissions	
present	Social Work	Committee	
October 2017-	Ruppin Academic Center, Dept. of	Member of Admissions	
September 2019	Social Work	Committee	
October 2017-	Ruppin Academic Center, Dept. of	Member of teaching	
present	Social Work	committee	
October 2017-	Ruppin Academic Center, Dept. of	Member of practical	
September 2021	Social Work	training committee	
October 2017-	Ruppin Academic Center, Dept. of	Coordinator of first year	
September 2021	Social Work	studies	
July 2016-	Zefat Academic College	Member of institutional	
September 2019		teaching committee	
October 2015-	Zefat Academic College, Dept. of	Member of international	
September 2019	Social Work	affairs committee	
October 2014-	Zefat Academic College, Dept. of	Coordinator of the	
September 2016	Social Work	retraining program	
October 2011-	Zefat Academic College, Dept. of	Member of practical	
September 2019	Social Work	training committee	
October 2011-	Zefat Academic College, Dept. of	Member of teaching	
September 2019	Social Work	committee	
October 2010-	Zefat Academic College, Dept. of	Member of student affairs	

September 2019	Social Work	committee
October 2010-	Zefat Academic College, Dept. of	Coordinator of first year
September 2019	Social Work	studies

5. <u>Scholarly Positions and Activities outside the Institution</u>

Dates	Name	Position
September 2022	Israel Journal of Psychiatry	Ad- Hoc Reviewer for
-	(Manuscript ID MS 2/2022)	Journals
September 2022	Psychological trauma: Theory,	Ad- Hoc Reviewer for
-	research, practice and policy	Journals
	(Manuscript ID TRA-2022-3261)	
September 2022	The British Journal of Social Work	Ad- Hoc Reviewer for
	(Manuscript ID BJSW-22-243)	Journals
March 2022	Health and Social Care in the	Ad- Hoc Reviewer for
	Community	Journals
	(Manuscript ID HSCC-OA-21-	
	0861)	
February 2022	The Israeli climate forum	Faculty representative
September 2021	The Journal of Refugee Studies	Ad- Hoc Reviewer for
	(Manuscript ID REFUGEE-2021-	Journals
	133)	
June 2021	Affilia: Journal of Women and	Ad- Hoc Reviewer for
	Social Work	Journals
	(Manuscript ID Affilia- 20-220)	
May 2021	Social Security	Ad- Hoc Reviewer for
	(Manuscript ID not stated)	Journals
December 2020	The British Journal of Social Work	Ad- Hoc Reviewer for
	(Manuscript ID BJSW-20-412)	Journals
November 2020	Journal of Child and Family	Ad- Hoc Reviewer for
	Studies	Journals
	(Manuscript ID JCFS-D-20-00656)	
November 2020	The Authority for the Advancement	Part of the database of
	of the Status of Women	women specialists' scholars
July 2020	The British Journal of Social Work	Ad- Hoc Reviewer for
	(Manuscript ID BJSW-20-144)	Journals
August 2019	Society and Welfare	Ad- Hoc Reviewer for
	(Manuscript ID 4056)	Journals
August 2019	Journal of Child and Family	Ad- Hoc Reviewer for
	Studies	Journals
	(Manuscript ID JCFS-D-19-00167)	
August 2019	Social Psychiatry and Psychiatric	Ad- Hoc Reviewer for
	Epidemiology	Journals

	(Manuscript ID SPPE-D-19-00432)	
August 2019	Journal of Military, Veteran and	Ad- Hoc Reviewer for
	Family Health	Journals
	(Manuscript ID jmvfh-2019-0026)	
July 2017- 2021	The Israeli association of Social	Member of the Expertise
	Workers	Committee

6. Participation in Scholarly Conferences

a. Active Participation / International Conferences

Date	Name of	Place of	Subject of	Role
	Conference	Conference	Lecture/Discussion	
2022	ECSWR- European Social Work Research Association	Amsterdam, Netherlands	Elias, H., Elnabulsy, R. & Pagorek-Eshel, S. The Challenges of social service providers who work with young Arab women who were abused in childhood. (oral presentation).	Co- Presenter
2021	ECSWR- European Social Work Research Association	University of Bucharest, Romania	Elias, H., Pagorek-Eshel, S., & Elnabulsy, R. Enhancing context-informed practice through participatory action research with service providers of young Arab women abused in childhood (oral presentation).	Co- Presenter
2021	ECSWR- European Social Work Research Association	University of Bucharest, Romania	Pagorek-Eshel, S., Elias, H., & Elnabulsy, R. The role of exposure to child abuse, social exclusion, and discrimination in predicting PTSD and resilience among young Arab women in Israel.	Presenter
Postponed from 2020	SWESD 2020	Rimini Italy	Pagorek-Eshel, S. Enhancing social worker students' knowledge and skills for effective interventions with fathers (oral presentation).	Presenter part of a symposium conducted by Dr.

				Ronit Even Zahav
2019	ECSWR 2019: European Conference for Social Work Research	Leuven, Belgium	Pagorek-Eshel, S., Elias, H., & Elnabulsy, R.(2019). The process of coping with child abuse within context: young Palestinian women's perspective (oral presentation).	Presenter
			Elias, H., Pagorek-Eshel, S., & Elnabulsy, R.(2019). Using participatory action research to reduce barriers in consumption of social services among young Arab women abused in childhood: Perspectives of victims and service providers (oral presentation).	Co- Presenter
2018	SWDS 2018: Joint World Conference on Social Work, Education and Social Development	Dublin, Ireland	Elias, H., Pagorek-Eshel, S., & Elnabulsy, R.(2017). Hurt and Alone: The Experience of Young Arab Women in Israel Who Have Been Abused in Childhood (oral presentation).	Presenter
2016	ECSWR- 6th European Conference for Social Work Research	Lisbon, Portugal	Pagorek-Eshel, S, & Finkelstein, M. (2016). Family resilience among parents and their adolescents exposed to ongoing political conflict (oral presentation)	Presenter
2016	SWSD 2016: Social Work, Education and Social Development	Seoul, Korea	Geron, Y., & Pagorek-Eshel, S (2016). Teaching Social Work in a Socio-Cultural- Political Sensitive Academic Context (oral presentation)	Co- Presenter
2015	European Association of Schools of	Milan, Italy- Bicocca	Pagorek-Eshel, S, Geron, Y., Nir- Shamoa L.(2015). Enhancing multiculturalism in	Presenter

	Social Work (EASSW). Social Work Education in Europe: Towards 2025	University	social work education in a highly conflicted environment. (oral presentation)	
2009	AFTA Annual Meeting	New Orleans U.S.A.	Geron, Y., & Pagorek-Eshel, S.(2009). Fatherhood under terror related stress: The Israeli experience. (oral presentation)	Co- Presenter

b. Conferences in Israel

Date	Name of	Place of	Subject of Lecture/Discussion	Role
	Conference	Conference		
2022	2nd International Conference on Trauma and Mental Health (TMH 2022)	Jerusalem	Pagorek-Eshel, S. Elias, H. & Alnabilsy, R. & greenapol, S. The Association of Social Factors and COVID-19- Related Resource Loss with Depression and Anxiety among Arabs in Israel. (oral presentation)	Presenter
2022	Espanet 2022: The Welfare State and Inequality in the 21 Century	Hebrew University	Alnabilsy, R. & Elias, H. & Pagorek-Eshel, S. The Association of Social Factors and COVID-19-Related Resource Loss with Depression and Anxiety among Arabs in Israel. (oral presentation)	Co- Presenter
2021	The 41st STAR International Conference	Haifa University	Pagorek-Eshel, S., Alnabilsy, R. & Elias, H. Intersectional trauma: The role of exposure to child abuse, social exclusion, and discrimination in explaining post traumatic symptoms and resilience among young Arab women in Israel. (oral presentation)	Presenter

2020	Espanet 2020: Intersectionality and the Welfare State	Ashkelon College	Alnabilsy, R., Pagorek Eshel, S., & Elias, H. (2020). The construction of self among young Arab women who were abused in childhood (oral presentation)	Co- Presenter
2020	Espanet 2020: Intersectionality and the Welfare State	Ashkelon College	Pagorek Eshel, S., Even Zahav R., Elias H., & Gavriel Frid B. (2020). The Culturally Engaging Campus Environments Model (oral presentation)	Presenter part of a symposium conducted by Dr. Ronit Even Zahav
2020	Mental Health and Palestinian citizens in Israel	Ruppin Academic Center	Alnabilsy, R., Elias, H. & Pagorek Eshel, S. (2020). In the shadow of the spider webs: Young Arab women's perceptions of barriers to formal service use.	Presenter
2019	Espanet 2019: The Boundaries of the Welfare State in a Changing Reality.	Ruppin Academic Center	Pagorek-Eshel, S., Elias, H., & Elnabulsy, R.(2019). Barriers to service use among young Arab women who were abused in childhood (oral presentation)	Presenter part of a symposium conducted by Dr. Haneen Elias.
2017	Child Maltreatment in Context: The Second International Conference of "Haruv" Institution	Jerusalem	Elias, H., Elnabulsy, R., & Pagorek-Eshel, S. (2017). The long term consequences of child abuse among Arab young women in Israel (oral presentation).	Co- Presenter
2014	Theoretical and Practical Issues in Therapy in a	Zefat Academic	Multicultural Sensitivity in Social Work Practice: Strengthening our lecturers,	Presenter

	Multicultural Environment	College, Zefat	supervisors and students. (oral presentation)	
2014	Social Work in the Periphery: The First Meeting of Schools of Social Work in Colleges in Israel	Zefat Academic College, Zefat	Meeting with the other; Meeting with myself: The contribution of exposure to multiculturalism to development of professional identity in social work (oral presentation)	Presenter
2014	Master Plan: Social Trends of Fatherhood. The Subprogram for Masculinity Studies in the Program for Gender Studies at the Bar Ilan University in Collaboration with the Israeli Society of Sociology, Family Community	Bar Ilan University, Ramat Gan	Fathers facing fire: parental self-efficacy and paternal involvement in the context of security threats (poster presentation)	Presenter
2012	Trauma through the Life Cycle from a Strengths Perspective	NYU Silver School of Social Work & The Hebrew University of Jerusalem, Paul Baerwald School of Social Work and Social Welfare	Pagorek-Eshel, S., & Dekel, R. (2012). Fathers facing fire: Does security threat affect fatherhood?. (poster presentation)	Presenter

2010	From	Tel Hai	Pagorek-Eshel, S., & Dekel, R.	Presenter
	Helplessness to	Academic	(2010). Fathers facing fire:	
	Active Coping:	reddenne	Does security threat affect	
	Practical Mental	College	fatherhood?.	
	Health		(oral presentation)	
	Intervention in			
	Emergency and			
	Disaster			

c. Organization of Conferences or Sessions

Social work in the periphery: Challenges and opportunities. The second meeting of schools of social work in colleges in Israel	Sapir Academic College, 2015	Member of steering committee
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7. Invited Lectures\Colloquium Talks

Dates	Name of Institution	Position
July 2022	Refugee hotline, Tel Aviv	Lecture and workshop on
		secondary traumatic stress
		and burnout.
February 2022	"Shluvot" organization for women	Lecture and Workshop on
	coping with cancer	self-compassion and its
		contribution to resilience.
October 2021	Zefat Academic College	Workshop for student
		supervisors on outcome
		intervention assessment in
		social work practice
May 2021	Social welfare department of	Workshop for social
	Nahshonim	workers on acute stress
		intervention
May 2020	"Eshet Haile" program	Workshop on "Shared
		traumatic reality in the
		shadow of Covid-19"
April 2019	"Maamazt" Center, Tiberias	Workshop on the long term
_		consequences of sexual
		abuse among men
March 2019	Social welfare department of Kfar	Professional writing

	Yona	seminar for social workers
June 2018	Social work department of	Workshop for social
	"Hermon" prison	workers on social work with
		incarcerated fathers
May 2018	Social welfare department of	Workshop for social
	Tiberias	workers on social work with
		fathers
2017-2019	"Eshet Haile" program	Workshops for Arab
		women and their
		supervisors on secondary
		traumatic stress
2016	The Central School for Training	Workshop for Professional
	Social Workers	writing seminar for
		Probation Officers
2014	"Gesher" Clinic	Workshop for therapeutical
		teams on intervention
		assessment in African
		refugees suffering from
		PTSD
2014	Beer-Sheba Municipality, Dept. of	Workshop for parents to
	Social Services	young children during
		Operation Zuk Eitan
2014	"Jamila" project	Workshop for youth
		workers and volunteers
		working with adolescents at
		risk in a reality of security
		threats during Operation
		Zuk Eitan

8. <u>Research Grants</u>

a. <u>Grants Awarded</u>

Role in	Co-	Торіс	Founded by/Amount	Year
Research	Researchers			
PI		An Evaluation Study of a	14,000 NIS	2021
		Pioneering Intervention	The Lior Tsfaty	
		Program for Asylum Seekers	Center for Suicide	
		who Work with their own	and Mental Pain	
		Community	Studies, Ruppin	
			Academic Center,	

			Israel	
PI	Dr. Haneen	The psychosocial	35,000 NIS	2020
	Elias & Dr.	consequences of Corona virus	The Ministry of	
	Raghda	outbreak on the Arab society	Science and	
	Alnabilsy	in Israel	Technology, Israel	
Co-PI	Dr. Lia	Gender and socio-cultural	228,045 NIS	2018
	Levin, Dr.	adequacy of public social	The Ministry of	
	Haneen Elias	policy for assisting young	Science and	
	& Dr.	Arab women in Israel	Technology, Israel	
	Raghda			
	Alnabilsy			
Co-PI	Dr. Ronit	Arab students' success in	300,000 NIS grant	2017
	Even-Zahav,	higher education in Israel	awarded by the Israeli	
	Dr. Haneen		Minister of Science,	
	Elias, and Dr.		Technology and	
	Bell Fried		Space	
Co-PI	Dr. Haneen	The Long Term	116600 NIS	2017
	Elias & Dr.	Consequences of Child Abuse	The research fund of	
	Raghda	among Arab Young Women	the National	
	Alnabilsy	in Israel	Insurance Institute of	
			Israel	
PI	Prof. Marc	Immediate and long term	400,000 NIS	2013
	Gelkopf	implications of car accidents	research fund of the	
		using experience sampling	insurance companies	
		methods	union	
Co-PI	Dr. Michal	Assessment of intervention	10,000 NIS	2013
	Finkelstein	program for adolescents at the	Inheritance	
		"Otef Gaza" region	Foundation and Delet	
			Petuha Foundation	

b. Internal Grants

Role in	Co-	Торіс	Founded by/Amount	Year
Research	Researchers			
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The psychological outcomes of online racism among Arab- Palestinian young adult in Israel	3500	2021
PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The psychosocial consequences of Corona virus outbreak on the Arab society in Israel	8821.9 NIS	2020
Co-PI	Prof. Rachel Dekel & Prof. Roman Cieslak	The relationship between indirect exposure to traumatic events and PTS symptoms: A systematic review	8249 NIS	2019
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	The Long Term Consequences of Child Abuse among Arab Young Women in Israel	4000 NIS	2018

c. Submission of Research Proposals – Not Funded

Role in	Со-	Торіс	Founded by	Year	Score
Research	Researchers				
Co-PI	Raghda	The white	The Israel	2020	(Score was
	Alnabilsy & Dr.	soldiers from	National Institute		not given)
	Haneen Elias	Arab society at	for Health Policy		
		the forefront of	Research		

		the Corona crisis in Israel: Personal, social and professional coping and implications for the quality of health care		2017	
Co-PI	Dr. Haneen Elias & Dr. Raghda Alnabilsy	Mental health and functional outcomes of child Abuse among young Arab women in Israel: Possible moderating effects of social exclusion and perception of formal and informal support	The Harry Frank Guggenheim Foundation (HFG)	2017	(Score was not given)

9. <u>Scholarships Awards & Prizes</u>

2012	Postdoctoral fellowship, Dept. of Community Social Health, University of
	Haifa.
2016	Rector award for excellence in teaching, Tel Aviv University.
2016	Award for excellence in teaching, research and contribution to the
	institute, Zefat Academic College.
2021	Award for excellence in teaching, research and contribution to the
	institute, Ruppin Academic Center.

10. <u>Teaching</u>

a. <u>Courses Taught in Recent Years</u>

Year	Name of Course	Type of Course	Degree	Number of Students
2020- present	The family system	Lecture	BSW	60
2020-2021	Cultural competence in social work	Lecture	BSW	60
2020-2021	Groups as a method of intervention	Lecture	BSW	30
2019-2020	Interpersonal relationships in groups	Workshop	BSW	20
2019- present	Trauma, Resilience and Growth	Lecture	BSW	25
2018- present	Introduction to social work	Lecture	BSW	60
2018- present	Fatherhood: Sociological and psychological aspects	Workshop	BSW	12
2018- present	Gateway to the Academy: Integration and Learning in the Social Work Program	Workshop	BSW	30
2018- present	Families under stress and trauma	Workshop	BSW	25
2015-2017	Families under traumatic stress	Lecture	MSW	40
2009- present	Social work methods and skills	Workshop	BSW	20
2009-2018	Intervention assessment	Lecture	BSW	25
2009-2014	Bibliography and scientific writing	Lecture	BSW	20

b. Supervision of Graduate Students

(N/A)

11. Miscellaneous

(N/A)

<u>12. Professional experience</u>

2021-present	Psychotherapy	Mindful Somatic
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2021-present	The Hotline for Refugees and Migrants	Psychotherapy with adults dealing with trauma, anxiety, life changes and interpersonal difficulties Group supervision of managers on professional dilemmas and coping with
		trauma and secondary traumatization
2019-present	"Kav LaOved"- prevention of abuse and exploitation of workers	Group supervision of workers and in the organization on professional dilemmas and coping with trauma and secondary traumatization
2018-present	"Am Sagol"	Group work with women aimed to raise self- awareness and empowerment; group facilitator in workshops aimed to rase social activism.
2009-2010	Sapir Academic College	Supervision of third year social work students specializing in international studies in "Magen David Adom" (organization supplying pre-hospital emergency services). establishment of a crisis intervention team for accidents and deaths ; training personnel and volunteers in the unit for locating missing persons
2008	African Refugee Development Center (ARDC)	Supervision of volunteers in the organization on coping with trauma and secondary traumatization (pro bono)
2007-2008	Or Shalom - foster care services	Social worker, foster families instructor
2005-2007	Ichilov Hospital, psychiatric unit	Social worker of the parental capability assessment unit
2004-2007	Ichilov Hospital, child & adolescent psychiatric unit	Social worker of the center for traumatized children &

		families
2002-2004	Karev Foundation and Joint Israel,	Social worker of the Social
	Social Network project	Network program for at-risk
		children and adolescents,
		Lod

Publications

A. Ph.D. dissertation

Pagorek-Eshel, S. (2013). Fatherhood in the context of security threat. The Louis and Gabi Weisfeld School of Social Work, Bar Ilan University, Israel. Supervision: Prof. Rachel Dekel.

B. Articles in Refereed Journals

Published

1. Yablon, Y. B., Itzhaky, H., & Pagorek- Eshel, S. (2011). Positive and negative

effects under long-term bombardment among Israeli adolescents: The role of gender and social environment, *Child and Adolescent Social Work Journal, 28,* 189-202. (Q1 ;IF=1.156 ;citations=16)

Contribution: wrote the literature review

2.*Leor, A., Dolberg, O. T., Pagorek- Eshel, S., Yagil, Y., & Schreiber, S. (2013). Trauma-Focused Early Intensive Cognitive Behavior Intervention (TF-EICBI) in children and adolescent survivors of suicide bombing attacks (S.B.As): A preliminary study. *American Journal of Disaster Medicine*, 8(4), 227-234. (Q4 ;IF=0.517 ;citations=3)

Contribution: took part in analyzing the data, wrote the literature review.

- 3.***Pagorek-Eshel, S.**, & Dekel, R. (2014). Parental self-efficacy in fathers exposed to security risk. *Society & Welfare, 34*, 493-512. (Hebrew). Contribution: planed the study, collected the data, analyzed the data, wrote the entire manuscript
- 4.*Pagorek-Eshel, S., & Dekel, R. (2014). Parental self-efficacy and paternal involvement in the context of political violence. *Clinical Social Work Journal*, 43(4), 388-397. (Q2 ;IF=0.836 ;citations=17)

Contribution: planed the study, collected the data, analyzed the data, wrote

the entire manuscript

5.*Gelkopf, M., Pagorek- Eshel, S., Trauer, T., & Roe, D. (2015). Routine outcome measurement in mental health service consumers: Who should provide support for the self-assessments? *Evaluation and Program Planning*, 50, 43-46. (Q2 ;IF=1.519 ;citations=11)

Contribution: wrote the literature review, helped with analyses, contributed to writing the discussion.

- 6.*Pagorek-Eshel, S., & Finklestein, M. (2018). Family resilience among parent adolescent dyads exposed to ongoing rocket fire. *Psychological trauma: theory, research, practice and policy, 11*(3), 283-291. (Q1 ;IF=3.226;citations=3) Contribution: planed the study, collected the data, supervised analyzing the data, wrote the literature review, method and results section, contributed to writing the discussion section
- 7.*Elias, H., Alnabilsy, R., & Pagorek-Eshel, S. (2019). Barriers to receiving support among young Arab women in Israel who have been abused in childhood. *The British Journal of Social Work*, 49(8), 2073-2091. (Q1 ;IF=1.435) Contribution: participated in planning the study, helped with analyses, contributed to writing the introduction and discussion sections of the manuscript
- 8.*Greenaple, S., Green, T., Pagorek- Eshel, S., Gelkopf, M., (2019). Prospective

Examination of Daily Life Traumatic Stress Symptom Expression Following Motor Vehicle Collisions. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. <u>https://doi.org/10.1037/tra0000537</u>(Q1 ;IF=3.226)

Contribution: participated in planning the study, helped with analyses, contributed to writing the introduction and discussion sections of the manuscript

- 9.*Finkelstien, M., Pagorek-Eshel, S., Laufer, A. (2020). Adolescents' individual resilience and its association with security threats, anxiety and family resilience. *Journal of Family Studies*. Advance online publication. https://doi.org/10.1080/13229400.2020.1778504 (Q2 ;IF=1.410) Contribution: planed the study, collected the data, supervised analyzing the data, wrote the literature review, contributed to writing the method, results and discussion section
- 10.*Pagorek-Eshel, S., Elias, H., & Alnabilsy, R. (2020). Young Arab Women's Processes of Coping With Girl Abuse: Intersection of Patriarchal Oppression and Being a National Minority in Israel. *Affilia*, 0886109920960830. (Q2; IF= 1.085) Contribution: participated in planning the study, helped with analyses, wrote the introduction and discussion sections of the manuscript.
- 11. *Pagorek-Eshel, S., Elias, H., Alnabilsy, R., & Greenaple, S.(2021). The Association of Social Factors and COVID-19-Related Resource Loss with Depression and Anxiety among Arabs in Israel. *Psychological trauma: theory, research, practice and policy,* https://doi.org/10.1037/tra0001140 (Q1 ;IF=3.226) Contribution: Led the study, supervised collecting the data, supervised analyzing the data, wrote the literature review & discussion, helped writing the method and results section.
- 12.* Greenaple, S., Gelkopf, M., Pagorek- Eshel, S., Green, T. (2021). The role of sensory processing sensitivity in the immediate traumatic stress reaction: predicting development of acute and posttraumatic stress symptoms following motor vehicle accidents. *Personality and Individual Differences*, https://doi.org/10.1016/j.paid.2021.111278 (Q1 ;IF=3.004).

Contribution: Led the study, supervised collecting the data, participated in writing the literature review & discussion.

13. Elias, H., Pagorek-Eshel, S., & Alnabilsy, R. (2021). Promoting Context Informed Practice among Social Workers Treating Young Arab Women Abused in Childhood. *Journal of the Society for Social Work and Research* (Q2; IF= 1.44).

Contribution: participated in planning the study, helped with analyses, helped to write the introduction and discussion sections of the manuscript.

 Alnabilsy, R., Pagorek-Eshel, S., & Elias, H. (2021). The Self-Identity Construction of Arab Young Women Who Were Abused in Childhood within a Complex Cultural and Socio-Political Context. *Journal of Family Violence*. (Q1; IF=2.183).

Contribution: participated in planning the study, helped to write the introduction and discussion sections of the manuscript.

15. Pagorek-Eshel, S., & Dekel, R. (2021). Fathers' authoritative and authoritarian attitudes and paternal involvement in a climate of political violence. Journal of Family Studies, 1-16. https://doi.org/10.1080/13229400.2018.1499548 (Q2 ;IF=1.410)

Contribution: planed the study, collected the data, analyzed the data, wrote the entire manuscript

16. **Pagorek Eshel, S**., Alnabilsy, R., & Elias, H. (2022). The role of exposure to child abuse, social exclusion, and discrimination in predicting posttraumatic symptoms and resilience among young Arab women in Israel. *American journal of orthopsychiatry*. (Q1; IF= 3.407).

Contribution: Led the study, supervised collecting the data, supervised analyzing the data, wrote the literature review & discussion, helped writing the method and results section.

Accepted for Publication

17. Elias, H., Alnabilsy, R., Pagorek-Eshel, S. (accepted). Patterns of Receiving Support and Barriers to Service Consumption among Young Arab Women in Israel. *Journal of Muslim Minority Affairs*. (Q2, IF=0.324). Contribution: Led the study, supervised collecting the data, supervised analyzing the data, helped write the literature review & discussion, helped writing the

method and results section.

Submitted Publications

1. Elias, H., Even-Zahav, R., Pagorek-Eshel, S., & Gavriel-Fried, B. (Submitted).

"Arab students do not reveal their difficulties": Faculty members' perceptions of the barriers to higher education among Arab students in Israel. *Intercultural Education*. (Q1, IF=1.38)

Contribution: participated in planning the study, helped with analyses, contributed to writing the introduction and discussion sections of the manuscript.

2. Even-Zahav, R., Gavriel-Fried, B, Pagorek-Eshel, S., Elias, H., & Hafi-Joubran, S.

(Submitted). Academic success among Arab students in the higher education system in Israel: What makes the difference? *Research in Higher Education*. (Q1, IF=2.615)

Contribution: participated in planning the study, helped with analyses, contributed to writing the introduction and discussion sections of the manuscript.

 Levin, L., Cohen-Brafman, M., Alnabilsy, R., Pagorek-Eshel, S., & Elias, H. (Submitted). Poster girl: The discourse constructing the image of the 'girl in distress' receiving public welfare services in Israel. *Gender & Society*. (Q1, IF= 4.314).

Contribution: contributed to writing the introduction and discussion sections of the manuscript.

- Levin, L., Elias, H., Pagorek-Eshel, S., & Alnabilsy, R. (Submitted). State inspection in contexts of cultural and sociopolitical conflict: The case of social services for Arab young women in Israel. Journal of Social Policy. (Q1, IF= 2.654). Contribution: Contributed to planning of study, conducted the study, contributed to writing the introduction and discussion sections of the manuscript.
- 5. Elias, H., Pagorek-Eshel, S., & Alnabilsy, R. (Submitted). The Role of Exposure to Child Abuse and Neglect, and Formal and non-formal social support, in the presence of Post Traumatic Symptoms and Resilience among Young Arab Women in Israel. Health and social care in the community. (Q1, IF= 0.79) Contribution: Led the study, supervised collecting the data, supervised analyzing the data, helped to write the literature review, method and results section & discussion.
- 6. Elias, H., Levin, L., Alnabilsy, R., & Pagorek-Eshel, S. (Submitted). Structural and socio-political barriers to provide services to Arab- Palestinian young women in Israel: The perception of the social workers. Australian Social Work. (Q1, IF= 1.04).

Contribution: Contributed to planning of study, conducted the study, contributed to writing the introduction and discussion sections of the manuscript.

Publications in preparation

- 1. **Pagorek-Eshel, S**., Greenaple, S., Alnabilsy, R & Elias, H. Covid- 19 and mental health among Arabs in Israel: An ecological perspective.
- Elias, H., Pagorek-Eshel, S., Levin, L., & Alnabilsy, R. Socio-cultural and structural barriers to the provision of services for at-risk Arab-Palestinian young women in Israel: Social workers' experiences.
- 3. Alnabilsy, R., **Pagorek-Eshel, S**., & Elias, H. Emotional and social consequences among young Arab women who were abused in childhood within a complex cultural and sociopolitical context.

Other Publications

- Finkelstien, M., **Pagorek-Eshel, S.** (2014). Assessment of intervention program for healthy sexuality in adolescents at the Otef Aza region: Scientific report, Delet Petuha Foundation. [Hebrew]
- Gelkopf, M., Pagorek-Eshel, S. (2016). Immediate and long term mental implications of car accidents: Research report. research fund of the insurance companies union. [Hebrew]
- Pagorek-Eshel, S. (December 4, 2018). Covert, slow, and ongoing murder even the mind of women lawlessness. *Haaretz*.[Hebrew] https://www.haaretz.co.il/opinions/.premium-1.6718985
- Pagorek-Eshel, S. (March 16, 2020). The elusion of invulnerability. *Haaretz*. [Hebrew] <u>https://www.haaretz.co.il/.premium-1.8678449</u>
- Pagorek-Eshel, S. (2020). Shared traumatic reality in the shadow of Covid-19: Unique aspects of the phenomenon and implications for practice, *Medaos*, 92, 90-92. [Hebrew]
- Elias, H., Alnabilsy, R., & **Pagorek-Eshel**, S. (2020). The Long- Term Consequences of Child Abuse among Arab Young Women in Israel. The National Insurance Institute of Israel. [Hebrew]
- Pagorek-Eshel, S. (2020). Transparent epidemics: Discrimination and social exclusion among Arabs in Israel during Covid-19. *Globs*. [Hebrew]. https://www.globes.co.il/news/article.aspx?did=1001349349
- Pagorek-Eshel, S., Elias H., & Alnabulsy, R. (2021). The psychosocial consequences of Corona virus outbreak on the Arab society in Israel. [Hebrew]. Final research Report for the Ministry of Science, Technology and Space.
- Pagorek-Eshel, S. (2021). The pursuit of uniformity endangers social resilience. *Globs*. [Hebrew]. <u>https://www.globes.co.il/news/home.aspx?fid=12291</u>
- Even-Zahav, R., Gavriel-Fried, B, **Pagorek-Eshel, S.,** Elias, H. (2022). Arab students' success in higher education in Israel [Hebrew]. Final research report for the Ministry of Science, Technology, and Space.

13. Summary of my Activities and Future Plans

My field practice as a social worker focused on individuals and families coping with stress and trauma within and outside the family, in various sociocultural contexts. As a result, I have focused my academic career primarily on the research of stress and trauma in diverse sociocultural contexts.

My Thesis and my Dissertation focused on fathers in the context of political violence. Today, I continue researching fathers in order to enhance their engagement in social services. In a collaboration between The Department of Social Work at Ruppin Academic Center and Mr. Eli Kushnir, founder of the "Fathers and Sons on the Field" project, in the last years I have led the development and implementation of a model combining research, education, training, and practice in order to enhance second year BSW students', future social workers, knowledge and skills for effective interventions with fathers. The year long academic course expanded the understanding of the changes that took place in the role of the father, exposed the students to current theoretical and research concerning fatherhood and the father's involvement in the lives of his children. In addition, the course deals with the paternal experience in unique social and cultural

contexts, especially fathers as users of social services. The course served as an academic and professional framework for the integration of students into the "Fathers and Sons on the Field" project, designed to strengthen the connection between fathers and sons through soccer and group intervention. The students received group supervision as part of the course. The students were also involved in the evaluation of the project through research. Now that the course has ended, I plan to advance the publications of our study findings in collaboration with Dr. Ronit Even Zahav.

In recent years, I have also focused my studies and practice on the Arab society in Israel. I was awarded a research grant, by the National Insurance Institute of Israel, for a project entitled "The Long Term Consequences of Child Abuse among Arab Young Women in Israel", in collaboration with Dr. Haneen Elias & Dr. Ragda Alnabilsy (116,000 NIS). In addition, I was awarded a research grant by the Israeli Minister of Science, Technology and Space, for a project entitled "Arab students' success in higher education in Israel", in collaboration with Dr. Ronit Even Zahav, Dr. Haneen Elias, and Dr. Belle Gavriel Fried (300,000 NIS). I was also awarded a research grant by the Israeli Minister of Science, Technology and Space, for a project entitled "Gender and Socio-Cultural Adequacy of Public Social Policy for Assisting Young Arab Women in Israel", in collaboration with Dr. Lia Levin, Dr. Haneen Elias & Dr. Ragda Alnabilsy (228,045 NIS). In 2020, I was also awarded a research grant by the Israeli Minister of Science, Technology and Space, for a project entitled "The psychosocial consequences of Corona virus outbreak on the Arab society in Israel", in collaboration with Dr. Haneen Elias & Dr. Ragda Alnabilsy (35,000 NIS). We have already published some of our findings and plan to continue with publications and presentations international conferences. Today, in collaboration with Dr. Haneen Elias & Dr. Ragda Alnabilsy, I am studying online racism and its psychological outcomes among Arab-Palestinian young adults in Israel. We hope to rase awareness about this understudied phenomenon. we are studying the are already in the process of writing the first article from the study.

Since August 2021 I am a research associate at the Lior Tsfaty center for suicide and mental pain studies, Ruppin Academic Center. This year, the research center has awarded us 13000 NIS for a study on trauma-informed practice in higher education, which I am leading in collaboration with Dr. Avital Kaye-Tzadok and Prof. Yossi Levi-Belz. I aspire to focus my future research on stress, trauma and resilience among marginalized populations. This focus is a natural expansion of my academic career, as it offers an integration between my research expertise and my experience with diverse populations, gathered from my academic positions. I see my research as a mean to create social change among the populations I study and feel obligated to effect social policy through my research in order to provide adequate services to these populations.

By and large, I believe that my professional experience in social work practice, my research, combined with my interest and expertise in teaching, have adequately prepared me to contributing to the department of social work in advancing the science, practice, teaching and community involvement underscored in Ruppin Academic Center.