

## Curriculum Vitae

### 1. Personal details

Name: Haneen Karram-Elias

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### 2. Higher Education

#### A. Undergraduate and Graduate Studies

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
2009-2013	The Hebrew University of Jerusalem, School of Social Work	PhD	2013
2002-2004	Tel Aviv University, School of Social Work	MSW	2004
1996-1999	University of Haifa, School of Social Work	BSW	1999

#### B. Post-Doctoral Studies

(N/A)

### 3. Academic Ranks and Tenure in Institutes of Higher Education

<b>Date</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
10.2023	Department of Social Work, Ruppin Academic Center	Senior Lecturer
2015 – 9.2023	Department of Social Work, Ruppin Academic Center	Lecturer
2015 - 2017	Department of Social Work, Zefat Academic College	Lecturer
2009 – 2011	Paul Baerwald School of Social Work and Social Welfare, The Hebrew University of Jerusalem	Teacher
2008 - 2015	Department of Social Work, Zefat Academic College	Teacher

#### 4. Offices in Academic Administration

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Position</b>
2024 - present	Ruppin Academic Center	Head, Social Work Department
2024 - present	Ruppin Academic Center	Chair, Curriculum Committee
2024 - 2025	Ruppin Academic Center	Chair, Research Seminar
2023 - 2024	Ruppin Academic Center	Chair, Academic Status Committee
2020 - 2024	Ruppin Academic Center	Member, Admissions Committee
2019 – 2022	Ruppin Academic Center	Member, Faculty of Social Sciences and Community Council
2019 - 2022	Ruppin Academic Center	Chair, Disciplinary Committee
2018 - 2019	Ruppin Academic Center	Member, Disciplinary Committee and Appeals Committee
2016 - 2020	Department of Social Work, Ruppin Academic Center	Member, Forum of Social Work Schools in Academic Colleges
2016 - 2022	Department of Social Work, Ruppin Academic Center	Coordinator of the 2 <sup>nd</sup> year Social Work Department
2016 - 2022	Department of Social Work, Ruppin Academic Center	Member, Professional Training Committee
2016 - 2020	Department of Social Work, Ruppin Academic Center	Member, Students' Status Committee
2016 - 2017	Department of Social Work, Zefat Academic College	Chair, Students' Status Committee
2015 - 2024	Department of Social Work, Ruppin Academic Center	Member, Forum of Social Work Academic Field
2014 - present	Department of Social Work, Ruppin Academic Center	Member, Curriculum Committee

#### 5. Scholarly Positions and Activities Outside the Institution

##### Scholarly Positions

<b>Dates</b>	<b>Name of Association</b>	<b>Position</b>
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2025 - present	<i>International Association of Schools of Social Work (IASSW)</i>	Member of the Association
2021 - present	<i>European Social Work Research Association</i>	Member of the Association

### **Membership on committees**

<b>Dates</b>	<b>Name of Association</b>	<b>Position</b>
2025 - present	Be-Atzmi Organization	Member of the Board of Directors
2025 - present	ESPA-Net Israel (European network for social policy analysis)	Member of the Board of Directors

### **Referee of scientific journals**

<b>Dates</b>	<b>Name of Institution/ Journal</b>	<b>Position</b>
January, 2026	<i>Women's Studies International Forum</i>	Ad Hoc Reviewer
May, 2025	<i>Society &amp; Welfare</i>	Ad Hoc Reviewer
January & May, 2025	<i>Children and Youth Services Review</i>	Ad Hoc Reviewer
April, 2024	<i>Children and Youth Services Review</i>	Ad Hoc Reviewer
June, August & November, 2023	<i>American Journal of Orthopsychiatry</i>	Ad Hoc Reviewer
February, 2023	<i>Journal of Community Psychology</i>	Ad Hoc Reviewer
February, 2023	<i>Death Studies</i>	Ad Hoc Reviewer
August, 2022	<i>The British Journal of Social Work</i>	Ad Hoc Reviewer
July, 2021	<i>Affilia: Journal of Women and Social Work</i>	Ad Hoc Reviewer
June, 2021	<i>Violence Against Women</i>	Ad Hoc Reviewer
May, 2021	<i>The British Journal of Social Work</i>	Ad Hoc Reviewer
November, 2019	<i>Social Security: Israel Journal of Social Policy</i>	Ad Hoc Reviewer

## **6. Participation in Scholarly Conferences**

### **a. Active Participation, International Conference**

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
January, 2026	9 <sup>th</sup> European Congress of Qualitative Inquiry	Athens, Greece	Future perception among at-risk young Arab women: A context-informed perspective	Oral Presentation

January, 2026	9 <sup>th</sup> European Congress of Qualitative Inquiry	Athens, Greece	Arab young adults' voices on intersecting risks and identity formation in Israel: Toward context-informed social work practice	Oral Presentation
June, 2025	ECSWE-European Conference on Social Work Education	Salzburg, Austria	Ethnic minority identity and its implications for at-risk young adult Arabs: Insights from Israeli social workers	Oral Presentation
April, 2025	14 <sup>th</sup> ECSWR-European Conference on Social Work Research Association	Munich, Germany	Context-informed practice with minorities: Addressing the challenges of at-risk young adult Arabs in Israel	Oral Presentation
June, 2024	TISSA Conference-The International Social Work & Society Academy	Athens, Greece	Belonging versus alienation among at-risk young adult Arabs in Israel: The perspectives of social service providers	Oral Presentation
June, 2024	TISSA Conference	Athens, Greece	Online racism toward Arab-Palestinian young adults in Israel and its psychological outcomes	Oral Presentation
June, 2023	ECSWE 2023	Porto, Portugal	Context-informed perspective in social work education: Challenging the perception of knowledge in the academy through academic courses for undergraduate social work students	Session Chair & Symposium
December, 2022	Gender Studies Conference 2022	University of Oulu, Finland	Self-identity in a trap: Palestinian women in the shadow of violence, a tangled cultural and political context in Israel	Oral Presentation
September, 2022	Second International Conference on Trauma and Mental Health	Jerusalem, Israel	Social factors and COVID-19-related resource loss and their association with depression and anxiety among Arabs in Israel	Oral Presentation

April, 2022	ECSWR-European Social Work Research Association	Amsterdam University of Applied Science, Holland	The challenges of social service providers who work with young Arab women who were abused in childhood	Oral Presentation
April, 2021	ECSWR-European Social Work Research Association	University of Bucharest, Romania	Enhancing context-informed practice through participatory action research with service providers of young Arab women abused in childhood	Oral Presentation
April, 2021	ECSWR-European Social Work Research Association	University of Bucharest, Romania	The role of exposure to child abuse, social exclusion, and discrimination in predicting PTSD and resilience among young Arab women in Israel	Oral Presentation
2020	SWESD 2020 Social Work, Education, and Social Development (conference cancelled due to COVID-19)	Rimini Italy	Context-informed perspective in social work education: Challenging the perception of knowledge in the academy through academic courses for undergraduate social work students	Symposium
April, 2019	ECSWR	KU Leuven University, Belgium	The process of coping with child abuse within context: Young Palestinian women's perspectives	Oral Presentation
April, 2019	ECSWR	KU Leuven University, Belgium	Using participatory action research to reduce barriers in consumption of social services among young Arab women abused in childhood: Perspectives of victims and service providers	Oral Presentation
July, 2018	SWESD	RDS, Dublin Ireland	Hurt and alone: The experience of young Arab women in Israel who have been abused in childhood	Oral Presentation
July, 2017	EASSW	Paris Descartes University,	Cultural sensitivity practice and research among abused	Oral Presentation

		France	women in Arab Palestinian society in Israel	
July, 2017	EASSW- European Association of Schools of Social Work	Paris Descartes University, France	On the lived supervision of social work students	Oral Presentation
April, 2015	ECSWR	Ljubljana, Slovenia	Child abuse and neglect among Arab Palestinians in Israel	Oral Presentation

### Active Participation, National Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
February, 2025	ESPA.net Conference	The Academic College of Tel Aviv-Yaffo	Resilience processes facilitating the transition to adulthood among at-risk young adult Arabs in Israel	Oral Presentation
February, 2023	ESPA.net Conference	University of Haifa	The success of Arab students in the Israeli academy	Oral Presentation
February, 2023	ESPA.net Conference	University of Haifa	Young Arabs in Israel in the context of marginalization and exclusion: Research and practice perspectives on reducing multigenerational inequality	Symposium
March, 2022	ESPA.net Conference	The Hebrew University of Jerusalem	The link between social exclusion, discrimination and loss of resources, following the outbreak of COVID-19, and depression and anxiety among Arabs in Israel	Oral Presentation
August, 2021	National Knowledge and Research Center for Emergency	Ministry of Science & Technology	Psychosocial consequences of the COVID-19 outbreak in Arab society in Israel	Oral Presentation

	Readiness and Eco Science			
July, 2021	The 41 <sup>st</sup> STAR International Conference – Stress, Trauma, Anxiety and Resilience Society	University of Haifa	The role of exposure to child abuse, social exclusion, and discrimination in explaining post-traumatic symptoms and resilience among young Arab women in Israel	Oral Presentation
2020	Child Maltreatment in Context: The 3 <sup>rd</sup> International Conference (conference cancelled due to COVID-19)	The Hebrew University of Jerusalem	The self-identity construction of Arab young women abused in childhood within a complex cultural and socio-political context	Oral Presentation
Jan., 2020	Mental Health among Palestinians in Israel	Ruppin Academic Center	The perception of young Arab women who were abused in childhood and their barriers to formal support	Oral Presentation
Feb., 2020	ESPA net Conference	Ashkelon Academic College	Arab students' success in higher education in Israel: Barriers and challenges	Session Member
Feb., 2019	Child Abuse in a Multicultural Society	Kinneret Academic College	Barriers to consumption of social services among Arab young women: The perspective of young Arab women and social service providers	Oral Presentation
Feb., 2019	ESPA net Conference	Ruppin Academic Center	Barriers to consumption of social services among young Arab women abused in childhood in Israel: Research, practice, and social work education	Session Chair

Feb., 2018	ESPA.net Conference	The Max Stern Yezreel Valley College	Child and adolescent abuse in Arab society in Israel: Challenges of past and future	Oral Presentation
Nov., 2017	Child Maltreatment in Context: The Second Haruv International Conference	The Hebrew University of Jerusalem	Barriers to receiving support among young Arab women in Israel	Oral Presentation
Feb., 2015	Social Work in the Periphery: Challenges and Opportunities	Sapir Academic College	Cultural competence in social work: Research, practice, and education	Session Chair
April, 2014	Social Work in the Periphery	Zefat Academic College	Multicultural sensitivity in social work practice: Strengthening our lecturers, supervisors, and students	Oral Presentation
June, 2012	The 1 <sup>st</sup> National Doctoral Students' Conference in Social Work	The Hebrew University of Jerusalem	On being a sex offender therapist	Oral Presentation

**b. Organization of Conferences or Sessions**

Date	Name of Conference	Place of Conference	Role
2025 - 2026	ESPA.net Conference	Ruppin Academic Center	Conference Chair
2024 - 2025	ESPA.net Conference	The Academic College of Tel Aviv-Yaffo	Scientific Committee Member
2022 - 2023	ESPA.net Conference	University of Haifa	Scientific Committee Member

2021-2022	ESPA.net Conference	The Hebrew University of Jerusalem	Scientific Committee Member
2020- present	Firstborns Research Conference	Ruppin Academic Center	Steering Committee Co-Chair
2020	Humans as consumer goods	Ruppin Academic Center	Steering Committee Member
2019	Trafficking in Women and Prostitution: The Image of Society and its Relationship to the Phenomenon of Prostitution	Ruppin Academic Center	Steering Committee Member
2019	ESPA.net 2019 Conference	Ruppin Academic Center	Scientific Committee Member
2019	Discrimination and Affirmative Action in Education and Employment	Ruppin Academic Center	Steering Committee Member
2017	Forum Schools of Social Work in Academic Colleges	Tel-Hai Academic College	Steering Committee Member

## 7. Invited Lectures\Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
2024	Jerusalem	Azrieli College for Engineering	Risk and resilience in emerging adulthood among young adult Arabs in Israel
2023	Jerusalem	Probation Office	Emerging adulthood and barriers to formal services among at-risk young Arabs: Context-informed perspective
2022	Nof Hagalil	The Joint	Emerging adulthood and barriers to formal services among at-risk young Arabs: Context-informed perspective
2019	Ruppin Academic Center	Al-Manar School	Young Arab women in context
2019	Ruppin Academic Center	Faculty Seminar for Social and	Barriers to consumption of social services among Arab

		Community Sciences	young women: The perspective of young Arab women and social service providers
2018	Ruppin Academic Center	Seminar of the Department of Social Work	Barriers to receiving support among young Arab women in Israel

## 8. Research Grants

### a. Grants Awarded

Role in Research	Co-Researchers	Topic	Funded by/Amount	Year
PI	Dr. Yafit Sulimani-Aidan	Risk and Resilience in the Transition to Adulthood Among at-Risk Young-Adult Arabs in Israel: A Context-Informed Perspective	166,400 NIS each year.  Grant awarded by the Israel Science Foundation for two years.	2021-2023
CI	Dr. Shira Pagorek-Eshel and Dr. Raghda Alnabilsy	Psychosocial Consequences of the Outbreak of COVID-19 on the Arab Population in Israel	35,000 NIS Grant awarded by the Israeli Ministry of Science, Technology and Space	2020
CI	Dr. Lia Leven, Dr. Raghda Alnabilsy, and Dr. Shira Pagorek-Eshel	Gender and Socio-Cultural Adequacy of Public Social Policy for Assisting Young Arab Women in Israel	228,045 NIS Grant awarded by the Israeli Ministry of Science, Technology and Space	2018
PI	Dr. Raghda Alnabilsy & Dr. Shira Pagorek-Eshel	The Long-Term Consequences of Child Abuse Among Young Arab Women in Israel	116,600 NIS Grant awarded by the National Insurance Institute of Israel	2017
CI	Dr. Ronit Even-Zahav, Dr. Shira Pagorek-Eshel, and Dr. Belle Fried	Arab Students' Success in Higher Education in Israel	300,000 NIS Grant awarded by the Israeli Ministry of Science, Technology and Space	2017

**Internal Grants**

Role in Research	Co-Researchers	Topic	Funded by/Amount	Year
PI		The consequences of the war for young adult Arabs in Israel	6,000 NIS awarded by Ruppin Academic Center President's Fund	2024-2025
PI		Future orientation among young adult Arabs after October 7 <sup>th</sup>	11,000 NIS each year Grant awarded by Ruppin Academic Center	2024-2025
PI		Mother-Daughter Relations in Arab Society	11,000 NIS each year Grant awarded by Ruppin Academic Center	2023-2024
PI	Dr. Yafit Sulimani-Aidan	Risk and Resilience in the Transition to Adulthood Among at-Risk Young-Adult Arabs in Israel: A Context-Informed Perspective	11,000 NIS each year Grant awarded by Ruppin Academic Center	2021-2023
PI	Dr. Lia Leven, Dr. Raghda Alnabilsy, and Dr. Shira Pagorek-Eshel	Gender and Socio-Cultural Adequacy of Public Social Policy for Assisting Young Arab Women in Israel	11,000 NIS Grant awarded by Ruppin Academic Center	2020
PI	Dr. Raghda Alnabilsy and Dr. Shira Pagorek-Eshel	The Long-Term Consequences of Child Abuse among Young Arab Women in Israel	11,000 NIS Grant awarded by Ruppin Academic Center	2019

PI	Dr. Raghda Alnabilsy and Dr. Shira Pagorek-Eshel	The Long-Term Consequences of Child Abuse Among Young Arab Women in Israel	6,000 NIS Grant awarded by Ruppin Academic Center	2018
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**b. Submission of Research Proposals – Pending**

Role in Research	Co-Researchers	Topic	Funded by	Year
PI	Prof. Yafit Sulimani-Aidan	At-Risk Jewish and Arab Young Adults in Israel During Wartime: Social Exclusion, Loss of Resources, and Hope	Israel Science Foundation	2025 - 2026

**c. Submission of Research Proposals – Not funded**

Role in Research	Co-Researchers	Topic	Funded by/Amount	Year
PI	Prof. Yafit Sulimani-Aidan	Future orientation among Arab young adults in Israel: Implications of ethnic-minority identity, at-risk status, and ongoing political conflict and war	Israel Science Foundation	2024 - 2025

**9. Scholarships, Awards, & Prizes**

2009-2012 Excellence Scholarship for "Doctoral Arab Students" received from the Council for Higher Education

**10. Teaching**

**a. Courses Taught in Recent Years**

<b>Year</b>	<b>Name of Course</b>	<b>Type of Course</b> <b>Lecture/Seminar/Workshop/Higher Learning Course/Introductory Course (Mandatory)</b>	<b>Degree</b>	<b>Number of Students</b>
2025-2026	Final Research Paper Seminar	Seminar	MA	10
2024 - 2026	Risk and resilience in the transition to young adulthood: A context-informed perspective	Lecture	MA	32
2023-2026	Cultural competence in social work	Lecture	BA	61
2023-2026	Emerging adulthood: Risks and opportunities	Lecture	BA	13
2023-2024	Ethics in social work	Lecture	BA	58
2023-2025	Scientific writing	Lecture	BA	31
2019 - 2022	Issues in group intervention	Lecture	BA	24
2019 - present	Critical approaches in social work as a basis for context-informed perspectives	Lecture	BA	60
2018 - present	Research seminar	Seminar	BA	30
2017 - 2025	Young Arab women in Israel	Workshop	BA	15
2015 - present	Domestic violence	Lecture	BA	60

2015-2022	Diagnosis, planning, implementation, and evaluation of social work intervention	Workshop	BA	24
2015-2022	Intervention methods in social work	Workshop	BA	24

**b. Supervision of Graduate Students**

Name of Student	Title of Thesis	Degree	Date of Completion/in Progress	Students' Achievements
Ravid Maayan	Minority Identity-Informed Social Work: Social Workers' Perspectives on Risk Among Young Adult Arabs in Israel	Post-doctoral student, The Bob Shapell School of Social Work Tel Aviv University	2023-2024	Three scientific articles
Samah Mahamed	Resilience during emerging adulthood among at-risk Arab young adults in Israel: Context-informed perspective	PhD student, Tel Aviv University	In progress	
Ruba Abu Ras	Emerging adulthood among at-risk young Arab adults: Their perceptions of risk	PhD student, Tel Aviv University	In progress	
Miraz Hashoul	Future Perception in Emerging Adulthood Among At-Risk Young Arab Women in Israel: A Context-Informed Perspective	PhD student, Tel Aviv University	In progress	
Ofri Adri	Experiences of Personal and Collective Loss Among Young Adults in Israel: A Context-Informed Perspective	MA Program in Psychology Ruppin Academic Center	In progress	

## **11. Miscellaneous**

2020-current: “Mozayek” – Board member of a social association dedicated to youth in Arab society

2020-2024: “Nasejona” – Board member of a social association focusing on preserving, developing, producing, and marketing the local heritage, as well as supporting women in terms of productivity, social and material aspects.

## **12. Professional experience**

<b>Date</b>	<b>Organization</b>	<b>Role</b>
2005 – 2008	Probation services in Jerusalem	Coordinator of sex offense department
2000 – 2004	Tzafon Medical Center (formerly Poriya)	Coordinator of domestic violence in health services
1999 – 2000	Social services and welfare in the Nazareth municipality	Coordinator of rehabilitation

## **Publications**

### **A. PhD Dissertation**

**Elias, H.** (2013). *On the lived experience of sex offender therapists: Personal, interpersonal, and professional consequences*. Thesis submitted for the degree of Doctor of Philosophy (281 pp.). The Hebrew University of Jerusalem. The dissertation was carried out under the supervision of Prof. Muhammad M. Haj Yehia. [Hebrew]

Two scientific publications were published from the dissertation (2 and 3 from the scientific publications list below).

### **B. Scientific Books (Refereed)**

(N/A)

### **C. Other Scientific Publications:**

(N/A)

### **D. Articles in Refereed Journals**

#### **Published**

1. \* Mahamid, S., Sulimani-Aidan, Y., & **Karram-Elias, H.** (accepted). “They Call Me the Girl from Residential Care”: Risks and Stressors of Care Leavers in Arab Society in Israel”. *Child and Adolescent Social Work Journal*.

Contribution: Contributed to planning of study, collected, and analyzed data, wrote the Method and Discussion sections. (Q1, IF=1.7)

2. \***Elias, H.** (accepted). "I'm all for her": Arab Mothers' Perception of Mother – Daughter relationship in young adulthood. *Family Relations*. (Q1, IF=1.8)  
Contribution: Contributed to planning of study, collected, and analyzed data, wrote the entire manuscript.

3. \*Pagorek-Eshel, S., Alnabilsy, R., & **Elias, H.** (2025). The psychological outcomes of online racism among young adult Arab Palestinians in Israel: the moderating role of identity and social media political participation. *Journal of American Orthopsychiatry*. (Q1, IF=2.3).  
Contribution: Contributed to planning of study, conducted the study, and collected the data.

4. \***Karram-Elias, H.**, Pagorek-Eshel, S., & Alnabilsy, R. (2025). Exposure to Child Abuse and Neglect, and Formal and non-formal social support, in the presence of Post Traumatic Symptoms and Resilience among Young Arab-Palestinian Women in Israel. *Children and youth Services Review*. (Q1, IF = 3.3)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the introduction and discussion sections of the manuscript.

5. \* Even-Zahav, R., Gavriel – Fried, B., Pagorek-Eshel, S., & **Karram-Elias, H.** (2025). Personal, social, and cultural engagement factors of academic success: The case of Arab students in the higher education system in Israel. *International Journal of Intercultural Relations*, 108, 102253. (Q1, IF= 2.8).  
Contribution Contributed to planning of study, conducted the study, collected the data, and wrote the introduction.

6. \***Karram-Elias, H.** & Sulimani-Aidan Y. (2025). Future orientation among young adult Arabs in Israel following the October 7th events. *American Journal of Orthopsychiatry*. (Q1, IF=2.3).  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.

7. \*Pagorek-Eshel, S., Greenaple, S., Alnabilsy, R., & **Elias, H.** (2025). An Ecological Perspective of Psychological Distress Predictors Among Minoritized Populations Facing a Collective Crisis: The Case of Arab Palestinians During the COVID-19 Pandemic in Israel. *Social Work in Mental Health*, 23(2), 210-230. (Q1, IF = 1.1)  
Contribution: Contributed to planning of study, conducted the study, and collected the data.

8. \***Karram-Elias, H.**, & Hassan, H. (2025). "My mother is my one and only source of security": Mother–young daughter relationship in Arab Palestinian families in Israel. In *Women's Studies International Forum* (Vol. 109, p. 103061). Pergamon. (Q1, IF= 1.5)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.

9. \*Levin, L., **Karram-Elias, H.**, Pagorek-Eshel, S., & Alnabilsy, R. (2025). State inspection in contexts of cultural and sociopolitical conflict: The case of social services for Arab young women in Israel. *Journal of Social Policy*, 1-18. (Q1, IF= 2.654)  
Contribution: Contributed to planning of study, conducted the study, collected and analyzed the data.

10. \***Haneen, K. E.**, Yafit, S. A., & Maayan, R. (2025). Belonging versus alienation among at-risk minority adults: The perspectives of social service providers of at-risk young adult Arabs in Israel. *Children and Youth Services Review*, 169, 108107. (Q1, IF= 2.519).  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed

data, and wrote the Introduction, Method and Discussion sections.

11. \*Mahamid, S., **Karram-Elias, H.**, & Sulimani-Aidan, Y. (2025). Emerging Strengths: Challenges and Coping Strategies in Emerging Adulthood among at-Risk Young-Adult Arab Palestinians in Israel. *Emerging Adulthood*, 21676968251339687. (Q1, IF= 2.6)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data.
12. \*Ravid, M., **Elias, H.**, & Sulimani-Aidan, Y. (2024). "Confused, alienated, and injured identity": The role of minority ethnic identity in increasing the vulnerability of at-risk young-adult Arabs in Israel. *American Journal of Orthopsychiatry*. (Q1, IF= 2.3).  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, and wrote the Method and Discussion sections.
13. \***Elias, H.**, Alnabilsy, R., Pagorek-Eshel, S., & Levin, L. (2024). Catch 22: Social workers' perceptions of the socio-cultural and formal-structural factors that inhibit interventions with at-risk young Arab-Palestinian women in Israel. *Children and Youth Services Review*, 163, 107702. (Q1, IF= 2.519)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.
14. \*Sulimani-Aidan, Y., Ravid, M., & **Elias, H.** (2024). Using a strength-based approach to social work with minority groups: The case of at-risk young-adult Arabs in Israel. *American Journal of Orthopsychiatry*, 94(5), 582–590. (Q1, IF= 2.3).  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, and wrote the Findings section.
15. \***Elias, H.**, Even-Zahav, R., Pagorek-Eshel, S., & Gavriel – Fried, B. (2024). "Arab students do not reveal their difficulties": Faculty Members' Perceptions of The Barriers to Higher Education among Arab Students in Israel. *Intercultural Education*, 35(2), 224-239. (Q1, IF= 1.38)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.
16. \***Elias, H.**, Alnabilsy, R., & Pagorek-Eshel, S. (2024). The meaning of abuse for young Arab women in Israel: Gender, social, and cultural mechanisms of control and supervision. *Women's Studies International Forum*, Vol. 103, p. 102867.  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, and wrote the Methodology and Findings sections.
17. \***Elias, H.**, Alnabilsy, R., & Pagorek-Eshel, S., & Levin, L. (2024). Structural and socio-political barriers to provide services to Arab- Palestinian young women in Israel: The perception of the social workers. *The British Journal of Social Work*, 54 (2), 568-586 (Q1, IF=2.352)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.
18. \***Elias, H.**, Pagorek-Eshel, S., & Alnabilsy, R. (2024). Promoting context-informed perspective among social workers treating young Arab women abused in childhood. *Journal of the Society for Social Work and Research*, 15 (1), 123-144. (Q2, IF= 1.311)  
Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.
19. \***Karram-Elias, H.** & Sulimani-Aidan, Y. (2024). "Adopting unsuitable solutions constitutes

an additional risk factor": Context-informed social work practice with at-risk young adult Arabs. *Children and Youth Services Review*, 161, 107616.

Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, and wrote the Method, Findings, and Discussion sections.

20. Alnabilsy, R., Pagorek-Eshel, S., & **Elias, H.** (2023). The self-identity construction of Arab young women who were abused in childhood within a complex cultural and socio-political context. *Journal of Family Violence*, 38(1), 91-103. (Q1, IF= 2.897, citations=1).

Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the Method section of the manuscript.

21. Levin, L., Cohen-Brafman, M., Alnabilsy, R., Pagorek-Eshel, S., & **Elias, H.** (2022). 'Poster girl': The discourse constructing the image of the 'girl in distress' receiving public welfare services in Israel. *Frontiers in Psychiatry*, 13, 966778. (Q1, IF=4.7)

Contribution: Data entry.

22. Alnabilsy, R., **Elias, H.**, & Pagorek-Eshel, S. (2022). Patterns of Receiving Support and Barriers to Service Consumption among Young Arab Women in Israel. *Journal of Muslim Minority Affairs*, 42(4), 409-427. (Q1, IF=1.28)

Contribution: Contributed to planning of study, conducted the study, collected the data, wrote the Introduction and Discussion sections of the manuscript.

23. **Elias, H.** & Even-Zahav, R. (2022). Leaving the margins: Promoting a context-informed perspective in social work education among Palestinian female students in Israeli academia. *Israel Studies Review*, 37(2), 36-57. (Q1, IF= 1.597, citations=2).

Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.

24. Pagorek-Eshel, S., **Elias, H.**, Alnabilsy, R., & Grinapol, S. (2022). The association of social factors and COVID-19-related resource loss with depression and anxiety among Arabs in Israel. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(2),310-317. (Q1; IF= 9.398, citations=2). Doi.org/10.1037/tra0001140

Contribution: Contributed to planning of study and collected the data, contributed to write the Introduction section of the manuscript.

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Contribution: Contributed to planning of study, conducted the study, and collected the data.

26. Pagorek-Eshel, S., **Elias, H.**, & Alnabilsy, R. (2021). Young Arab women's processes of coping with girl abuse: Intersection of patriarchal oppression and being a national Minority in Israel. *Affilia: Journal of Women and Social Work*, 36(4), 593-611 (Q2; IF= 1.085, citations= 8)

Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the Method and Results sections of the manuscript.

27. **Elias, H.**, Alnabilsy, R., & Pagorek-Eshel, S. (2019). Barriers to receiving support among young Arab women in Israel who have been abused in childhood. *British Journal of Social Work*, 49(8), 2073-2091. DOI: 10.1093/bjsw/bcz007 (Q1; IF= 2.352, citations= 9)

Contribution: Contributed to planning of study, conducted the study, collected, and analyzed data, wrote the entire manuscript.

28. **Elias, H.** & Haj-Yahia, M. (2019). On the lived experience of sex offenders' therapists: Their perceptions of intrapersonal and interpersonal consequences and patterns of coping. *Journal of Interpersonal Violence*, 34(4), 848-872.  
DOI: 10.1177/0886260516646090 (Q1; IF= 2.621, citations= 34)  
Contribution: Contributed to planning of study, collected, and analyzed data, wrote the entire manuscript.

29. **Elias, H.** & Haj-Yahia, M. (2017). Therapists' perceptions of their encounter with sex offenders. *International Journal of Offender Therapy and Comparative Criminology*, 61(10), 1151-1170. DOI: 10.1177/0306624X16629972 (Q1; IF= 1.645, citations= 24)  
Contribution: Contributed to planning of study, collected, and analyzed data, wrote the entire manuscript.

30. Haj-Yahia, M. M., Sousa. C., Alnabilysy, R., & **Elias, H.** (2015). The influence of Palestinian physicians' patriarchal ideology and exposure to family violence on their beliefs about wife beating. *Journal of Family Violence*, 30(3), 263- 276.  
DOI 10.1007/s10896-015-9671-4 (Q1; IF=2.897, citations= 34)  
Contribution: contributed to writing the Discussion section of the manuscript.

**Accepted for Publication**

(N/A)

**E. Articles or Chapters in Scientific Books Published**

1. **Elias, H.**, & Alnabilysy, R. (2019). Child abuse and neglect in Palestinian society in Israel. In M. M. Haj-Yahia, O. Nakash, & I. Levav. (Eds.), *Mental health of the Palestinian Arabs in Israel* (pp. 261-278). Indiana University Press.
2. Alnabilysy, R., & **Elias, H.** (2019). Intimate partner violence against Palestinian women in Israel. In M.M. Haj-Yahia, O. Nakash, & I. Levav. (Eds.), *Mental health of the Palestinian Arabs in Israel*. Indiana University Press.

**F. Articles in Conference Proceedings**

(N/A)

**G. Entries in Encyclopedias**

(N/A)

**H. Other Scientific Publications Published**

1. \*Sulimani-Aidan, Y., & **Karram-Elias, H.** (2024). Risk and Resilience in Emerging Adulthood among At-Risk Young Adult Arabs in Israel: Research Report for Professional Field Organizations. Tel-Aviv University and Ruppin Academic Center.
2. \*Even-Zahav, R., Gavriel-Fried, B, Pagorek-Eshel, S., **Elias, H.** (2022). Arab students' success in higher education in Israel [Hebrew]. Final research report for the Ministry of Science, Technology, and Space.
3. **Elias, H.**, Alnabilysy, R., & Pagorek-Eshel, S. (2020). The Long- Term Consequences of Child Abuse among Arab Young Women in Israel. The National Insurance Institute of Israel. (pp. 176) [Hebrew]
4. **Elias, H.**, & Alnabilysy, R. (2018). A look at the implementation of a policy on child abuse

in Arab society. *Nekudat Mifgash*, 14, 54-57. (Hebrew).

### **I. Other Publications**

(N/A)

### **J. Other Works Connected with my Scholarly Field**

(N/A)

### **K. Submitted Publications**

#### **Articles submitted to refereed journals**

1. \*Mahamid, S., Sulimani-Aidan, Y., & **Karram-Elias, H.** (R&R). Resilience Enablers at the Intersection of Minority Status and Cultural Expectations: Insights from At-Risk Young Adult Arab-Palestinians in Israel. *Journal of American Orthopsychiatry*.  
Contribution: Contributed to planning of study, collected, and analyzed data.
2. \*Alnabilsy, R., **Karram-Elias, H.**, & Pagorek-Eshel, S. (R&R). Keyboard delinquency: Racism on social media, consequences and coping from the perspective of Arab Palestinian young adults in Israel. *Journal of Youth Studies*.  
Contribution: Contributed to planning of study, collected, and analyzed data.
3. \*Even-Zahav, R., Gavriel – Fried, B., Pagorek-Eshel, S., **Elias, H.**, & Hafi-Jubran, S. (under review). Academic success among Arab students in the higher education system in Israel: What makes the difference? *Research in Higher Education*  
Contribution: participated in planning the study, helped with analyses, contributed to writing the introduction and discussion sections of the manuscript.  
Contribution: Contributed to planning of study, collected, and analyzed data.
4. \*Mahamid, S., **Karram-Elias, H.**, & Sulimani-Aidan, Y. (submitted). Resilience processes facilitating the transition to adulthood among at-risk young adult Arabs in Israel. *Child and Family Social Work*.  
Contribution: Contributed to planning of study, collected, and analyzed data.
5. \***Karram-Elias, H.** (submitted). Enduring Tension and Rising Hopelessness: The Future Anxiety of Young Adult Arabs in Israel Post-October 7<sup>th</sup>. *British Journal of Social Work*.

#### **Publications – in preparation**

1. \***Karram-Elias, H.**, Sulimani-Aidan, Y., & Mahamid, S. (in preparation). Mental Health Symptoms among Young Adult Arabs During October 7.
2. \*Mahamid S., **Karram-Elias, H.**, & Sulimani-Aidan, Y. (in preparation). Resilience and Hope among Young Adult Arabs During October 7.

### **13. Summary of my Activities and Future Plans**

My perspectives and insights have developed over the years against the background of my identity as a woman, member of a minority group, social worker, educator, senior lecturer, and head of a social work department. Moreover, as a researcher focusing on at-risk young adults in Arab society from a context-informed perspective, I highlight the close connection

between practice, education, and research in social work.

My practice in the field of social work with women who are victims of violence and men who are perpetrators of offenses has exposed me to marginalized populations. As a result, I have developed a strong aspiration to research marginalized minority young adults who have experienced child abuse. Building on this background, my subsequent research work has been grounded in the theories that guide my approach: emerging adulthood, context-informed perspectives, and resilience theories.

As a young researcher, I was awarded several competitive research grants. I served as Principal Investigator (PI) on a project entitled "The Long-Term Consequences of Child Abuse among Young Arab Women in Israel," funded by the National Insurance Institute of Israel, and as Co-Investigator (CI) on multiple projects supported by the Ministry of Science and Technology: a) "Arab Students' Success in Higher Education in Israel"; b) "Gender and Socio-Cultural Adequacy of Public Social Policy for Assisting Young Arab Women"; and c) "Psychosocial Consequences of the COVID-19 Outbreak for the Arab Population in Israel." My research has focused on young adult Arabs, exploring their coping strategies in the face of adversity and the barriers they face in accessing formal support. These issues were examined from the perspectives of both the young adults themselves and the professionals who work with them. Through these studies, I have deepened my understanding and expanded my scholarly writing on the intersection of various contextual factors in the lives of marginalized young adults specifically, their cultural context (Arab-patriarchal society), the social context (women's status in Arab society), and the socio-political context (majority-minority relations and social exclusion). These investigations have also illuminated the influence of these contexts on the lives and functioning of these young adults, as well as on

the social policies that affect them.

In 2021, I was awarded a competitive research grant by the Israel Science Foundation (ISF) to conduct a study entitled "*Risk and Resilience in the Transition to Adulthood Among At-Risk Young Adult Arabs in Israel: A Context-Informed Perspective.*" Through this research, I aim to advance the conceptualization of risk situations experienced by young Arab adults, with the objective of understanding these risks within this population's intersecting social, cultural, and political contexts. A deeper understanding of these context-informed risk situations in Arab society will inform the adaptation of prevention and intervention programs tailored to at-risk young adult Arabs. To date, this research has yielded five peer-reviewed academic articles.

Due to my research achievements and the accumulation of a practical, context-aware perspective in the field of emerging adulthood within Arab society, I have become recognized as an expert in this area. Consequently, I was invited to supervise one postdoctoral fellow and three doctoral students at the Bob Shapell School of Social Work, Tel Aviv University. The work of the postdoctoral fellow focused on "Minority Identity-Informed Social Work: Social Workers' Perspectives on Risk Among Young Adult Arabs in Israel." The dissertations of the three doctoral candidates addressed the following topics: "Resilience During Emerging Adulthood Among At-Risk Arab Young Adults in Israel: A Context-Informed Perspective"; "Emerging Adulthood Among At-Risk Young Arab Adults: Their Perceptions of Risk"; and "Future Perception in Emerging Adulthood Among At-Risk Young Arab Women in Israel: A Context-Informed Perspective." In addition, reflecting my expertise in the area of emerging adulthood, I was offered the opportunity to teach a master's level course on "The Transition to Emerging Adulthood: Risks and Resilience" at the Ruppin

Academic Center, alongside a master's seminar course and supervision of master's theses on related topics.

In 2024, I was recognized for the importance of my research in the field of emerging adulthood by receiving a research grant from the President's Fund at the Ruppin Academic Center. As a result of this grant, I successfully led a quantitative study completed in March 2025 on the loss of resources among young adult Arabs (n = 964) following the October 7th war. Simultaneously, I led a qualitative study that examined the future orientation of young adult Arabs in the shadow of the war.

Throughout my research work, it has been important for me to maintain a strong commitment to social missions. Therefore, I actively collaborate with a broad range of service providers, including government agencies and civil society organizations. I am frequently invited to deliver professional lectures addressing the transition to young adulthood within intersecting contexts, such as probation services, community courts, and various organizations serving young adults. For example, I served as an external consultant to BDO (Assurance, accounting, tax and advisory services), specializing in service provision for young adults from minority groups.

I was also elected in 2024 to lead the Department of Social Work at Ruppin Academic Center through a selection process involving 10 faculty members from the Department. I received the support of nine colleagues, reflecting strong confidence in my ability to manage the Department. I am highly dedicated to the position and cognizant of the significant responsibility that I bear in this role.

In recognition of my scholarly contributions and achievements in the field of transition to young adulthood among at-risk young adults, I was invited to serve as a member on the

executive board of two national organizations. The first is ESPAnet Israel (European network for social policy analysis), which promotes research in the field of social policy in Israel and aims to serve as a unique platform for researchers, policymakers, and civil society activists involved in the shaping and implementation of social policy in the country. The second is “Be-Atzmi,” a social organization that has been operating for 30 years to promote employment integration among marginalized and underprivileged populations.

On an international level, I am developing professional connections and exploring potential collaborations with researchers in Switzerland who are investigating emerging adulthood among care leavers. I am also a member of the Special Interest Group on Social Work with Adolescents, representing the European Social Work Research Association. Additionally, as a faculty member and Head of the Department of Social Work at Ruppin Academic Center, I am a member of the International Association of Schools of Social Work (IASSW).