



האגף האקדמי

Name: Ofir Ben-Yaakov

Date: December, 2025

CURRICULUM VITAE

1. Personal Details

Permanent Home Address: Dagan 3, Be'er Yaakov, Israel

Home Telephone Number:

Office Telephone Number:

Cellular Phone: 052-4599228

Electronic Address: ofirby@ruppin.ac.il

2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2016- 2025	Bar-Ilan University, Social Work Faculty	Ph.D.	2025

2014-2016	Bar-Ilan University, Social Work Faculty	M.S.W (Graduated with honors)	2016
2008-2012	Haifa University, School of Social Work	B.A.	2012

B. Post-Doctoral Studies

A/N

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2025-Present	Department of Social Work, Ruppin Academic Center	Lecturer
2017-2025	Ashkelon Academic College, Faculty of Social Work	Teaching Associate
2017-2019	Education School, Bar-Ilan University	External lecturer
2016-2018	Continuing Education Unit of Bar-Ilan University, School of Social Work	External lecturer

4. Offices in Academic Administration

A/N

5. Scholarly Positions and Activities outside the Institution

Reviewer in Journals:

2025- Journal of Happiness Studies; Psychological Trauma: Theory, Research, Practice, and Policy; Journal of Health Psychology

2023- Stress and Health Journal

2022- Social Issues in Israel

2021- Child & Family Social Work

6. Participation in Scholarly Conferences

a. Active Participation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2024	<i>The 11th European</i>	Innsbruck, Austria	New Parents' Bond with Their Parents and Their Perception of	Poster Presenter

	<i>Conference on Positive Psychology (ECPP)</i>		Their Infant: A Longitudinal Study	
2022	<i>The International Attachment Conference (IAC)</i>	Lisbon, Portugal	The Contribution of Attachment Orientation and Personal Resources to First-Time Parents' Perceptions of the Infant in the shadow of COVID-19	Speaker
2022	<i>The International Attachment Conference (IAC)</i>	Lisbon, Portugal	Parental stress among parents of young children-the role of attachment orientation, self-awareness, quality of marital relationship and child's temperament	Speaker
2022	<i>The 10th European Conference on Positive Psychology (ECPP)</i>	Reykjavik, Iceland	Personal growth in the transition to parenthood in view of a recent loss of a parent	Poster Presenter
2018	<i>The 9th European conference on positive psychology (ECPP)</i>	Budapest, Hungary	Satisfaction with life of Parents of Preschooler Children: The contribution of Parent's Personality Variables, Child's Temperament and Quality of Marital Relationship	Speaker
2018	<i>The 8th European conference for social work research</i>	Edinburgh, Scotland	The Association between Parent's Personality Variables, Child's Temperament and Quality of Marital Relationship to Parenting Stress and Life Satisfaction among Parents of Preschool Children: Differences between Mothers and Fathers	Speaker

2017	<i>The 7th world congress on women's mental health</i>	Dublin, Ireland	Life Satisfaction among Mothers of Preschool Children: The role of Mothers Personality Variables, Child's Temperament, and Marital Quality - Differences between Mothers of Young and Older Children	Speaker
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b. Organization of Conferences or Sessions

Date	Name of Conference	Place of Conference	Subject of Conference/ Role at Conference/ Comments	Role
2019	<i>The 4th Israeli doctoral Students Conference</i>	Tel-Aviv	The Association between Parent's Personality Variables (Self-Awareness, Attachment Style) Child's Temperament and Quality of Marital Relationship to Parenting Stress among Parents of Preschool Children: Differences between Mothers and Fathers	Member of the organizing committee and speaker

2017	<i>The 19th Israeli social work Conference</i>	Tel-Aviv	The Association between Parent's Personality Variables (Self-Awareness, Attachment Style) Child's Temperament and Quality of Marital Relationship to Parenting Stress among Parents of Preschool Children: Differences between Mothers and Fathers	Speaker
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7. Invited Lectures~~W~~ Colloquium Talks

A/N

8. Research Grants

a. Grants Awarded

A/N

b. Submission of Research Proposals – Pending

A/N

c. Submission of Research Proposals – Not Funded

Role in Research	Co-Researchers	Topic	Funded by	Year	Score
Leading researcher	Dr. Miriam Hasson	The Implications of the Iron Sword War on the Perception of Family and Marriage Among Fathers in Israel	None	2025	

9. Scholarships, Awards and Prizes

Years	Name of Award	Other Awardees	Purpose of Award or Achievement	Source
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2021	University President's Award for Publishing Articles during the Doctoral Studies		Awards for writing and publishing articles during doctoral studies	Bar Ilan University
2020	University President's Award for Publishing Articles during the Doctoral Studies		Awards for writing and publishing articles during doctoral studies	Bar Ilan University
2016	University President's Award for Excellence		Excellence in thesis research and master's degree studies	Bar Ilan University

10. Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop/High Learn Course/ Introduction Course (Mandatory)	Degree	Number of Students

2025-Present	Between vulnerability and resilience: Coping with risk situations among children	Lecture	BA	67
2025-Present	Guided vocational training In welfare services in	Lecture	BA	19
2025-Present	Interpersonal relationships in a group	Lecture	BA	20
2025-Present	Introduction to Social Work - The Theoretical and Empirical Basis of Practice	Lecture	BA	65
2025-Present	Skills for diagnosing, planning, implementing and evaluating social work interventions	Lecture	BA	19
2025-Present	Intervention methods in social work	Lecture	BA	19
2024-2025	Scientific Writing	Lecture	BA	25
2022-2025	The Family as a System	Lecture	BA	32
2022-2023	Psychopathology	Lecture	BA	32
2022-2023	Couples Therapy	Lecture	BA	29

2021- 2025	Methods of Intervention with Individuals and Families B	Lecture	BA	24
2020-2023	Introduction to Sociology	Lecture	BA	32
2020-2025	Advanced Therapeutic Methods	Lecture	BA	21
2020-2025	Children at Risk	Lecture	BA	29
2019-2025	Methods of Intervention with Groups B	Lecture	BA	24
2019-2025	Methods of Intervention with Groups A	Lecture	BA	24
2019-2025	Methods of Intervention with Individuals and Families A	Lecture	BA	25
2019-2022	Multiculturalism in Israeli Society (Course Coordinator for 2 years)	Lecture	BA	29
2019-2025	Values and Ethics in Social Work (Course Coordinator)	Lecture	BA	45
2018-2023	Social Work Skills	Lecture	BA	45
2018-2019	Research Methods A	Lecture	BA	34
2017-2018	Introduction to Statistics B	Lecture	BA	33
2017-2018	Introduction to Statistics A	Lecture	BA	33
2016-2018	Emotional Development of the Child	Lecture	Certificate studies	24
2016-2018	Early Childhood Crisis Intervention	Lecture	Certificate studies	24

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b. Supervision of Graduate Students

A/N

11. Miscellaneous

2021-2024 Psychotherapy studies in psychoanalytical approach, H.L.F.B.A., Israel

2012-2014 Certificate Studies - "Dynamic Orientation Group Facilitation", Graduation with Honors, Kibbutzim Seminar

12. Professional Experience

2023- Present, Private Clinic for the Treatment of Children, Adolescents, and Adults.

2014-2024 Clinical social worker, mental health public clinics – children, youth and adult clinics, Ministry of Health, Holon & Yavne. Treatment of children, teenagers and adults, parent training, family interventions, individual and group-oriented work alongside professional training.

2012-2016 Social worker at a hostel for young mentally challenged people and sheltered housing for young mentally challenged people, Rehovot. Responsible for building the patients' rehabilitation programs within the framework, accompanying and individual/group treatment in mental, personal, family and social areas.

"Enosh Association" - The work included training and accompanying patients in conjunction with the rehabilitation program for the mentally injured at the occupational club in Haifa.

The West Haifa Department of Social Services - care and support patients (elderly, children and families). At the same time, management of a community project that included therapeutic gardening in the clubhouse in the Neve David, Haifa.

The Geriatric-Rehabilitation Hospital "Fliman" - care for the elderly hospitalized in the hospital. The work included concern for their well-being, providing information and exercising the rights of the patients.

2011-2012- Mentor mentally challenged students as part of a supported education project on behalf of the "Nathan" company, Haifa University. The position included building a unique systemic plan for each student that includes academic, emotional and social support. Acquiring tools to deal independently with academic assignments and effectively deal with crisis situations.

PUBLICATIONS

A. Ph.D. Dissertation

Dissertation title: "Implications of the Loss of a Parent on Personal Growth and Perception of the Child among New Parents in the Transition to Parenthood"

Date: 2/2025

Number of Pages: 105

Writing language: English

Submitted to Bar Ilan University

Name of the moderator: Prof. Orit Taubman Ben-Ari

B. Scientific Books (Refereed)

A/N

A. Authored Books – Published

A/N

Authored Books - Accepted for Publication

A/N

B. Edited Books and Special Journal Issues – Published

A/N

Edited Books and Special Journal Issues - Accepted for Publication

A/N

C. Other Scientific Publications:

A/N

Accepted for Publication

3.

D. Articles in Refereed JournalsPublished

1. Taubman–Ben-Ari, O., Erel-Brodsky, H., Chasson, M., **Ben-Yaakov, O.**, Meir, R., & Screier-Tivoni, A. (2025). Psychological distress and concerns of perinatal women during the first year of the COVID-19 pandemic-a case study and empirical comparative examination. *Current Psychology*, 1-18. IF 2.6, (JCR 82/219), Q2
2. **Ben-Yaakov, O.**, & Taubman-Ben-Ari, O. (2024). A Longitudinal Examination of Contributors to New Parents' Perception of their Infant. *Journal of Reproductive and Infant Psychology*, 1-22. IF 2.1, (JR 82/219), Q2
3. Saar-Ashkenazy, R., **Ben-Yaakov, O.**, Guez, J., & Bergman, Y. (2024). Resilience and loss during the Iron-Swords War: The Importance of Coping Strategies. *Journal of Loss and Trauma*, 1-18. IF 2.5, (JR 32/76), Q2
4. Taubman – Ben-Ari, O., **Ben-Yaakov, O.**, & Ramon, D. (2024). Trajectories of personal growth among first-time parents: The predicting role of coping flexibility and parental distress, 25(8), 119. *Journal of Happiness Studies*. IF 3.1, (JR 42/219), Q1
5. **Ben-Yaakov, O.**, & Taubman – Ben-Ari, O. (2023). The Effect of the Loss of One's Own Parent on the Change in Personal Growth during the Transition to Parenthood: An Individual Growth Curve Model. *American Journal of Orthopsychiatry*, 94(1), 77–88. IF 3.3, (JR 4/44), Q1
6. **Ben-Yaakov, O.**, & Taubman–Ben-Ari, O. (2022). COVID-19-related anxieties in first-time mothers during the first wave of the COVID-19 pandemic and after 6 months: A descriptive study. *Journal of Pediatric Nursing*, 64, 126-132. IF 2.4, (JR 39/123), Q2
7. **Ben-Yaakov, O.**, Ben-Shlomo, S., & Keini, N. L. (2022). Parental stress among parents of young children-the contribution of parental self-awareness, attachment orientation, quality of couple relationship and child's temperament. *Current Psychology*, 1-11. IF 2.8, (JR 56/147), Q2

8. Chasson, M., **Ben-Yaakov, O.**, & Taubman–Ben-Ari, O. (2021). Parenthood in the shadow of COVID-19: The contribution of gender, personal resources and anxiety to first time parents' perceptions of the infant. *Child & Family Social Work*, 1-11. IF 1.8, (JR 22/89), Q1
9. **Ben-Yaakov, O** & Taubman–Ben-Ari, O. (2021). COVID-19-Related anxieties and parenting stress among first-time mothers and fathers in their first year of parenthood. *Psychology & Health*, 1-15. IF 3.3, (JR 50/148), Q2
10. Taubman-Ben-Ari, O., **Ben-Yaakov, O.**, & Chasson, M. (2021). Parenting stress among new parents before and during the COVID-19 pandemic. *Child Abuse & Neglect*, 105080. IF 4.8, (JR 4/48), Q1
11. Chasson, M., **Ben-Yaakov, O.**, & Taubman–Ben-Ari, O. (2021). Meaning in Life among New Mothers before and during the COVID-19 Pandemic: The Role of Mothers' Marital Satisfaction and Perception of the Infant. *Journal of Happiness Studies*, 1-14. IF 4.0, (JR 37/148), Q1
12. **Ben-Yaakov, O.**, & Taubman-Ben-Ari, O. (2021). Personal growth in the transition to parenthood following recent parental loss. *Psychological Trauma: Theory, Research, Practice and Policy*, 13(4), 496-504. IF 9.3, (JR 13/143), Q1
13. Taubman-Ben-Ari, O., & **Ben-Yaakov, O.** (2020). Distress and apprehension among new parents during the COVID-19 pandemic: The contribution of personal resources. *American Journal of Orthopsychiatry*, 90(6), 810-816. IF 2.3, (JR 11/44), Q1

Accepted for Publication

A/N

E. Articles or Chapters in Scientific Books

(which are not Conference Proceedings)

Published

A/N

Accepted for Publication

A/N

F. Articles in Conference Proceedings

A/N

Accepted for Publication

A/N

G. Entries in Encyclopedias

A/N

H. Other Scientific Publications

A/N

Published

1.

2.

Accepted for Publication

3.

I. Other Publications

A/N

J. Other Works Connected with my Scholarly Field

A/N

K. Submitted Publications