

CURRICULUM VITAE**1. Personal Details**

Home Address: 5c Barth Street, Tel Aviv.

Office Telephone Number: 972-9-8983041

Cellular Phone: 972-504-829-787

Electronic Address: [sharonav@ruppin.ac.il](mailto:sharonav@ruppin.ac.il)**2. Higher Education****A. Undergraduate and Graduate Studies**

| Period of Study | Name of Institution and Department                                                                           | Degree | Year of Approval of Degree |
|-----------------|--------------------------------------------------------------------------------------------------------------|--------|----------------------------|
| 2007-2013       | Clinical Psychology Program,<br>Department of Psychology, Tel Aviv University<br>Advisor: Prof. Dov Shmotkin | Ph.D.  | 2013                       |
| 2005-2007       | Clinical Psychology Program,<br>Department of Psychology, Tel Aviv University<br>Advisor: Prof. Dov Shmotkin | M.A.   | 2007                       |
| 2003-2005       | Department of Behavioral Sciences,<br>Ben Gurion University                                                  | B.A.   | 2005                       |

**B. Post-Doctoral Studies**

| Period of Study | Name of Institution, Department and Host                                                                                         | Degree               | Year of Completion |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------|----------------------|--------------------|
| 2013-2015       | I-Core Research Center for Mass Trauma, Bob Shappell School of Social Work, Tel Aviv University<br>Advisor: Prof. Zahava Solomon | Post-Doctoral Fellow | 2015               |

**3. Academic Ranks and Tenure in Institutes of Higher Education**

| Dates        | Name of Institution and Department                                                                           | Rank/Position                               |
|--------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| 2024-2024    | Department of Gerontology, Simon Fraser University, Vancouver, BC, Canada                                    | Visiting Scientist with Prof. Gloria Gutman |
| 2020-current | Clinical Psychology of Adulthood and Aging, Faculty of Social and Community Sciences, Ruppin Academic Center | Senior Lecturer                             |
| 2015-2020    | Clinical Psychology of Adulthood and Aging, Faculty of Social and Community Sciences, Ruppin Academic Center | Lecturer                                    |

|           |                                                                                  |                                                                                                      |
|-----------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| 2011-2013 | Clinical Psychology Program,<br>Department of Psychology, Tel Aviv<br>University | Research Director with PI Prof.<br>Dov Shmotkin, Research Funded<br>by the Israel Ministry of Health |
| 2011      | Department of Psychology, Stanford<br>University, USA                            | Visiting Scholar with Prof. Laura<br>Carstensen                                                      |
| 2005-2009 | Clinical Psychology Program,<br>Department of Psychology, Tel Aviv<br>University | Research and Teaching Assistant                                                                      |

#### **4. Offices in Academic Administration**

- 2025-current: Head of the Clinical Psychology of Adulthood and Aging program  
 2025-current: Member of the Interdisciplinary Research Center for Advancing Mental and Social Health, Ruppin Academic Center  
 2023-2023: Member of the Advising Committee on Well-Being and Care for Older Adults during the Israel-Gaza War, Israeli Ministry of Welfare  
 2019-current: Member of Ethics Board, Ruppin Academic Center  
 2020-2024: Chair of Ethics Board, Ruppin Academic Center  
 2018-2025: Member of the Lior Tzfati Research Center for the Study of Mental Pain and Suicide, Ruppin Academic Center  
 2015-current: Statistics advisor for graduate students in the program of Clinical Psychology of Adulthood and Aging  
 2015-current: Member of the Academic Teaching Committee in the program of Clinical Psychology of Adulthood and Aging  
 2015-2018: Practicum training advisor - practicum placements and training for graduate students in the program of Clinical Psychology of Adulthood and Aging

#### **5. Scholarly Positions and Activities outside the Institution**

- Member of the Israeli Gerontological Society
- Member of the Israeli Psychological Association
- Member of the International Society of Interpersonal Psychotherapy

##### **Ad Hoc Reviewer for Peer Reviewed Journals:**

1. *Anxiety, Stress & Coping* (IF: 3.7)
2. *Journals of Gerontology, Series B: Psychological Sciences and Social Sciences* (IF: 3.2)
3. *Psychological Medicine* (IF: 5.5)
4. *Psychological Trauma: Theory, Research, Practice, and Policy* (IF: 2.3)

5. *Psychiatry Research* (IF: 3.9)
6. *European Journal of Public Health* (IF: 3.9)
7. *Journal of Individual Differences* (IF: 0.9)
8. *Aging & Mental Health* (IF: 2.4)
9. *Peer J.* (IF: 2.4)
10. *Body Image* (IF: 5.4)
11. *Applied Psychology: Health and Well-Being* (IF: 3.6)
12. *Journal of Psychiatric Research* (IF: 3.2)
13. *BMC Psychiatry* (IF: 3.6)
14. *Frontiers in Psychology* (IF: 2.9)
15. *Global Mental Health* (IF: 3.4)
16. *Journal of Applied Gerontology* (IF: 2.0)
17. *Journal of Aging and Mental Health* (IF: 3.6)

## **6. Participation in Scholarly Conferences**

### **a. Active Participation - Abroad**

| <b>Date</b> | <b>Name of Conference</b>                                                                                | <b>Place of Conference</b>                                                          | <b>Subject of Lecture/Discussion</b>                                                                                                     | <b>Role</b>                       |
|-------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|
| *2026       | 23rd IAGG World Congress of Gerontology and Geriatrics                                                   | Amsterdam, the Netherlands                                                          | Views of Aging and Meaning in Life among Holocaust Survivors;<br><br>Coping with the Israel-Hamas War among Jewish-Canadian Older Adults | Presenter<br><br>Poster Presenter |
| *2025       | The 23rd Annual Conference and 30th Anniversary of the International Society for Quality-of-Life Studies | Luxemburg (online presentation due to flight cancelations in Israel during the war) | Impact of the Hamas-Israel War on Quality of Life of Jewish Older Adults Living in The Diaspora: Traumatizing or Unifying?"              | Presenter                         |
| *2023       | 43rd International Conference of the Stress and Anxiety Research Society (STAR)                          | Faro, Portugal                                                                      | Interpersonal Facets of Complex Trauma: Transmission, Symptoms, and Resilience                                                           | Symposium Chair & Presenter       |

|       |                                                                                                                           |                          |                                                                                                                                                                  |                             |
|-------|---------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
| *2023 | Moral Conflicts in Familial Dementia Care Involving Migrant Live-in Carers: Ethical and Social-Psychological Perspectives | Hybrid Workshop          | Sustaining Formal Caregivers: Presentation of a Pilot Program Offering Support Groups for Non-Live-In Formal Caregivers in Israel                                | Presenter                   |
| *2022 | The United Nations Economic Commission for Europe (UNECE), Ministerial Conference on Ageing                               | Online                   | “We Have Become Prisoners of Our Own Age”: From a Continuing Care Retirement Community to a Total Institution in the Midst of the Covid-19 Outbreak              | Poster, Co-Presenter        |
| *2021 | Gerontological Society of America (GSA), Annual Scientific Meeting                                                        | Online                   | The Challenges Faced by Long-Term Care Residents and their Families during COVID-19                                                                              | Co-Presenter                |
| *2021 | 41st International Conference of the Stress and Anxiety Research Society (STAR)                                           | Online                   | Longitudinal Associations between Attitudes to Aging and Attachment Insecurities among Combat Veterans                                                           | Symposium Chair & Presenter |
| *2021 | 41st International Conference of the Stress and Anxiety Research Society (STAR)                                           | Haifa, Israel            | A Lifespan Perspective on Holocaust Survivor Families: Current Issues and Novel Insights; Health and Psychopathology among Holocaust Survivor Caregiving Spouses | Symposium chair & Presenter |
| 2019  | International ISF-funded workshop: Advancing the Field of Subjective Aging and Health                                     | Haifa University, Israel | The Associations between Perceptions of Age and Time with Adjustment to Trauma in Later Life                                                                     | Presenter                   |
| 2017  | IAGG World Congress of Gerontology and Geriatrics                                                                         | San Francisco, CA, USA   | Premature Aging among Former Prisoners of War: Results of a Three-Decade Longitudinal Study                                                                      | Presenter                   |
| 2015  | Annual Conference of the European Association for Behavioral and Cognitive Therapies                                      | Jerusalem, Israel        | Emotional & Physical Pain in Trauma Survivors                                                                                                                    | Symposium discussant        |
| 2014  | European Health Psychology Society Conference                                                                             | Innsbruck, Austria       | Subjective Age and Health in Later Life: The Moderating                                                                                                          | Co-Presenter                |

|      |                                               |                  |                                                                                          |              |
|------|-----------------------------------------------|------------------|------------------------------------------------------------------------------------------|--------------|
|      |                                               |                  | Role of Posttraumatic Symptoms                                                           |              |
| 2013 | European Health Psychology Society Conference | Bordeaux, France | Predicting Physical and Mental Health at Old Age: The Role of the Hostile-World Scenario | Co-Presenter |

### **Local conferences in Israel**

| <b>Date</b> | <b>Name of Conference</b>                                                                              | <b>Place of Conference</b>     | <b>Subject of Lecture/Discussion</b>                                                                              | <b>Role</b>                 |
|-------------|--------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------|
| *2026       | Conference in Memory of Prof. Jacob Lomranz, Examining the Journey of Life in Light of Today's Reality | Ruppin Academic Center, Israel | Psychological Therapy with Older Adults in Times of War                                                           | Presenter                   |
| *2025       | From Trauma to Resilience: Conference on the Effects of the October 7, 2023, Attack                    | Sderot, Israel                 | Psychological Flexibility as a Predictor of Resilience among Older Adults                                         | Co-Presenter                |
| *2024       | Bi-Annual Conference of the Israeli Gerontological Society                                             | Jerusalem, Israel              | Outcomes and Coping among Older Adults Living in the South of Israel Following the October 7 <sup>th</sup> attack | Presenter                   |
| *2022       | Bi-Annual Conference of the Israeli Gerontological Society                                             | Tel Aviv, Israel               | On Psychotherapy in Old Age                                                                                       | Symposium Chair & Presenter |
| *2021       | Annual Conference of the Society for the Study of Loss, Grief, and Resilience                          | Online                         | Challenges and Coping Mechanisms among Older Adults Living in Institutions During COVID-19                        | Co-Presenter                |
| *2020       | Annual Conference of the Israeli Alzheimer Society                                                     | Tel Aviv, Israel               | Challenges and Coping Mechanisms among Older Adults Living in Institutions                                        | Co-presenter                |
| 2020        | Bi-Annual Conference of the Israeli                                                                    | Tel Aviv, Israel               | Attachment Patterns and Perceptions of Aging among War Veterans.                                                  | Symposium Chair & Presenter |

|      |                                                            |                                  |                                                                                                                                                                      |              |
|------|------------------------------------------------------------|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
|      | Gerontological Society                                     |                                  | Subjective Age and Suicidal Ideation among Ex-Prisoners of War                                                                                                       |              |
| 2018 | Bi-Annual Conference of the Israeli Gerontological Society | Tel Aviv, Israel                 | Subjective and Objective Posttraumatic Outcomes in Later Life among Ex-Prisoners of War                                                                              | Presenter    |
| 2016 | Bi-Annual Conference of the Israeli Gerontological Society | Tel Aviv, Israel                 | Subjective Age, Guilt, and Posttraumatic Outcomes in Later Life                                                                                                      | Presenter    |
| 2016 | "New Horizon" Conference on Clinical Psychogerontology     | Ruppiner Academic Center, Israel | Not Alone in Battle: Frontline Treatment, Loneliness, and Long-Term Posttraumatic Symptoms among Veterans with Combat Stress Reaction                                | Poster       |
| 2012 | Bi-Annual Conference of the Israeli Gerontological Society | Tel Aviv, Israel                 | Aspects of Life Adversity and their Predictive Value for Measures of Functioning in the SHARE Israel Study: Does the Hostile-World Scenario Predict Future Outcomes? | Co-Presenter |

**b. Organization of Conferences or Sessions**

| Date         | Name of Conference                                                                                                                                                         | Place of Conference              | Role                                         |
|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|----------------------------------------------|
| *Summer 2026 | International Workshop on the Social and Psychological Long-Lasting Effects of Exposure to Trauma and End-of-Life Perceptions among Holocaust Survivors and their Families | Haifa University, Israel         | Member of the Academic Steering Committee    |
| *2023        | Conference on the Yom Kippur War and its Effect on Aging Veterans<br><i>Postponed due to the Israel-Gaza War</i>                                                           | Tel Aviv, Israel                 | Member of the Academic Steering Committee    |
| *2021        | Colloquium in Memory of Prof. Jacob Lomranz                                                                                                                                | Ruppiner Academic Center, Israel | Member of the Steering Committee             |
| 2019-2020    | 41 <sup>st</sup> International Conference of the Stress and Anxiety Research Society (STAR).                                                                               | Haifa, Israel                    | Member of the Steering Committee & presenter |

|           |                                                                                                          |                                |                                              |
|-----------|----------------------------------------------------------------------------------------------------------|--------------------------------|----------------------------------------------|
| 2019-2020 | “Old Age: Between Crisis and Opportunity”: Bi-Annual Conference of the Israeli Gerontological Society    | Tel Aviv, Israel               | Member of the Steering Committee & presenter |
| 2018      | “The Challenges of Caring for an Aging Population”: Conference on Informal Caregiving among Older Adults | Ruppin Academic Center, Israel | Member of the Steering Committee & Presenter |

## **7. Invited Lectures\Colloquium Talks**

| <b>Date</b> | <b>Place of Lecture</b>                                                  | <b>Name of Forum</b>                                                           | <b>Presentation</b>                                                                |
|-------------|--------------------------------------------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| *2026       | Psychiatric Inpatient Unit, Tel Aviv Medical Center                      | Staff of Psychiatric Inpatient Unit                                            | Therapy with Older Adults Suffering from Psychopathology                           |
| *2026       | Minerva Center for Research on Older Adult Populations, Haifa University | Minerva Research Seminar, Haifa University                                     | Coping with the Israel-Hamas War among Jewish-Canadian Older Adults                |
| *2024       | Older Adult Day Club, Ramat Gan                                          | Day Club, Ramat Gan Older Adults                                               | On Love and Intimacy in Later Life                                                 |
| *2023       | Online                                                                   | Israeli Gerontological Society Online Meeting                                  | On Love and Intimacy in Later Life                                                 |
| *2022       | Amcha Mental Health Center, Beer Sheva                                   | Amcha, Colloquium for Mental Health Professionals                              | Psychopathology among Older Adults                                                 |
| *2022       | Maccabi Health Services Head Offices, Tel Aviv                           | Maccabi Colloquium for Clinical Psychologists                                  | Mental Health among Older Adults                                                   |
| *2020       | Online, Ruppin Academic Center                                           | Colloquium for Mental Health Professionals on Coping with Trauma in Later Life | Effects of Traumatic Experiences on Attachment Patterns and their Effects on Aging |
| 2019        | Rambam Medical Center, Haifa                                             | Seminar for Mental Health Professionals                                        | Mental Health among Older Adults                                                   |

## **8. Research Grants**

### **a. Grants Awarded**

| <b>Year</b> | <b>Role in Research</b> | <b>Co-Researchers</b>           | <b>Topic</b>                                    | <b>Founded by/Amount</b> |
|-------------|-------------------------|---------------------------------|-------------------------------------------------|--------------------------|
| *2025       | Co-PI (in ISF grants,   | Co-PI's: Prof. Yuval Palgi, Dr. | ISF Workshop Based on Extant Grant: End-of-Life | The Israeli Science      |

|       |                                                   |                                                                                                                   |                                                                                                                                               |                                                                        |
|-------|---------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
|       | all researchers are Co-PIs)                       | Lee Greenblatt-Kimron, Haifa University                                                                           | Perceptions among Holocaust Survivors, their Families, and their Formal Caregivers                                                            | Foundation, <b>ISF</b> (70,000 NIS)                                    |
| *2024 | PI                                                | Co-PI: Prof. Gloria Gutman, Simon Fraser University                                                               | Impact of the Israel-Hamas War on Jewish Older Adults Living in the Diaspora and Belonging to the LGBT Community                              | The Minerva Center on Intersectionality in Aging (€3,000)              |
| *2022 | Co-PI (in ISF grants, all researchers are Co-PIs) | Co-PI's: Prof. Yuval Palgi, Dr. Lee Greenblatt-Kimron, Haifa University                                           | End-of-life Perceptions among Holocaust Survivors, their Families, and their Formal Caregivers: A Multilevel Study Model                      | The Israeli Science Foundation, <b>ISF</b> (133,000 NIS for 3 years)   |
| *2022 | Co-PI                                             | PI's: Prof. Efrat Netter, Dr. Pnina Dolberg. Co-PI's: Dr. Ronit Even-Zahav, Dr. Yael Sela, Ruppin Academic Center | Survey of Efficacy of Intervention Program among Paid Caregivers of Older Adults                                                              | The Israeli National Social Security Agency (248,644 NIS, for 3 years) |
| *2020 | Co-PI                                             | PI: Dr. Roi Estlein, Co-PI: Dr. Dikla Segal-Karpas, Haifa University                                              | The "Dance" of Distance and Closeness among Older Adults in Lifelong Marriages, Suffering from Psychopathology – Implications for Suicidality | The Research Center on Aging, University of Haifa (5000 NIS)           |

**c. Submission of Research Proposals – Not Funded**

| <b>Year</b> | <b>Role in Research</b> | <b>Co-Researchers</b>                                                                   | <b>Topic</b>                                                                                                                                                | <b>Submitted</b>               |
|-------------|-------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| *2020       | Co-PI                   | Co-PI's: Prof. Yuval Palgi, Dr. Lee Kimron, Haifa University                            | Posttraumatic Stress Symptoms Among Older Adults with a History of Trauma During the Coronavirus Pandemic                                                   | The Israeli Science Foundation |
| 2019        | Co-PI                   | Co-PI's: Prof. Yuval Palgi, Haifa University, Dr. Hisham Abu-Rahya, Tel Aviv University | Positive Aging in the Shadow of Ongoing Stress: The Association between PTSD and Successful Aging within Israeli Society; Correction to Previous Submission | The Israeli Science Foundation |
| 2018        | Co-PI                   | Co-PI's: Prof. Yuval Palgi, Haifa University, Dr. Hisham Abu-Rahya, Tel Aviv University | Positive Aging in the Shadow of Ongoing Stress: The Association between PTSD and Successful Aging within Israeli Society                                    | The Israeli Science Foundation |



## 9. Teaching

### a. Courses Taught in Recent Years

| Year         | Name of Course                                                         | Type of Course                | Degree | Number of Students |
|--------------|------------------------------------------------------------------------|-------------------------------|--------|--------------------|
| 2020-2023    | Research Methods and Statistics                                        | <b>Lecture</b><br>(mandatory) | M.A.   | 28                 |
| 2018-current | Introduction to Psychopathology in Later Life                          | <b>Lecture</b><br>(mandatory) | M.A.   | 25                 |
| 2018-current | Psychodynamic Theories for Understanding Psychopathology in Later Life | <b>Lecture</b><br>(mandatory) | M.A.   | 25                 |
| 2018-current | Non-Psychodynamic Approaches to Personality Theories (part II)         | <b>Lecture</b>                | B.A.   | 46                 |
| 2016-current | Adjustment to Change: Mental Health in Later Life                      | <b>Lecture</b><br>(mandatory) | M.A.   | 25                 |
| 2015-current | Adult Development and Aging                                            | <b>Lecture</b><br>(mandatory) | M.A.   | 25                 |

### b. Supervision of Graduate Students

Supervision of students enrolled in the Program of Clinical Psychology of Adulthood and Aging, about 3 students each academic year

| Name of Student | Title of Thesis                                                                                                       | Degree | Date of Completion/in Progress | Students' Achievements    |
|-----------------|-----------------------------------------------------------------------------------------------------------------------|--------|--------------------------------|---------------------------|
| Talia Karf      | Intergenerational Transmission of Trauma and Posttraumatic Growth: A Dyadic Approach                                  | M.A.   | *In progress                   | Currently collecting data |
| Gili Shavit     | Age Perceptions and Perceptions of Nearness to Death among Holocaust Survivors and Their Offspring: A Dyadic Approach | M.A.   | *In progress                   | Currently collecting data |

|                   |                                                                                                                                                |      |              |                           |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------|--------------|---------------------------|
| Amit Benichou     | Traumatization and Coping in Late Life Among Holocaust Survivors                                                                               | M.A. | *In progress | Currently collecting data |
| Maayan Blum       | Secondary Traumatization Among Offspring of Holocaust Survivors: A Dyadic Approach                                                             | M.A. | *In progress | Currently collecting data |
| Tsur Maoz         | The Well-Being of Older Adults Returning to Their Homes Following Wartime Evacuation: A Qualitative Study                                      | M.A. | *2025        | Approved                  |
| Omer Carmeli      | Posttraumatic Outcomes of the October 7 <sup>th</sup> Attack and Hamas-Israel War Among Offspring of Holocaust Survivors: A Longitudinal Study | M.A. | *2025        | Approved                  |
| Michael Nachmias  | Age Perceptions Interact with Posttraumatic Symptoms to Predict Late-Life Coping among Holocaust Survivors                                     | M.A. | *2024        | Approved                  |
| Maayan McLean     | Interpersonal Treatment and Group Cohesion Predict Outcomes of Group Therapy Among Older Adults                                                | M.A. | *2024        | Approved                  |
| Nitzan Schreiber  | Well-Being and Other Positive Outcomes of Interpersonal Group Therapy for Depression among Older Adults                                        | M.A. | *2024        | Approved                  |
| Maya Paz Ronen    | An Exploratory Study of Interpersonal Group Therapy for Depression among Older Adults in Assisted Living                                       | M.A. | *2024        | Approved                  |
| Tal Maizan        | Secondary Traumatization, Attachment Patterns, and Resilience During the Covid-19 Pandemic                                                     | M.A. | *2023        | Approved                  |
| Ayala Davidovitch | Coping Patterns of Older Adults During the Covid-19 Pandemic                                                                                   | M.A. | *2023        | Approved                  |

|                  |                                                                                                                      |      |       |          |
|------------------|----------------------------------------------------------------------------------------------------------------------|------|-------|----------|
| Gal Bistery      | Subjective Aging among Parents of Children Coping with Cancer                                                        | M.A. | *2023 | Approved |
| Daniel Weisser   | Secondary PTSD and Successful Aging among Second-Generation Holocaust Survivors                                      | M.A. | *2022 | Approved |
| Geffen Shanni    | Posttraumatic Growth and Successful Aging                                                                            | M.A. | *2022 | Approved |
| Noy Yaakubowich  | Secondary PTSD and Successful Aging among Second-Generation Holocaust Survivors                                      | M.A. | *2022 | Approved |
| Shiran Gottesman | Subjective Aging Processes among Bereaved Parents (collaboration with Dr. Kfir Yifrach)                              | M.A. | *2021 | Approved |
| Yael Yadan       | Subjective Aging Processes among Bereaved Parents (collaboration with Dr. Kfir Yifrach)                              | M.A. | *2021 | Approved |
| Chen Rachamim    | Heart Rate Variation and Subjective Aging among Community-Dwelling Older Adults (Collaboration with Prof. Ada Zohar) | M.A. | *2021 | Approved |
| Yohai Peikin     | Intergenerational Transmission of PTSD among First- and Second-Generation Holocaust Survivors                        | M.A. | *2020 | Approved |
| Adva Ronen       | Marital Satisfaction and Views on Aging among Life-Long Couples                                                      | M.A. | *2020 | Approved |
| Rotem Shamir     | Life Events and Adjustment among Holocaust Survivors Acting as Informal Caregivers to Spouses                        | M.A. | 2018  | Approved |
| Rotem Shraga     | Age of Trauma among Holocaust Survivors and its Associations with Well-being in Later Life                           | M.A. | 2018  | Approved |
|                  | The Differential Associations between                                                                                | M.A. | 2018  | Approved |

|                    |                                                                                                      |      |      |          |
|--------------------|------------------------------------------------------------------------------------------------------|------|------|----------|
| Adi Kissos         | Clusters of Posttraumatic Stress Disorder and A-Integration among Holocaust Survivors                |      |      |          |
| Ehud Einat         | Subjective age, Gender, and Well-being among a Sample of Holocaust Survivors                         | M.A. | 2018 | Approved |
| Ziv Wiebel         | Mindfulness-Based Cognitive Therapy Intervention for Older Adults with a History of Major Depression | M.A. | 2017 | Approved |
| Gil Ram            | Differential Coping Patterns among Holocaust Survivors: Associations with Well-being and Health      | M.A. | 2017 | Approved |
| Itamar Oren        | Long-term Dissociation among Ex-Prisoners of War and Accelerated Aging                               | M.A. | 2017 | Approved |
| Alexander Aharonov | A-Integration                                                                                        | M.A. | 2017 | Approved |
| Alona Lichtman     | The Hostile-World Scenario among Holocaust Survivors                                                 | M.A. | 2017 | Approved |

## **10. Professional Experience**

I am a clinical psychologist, having trained at Hadassah Medical Center in Jerusalem and at Tel Aviv Medical Center in Tel Aviv. I currently serve as a senior lecturer, researcher, and clinical psychologist at the Ruppin Academic Center. I also have a private clinical practice in Tel Aviv, with a special interest in working with older adults who are coping with past traumas, life changes, and age-related losses. On the national level, I have served on a committee involved with the well-being of older adults following the October 7<sup>th</sup> attack in the South of Israel, and work with the Center for Resilience (“Hosen”) of the Eshkol County in the South of Israel, treating older adult survivors of the October 7<sup>th</sup> attack.

## **PUBLICATIONS**

### **A. Ph.D. Dissertation**

**Dissertation title:** A Dynamic Approach to Subjective Well-Being: Sustaining Happiness through Declarations in the Face of a Hostile World, (2013). Written in English, Tel Aviv University, Department of Psychology, Advisor: Prof. Dov Shmotkin.

**B. Scientific Books (Refereed)**

NA

**A. Authored Books – Published**

NA

**Authored Books - Accepted for Publication**

NA

**B. Edited Books and Special Journal Issues – Published**

NA

**C. Other Scientific Publications**

NA

**D. Articles in Refereed Journals:****Published**<sup>Stu</sup> Student participating in the study<sup>CA</sup> Corresponding Author

- \*35. Lahav <sup>CA</sup>, Y., **Avidor**, S., Gafter, L. (2026). Cast with Uncertainty: Doubt Regarding Abuse-Related Appraisals and Trauma-Related Distress in the Face of Intimate Partner Violence. *Journal of Trauma & Dissociation*, 1-22.  
<https://doi.org/10.1080/15299732.2026.2613388> IF: 2.4, Q1. Contribution: Helped write the Introduction, Method, Results, and Discussion sections.
- \*34. **Avidor** <sup>CA</sup>, S. & Gutman, G. (2025). A Qualitative Study of the Experiences of Canadian Jewish Older Adults Since the October 7<sup>th</sup> Attack in Israel. *Canadian Journal on Aging*, 45(1), 93–102. <https://doi.org/10.1017/S0714980825100433>. IF: 2.1, Q1. Contribution: Co-planned the study, conducted data analyses, wrote the Introduction, Method, Results, and Discussion sections.
- \*33. **Avidor** <sup>CA</sup>, S., Shenkman, G., Shrira, A., Palgi, Y. & Greenblatt-Kimron, L. (2025). Subjective Aging During War: The Role of Previous Trauma and Perceptions of Aging. *Journals of Gerontology, Psychological Sciences*, 81(20).  
<https://doi.org/10.1093/geronb/gbaf226>. IF: 3.42, Q1. Contribution: Wrote the Introduction, Method, and Results, and contributed to writing the Discussion section.

*Selected as a 2026 Editor's Choice, highlighting exemplary work in the field of psychological science and aging, bringing methodological innovation, substantial findings, and stimulating new directions in research.*

- \*32. **Avidor**<sup>CA</sup>, S. & Shmotkin, D. (2025). Political orientation and mental health during a socio-political crisis in Israel: The intermediary role of the hostile-world scenario. *Frontiers in Psychology*, 3. [doi.org/10.3389/frsps.2025.1431395](https://doi.org/10.3389/frsps.2025.1431395). Advanced online publication. IF: 3.3, Q2, cited by 0. Contribution: Planned the study, collected data, helped with analyses, and wrote the Introduction, Method, and Results sections.
- \*31. Lahav<sup>CA</sup>, Y., **Avidor**, S. & Gafer, L. (2025). A double betrayal: The implications of institutional betrayal for trauma-related symptoms in intimate partner violence survivors. *American Journal of Orthopsychiatry*. [doi.org/10.1037/ort0000826](https://doi.org/10.1037/ort0000826). Advanced online publication. IF: 3.87, Q1, cited by 0. Contribution: Planned and conducted the study and wrote the Introduction and Discussion sections.
- \*30. **Avidor**<sup>CA</sup>, S. & Palgi, Y. (2024). A Unique intervention with older adult survivors of the October 7<sup>th</sup> Attack. *Society & Welfare*, 44, vol. 1, 18-29. [Hebrew]. J conducts a standard reviewing process, no IF, Q-value, and citation info. Contribution: Wrote the Introduction, Methods, Findings, and Discussion.
- \*29. Maytles<sup>CA</sup>, R., Greenblatt-Kimron, L., **Avidor**, S., Bergman, Y. & Palgi, Y. (2024). The Holocaust experience and its role in the association between meaning in life, depressive symptoms, and life satisfaction. *Journal of Gerontological Social Work*, 1–14. <https://doi.org/10.1080/01634372.2024.2351070>. IF: 2.3, Q1, cited by 0. Contribution: Helped with analyses, contributed to writing the Introduction and Discussion sections.
- \*28. **Avidor**<sup>CA</sup>, S. (2023). When Aging and Trauma Intersect: Commentary on “Reciprocal Associations of Posttraumatic Stress Symptoms and Cognitive Decline in Community-Dwelling Older Adults: The Mediating role of Depression”. *International Psychogeriatrics*, 36, 83-85. <https://doi.org/10.1017/S1041610222000461>. IF: 3.87, Q1, cited by 0. Contribution: Planned and wrote the commentary.
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- \*25. Lahav<sup>CA</sup>, Y., **Avidor**, S., Levy, D., Ohry, A., Zeilig, G., Lahav, M., Golander, H., Chacham Guber, A., Uziel, O. & Defrin, R. (2022). Shorter telomeres among individuals with physical disability: The moderating role of perceived stress. *Journals of Gerontology: Psychological Sciences*, 77, 1384-1393. DOI: [10.1093/geronb/gbab200](https://doi.org/10.1093/geronb/gbab200). IF: 3.42, Q1, cited by 0. Contribution: Wrote the Introduction section.
- \*24. **Avidor**<sup>CA</sup>, S. & Ayalon, L. (Authors share equal contribution; 2021). "I have visited my mother, but I did not see her": The effects of the continuous lockdown in CCRCs on residents and their families. *Journal of Applied Gerontology*, 41(1), 22-29. [doi.org/10.1177/07334648211037](https://doi.org/10.1177/07334648211037). IF: 2.75, Q1, cited by 23. Contribution: Planned study, collected data, co-conducted analyses, co-wrote the Introduction, Method, Results, and Discussion sections.
- \*23. **Avidor**<sup>CA</sup>, S., Abu Hamam, A. & Lahav, Y. (2021). The toll of feeling older: Subjective age moderates the associations between anxiety sensitivity and symptoms of anxiety and depression due to COVID-19. *Journals of Gerontology: Psychological Sciences*, 4, 5-10. [doi.org/10.1093/geronb/gbab082](https://doi.org/10.1093/geronb/gbab082). IF: 3.42, Q1, cited by 17. Contribution: Wrote the Introduction, Method, Results, and Discussion sections.
- \*22. **Avidor**<sup>CA</sup>, S.\*, Zerach, G.\* & Solomon, Z. (2021). Aging together in the aftermath of war: marital adjustment and subjective age of veterans and their spouses. *Aging and Mental Health*, 26, 1479–1486. [doi.org/10.1080/13607863.2021.1916877](https://doi.org/10.1080/13607863.2021.1916877). IF: 2.96, Q1, cited by 5. \*Authors share equal contribution and first authorship. Contribution: Wrote the Introduction, Method, Results, and Discussion sections.
- \*21. Ayalon<sup>CA</sup>, L. & **Avidor**, S. (2021). "We have become prisoners of our own age": From a continuing care retirement community to a total institution in the midst of the COVID-19 outbreak. *Age and Ageing*, 50, 664-667. [doi.org/10.1093/ageing/afab013](https://doi.org/10.1093/ageing/afab013). IF: 4.9, Q1, cited by 38. Contribution: Planned study, collected data, co-conducted analyses, contributed to writing the Introduction, Method, Results and Discussion sections of the manuscript.

- \*20. **Avidor**<sup>CA</sup>, S., Palgi, Y. & Solomon, Z. (2021). The Moderating Role of Views of Aging in the Longitudinal Relationship between Physical Health and Mental Distress. *The Journals of Gerontology: Series B, Psychological Sciences and Social Sciences*, 76(5), 871–880. [doi.org/10.1093/geronb/gbaa212](https://doi.org/10.1093/geronb/gbaa212). IF: 3.42, Q1, cited by 5. Contribution: Conducted analyses, wrote the Introduction, Method, Results, and Discussion sections.
- \*19. **Avidor**<sup>CA</sup>, S., Lahav, Y. & Solomon, Z. (2021). The Longitudinal Associations between Attitudes to Aging and Attachment Insecurities among Combat Veterans. *American Journal of Orthopsychiatry*, 91, 162-170. [doi.org/10.1037/ort0000530](https://doi.org/10.1037/ort0000530). IF: 1.8, Q1, cited by 0. Contribution: Wrote the Introduction, Method, Results, and Discussion sections.
- \*18. Palgi<sup>CA</sup>, Y., Shrira, A., **Avidor**, S., Hoffman, Y., Bodner, E., Bergman, Y., Ring, L., Fridel, S. & Keisary, S. (2020). The loneliness pandemic: Loneliness and other concomitants of depression, anxiety, and their comorbidity during the COVID-19 outbreak. *Journal of Affective Disorders*, 279, 209-211. [doi: 10.1016/j.jad.2020.06.036](https://doi.org/10.1016/j.jad.2020.06.036). IF: 4.08, Q1, cited by 646. Contribution: Contributed to writing the Introduction and Discussion sections of the manuscript.
- \*17. **Avidor**<sup>CA</sup>, S., Levi Belz, Y. & Solomon, Z. (2020). What predicts unremitting suicidal ideation? A prospective examination of the role of subjective age in suicidal ideation among ex-prisoners of war. *Psychological Trauma: Theory, Research, Practice, and Policy*, 9, 198-206. [doi.org/10.1037/tra0000958](https://doi.org/10.1037/tra0000958). IF: 2.53; Q1, cited by 4. Contribution: Helped collect data, conducted analyses, wrote the Introduction, Method, Results, and Discussion sections.
- 16. Palgi<sup>CA</sup>, Y., Shrira, A., **Avidor**, S., Hoffman, Y., Bodner, E. & Ben-Ezra, M. (2020). Understanding the long-term connections between posttraumatic stress, subjective age, and successful aging among midlife and older adults. *European Journal of Psychotraumatology*, 10, 1. [doi:10.1080/20008198.2019.1583523](https://doi.org/10.1080/20008198.2019.1583523). IF: 3.02, Q1, cited by 26. Contribution: Wrote the Introduction and Discussion sections.
- 15. Lahav<sup>CA</sup>, Y., **Avidor**, S., Stein, C., Zhou, X. & Solomon, Z. (2020). Telomere length and depression among ex-prisoners of war. *The Journals of Gerontology Series B: Psychological Sciences*, 75, 21-29. [DOI: 10.1093/geronb/gby006](https://doi.org/10.1093/geronb/gby006). IF: 3.42; Q1, cited by 20. Contribution: Wrote the Introduction and Discussion sections.
- 14. Shrira<sup>CA</sup>, A., Palgi, Y., Hoffman, Y., **Avidor**, S., Bodner, E., Ben-Ezra, M. & Bensimon, M. (2018). Subjective age as a moderator in the reciprocal effects between



- posttraumatic stress disorder symptoms and self-rated physical functioning. *Frontiers in Psychology*, 9, 1746. [doi.org/10.3389/fpsyg.2018.01746](https://doi.org/10.3389/fpsyg.2018.01746). IF: 2.09; Q1, cited by 19. Contribution: Wrote the Introduction and Discussion sections.
13. Palgi<sup>CA</sup>, Y., Ayalon, L., **Avidor**, S., Segal-Karpas, D. & Bodner, E. (2018). On the edge: The association between extreme values of felt age and functioning among adults and older adults. *Psychiatry Research*, 270, 538-543. [doi.org/10.1016/j.psychres.2018.10.035](https://doi.org/10.1016/j.psychres.2018.10.035). IF: 2.21; Q1, cited by 11. Contribution: Wrote the Introduction and Discussion sections.
12. Palgi<sup>CA</sup>, Y., **Avidor**, S., Shrira, A., Bodner, E., Ben-Ezra, M., Zaslavsky, O. & Hoffman, Y. (2018). Perception Counts: The relationships of inner perceptions of trauma and PTSD symptoms across time. *Psychiatry*, 14, 1-15. [doi: 10.1080/00332747.2018.1485370](https://doi.org/10.1080/00332747.2018.1485370). IF: 1.87; Q2, cited by 23. Contribution: Wrote the Introduction and Discussion sections.
11. Gum<sup>CA</sup>, A., Ayalon, L., Segal-Karpas, D., **Avidor**, S., Palgi, Y. & Bodner, E. (2018). Grip strength and quality of life in the second half of life: Hope as a moderator. *Aging and Mental Health*, 22, 1600-1605. [doi:10.1080/13607863.2017.1383972](https://doi.org/10.1080/13607863.2017.1383972). IF: 2.96; Q1, cited by 9. Contribution: Wrote the Introduction and Discussion sections.
10. Itzhaky<sup>CA</sup>, L., **Avidor**, S. & Solomon, Z. (2017). Long-term guilt and hostility underlying posttraumatic stress symptoms among ex-POWs and combat veterans. *Journal of Loss and Trauma*, 22, 228-239. [doi.org/10.1080/15325024.2017.1284491](https://doi.org/10.1080/15325024.2017.1284491). IF: 0.75; Q2, cited by 10. Contribution: Wrote the Introduction and Discussion sections.
9. **Avidor**<sup>CA</sup>, S., Solomon, Z. & Levin, Y. (2017). Guilt as a mediator between depressive symptoms and subjective age: A 17-year longitudinal study of Israeli ex-prisoners of war. *American Journal of Orthopsychiatry*, 88, 199-201. [doi.org/10.1037/ort0000212](https://doi.org/10.1037/ort0000212). IF: 1.89; Q1, cited by 9. Contribution: Analyzed data, wrote the Introduction, Method, Results, and Discussion sections.
8. **Avidor**<sup>CA</sup>, S., Palgi, Y. & Solomon, Z. (2017). Lower subjective life expectancy in later life is a risk factor for posttraumatic symptoms among trauma survivors. *Psychological Trauma: Theory, Research, Practice, and Policy*, 9, 198-206. [doi: 10.1037/tra0000182](https://doi.org/10.1037/tra0000182). IF: 2.53; Q1, cited by 13. Contribution: Analyzed data, wrote the Introduction, Method, Results, and Discussion sections.
7. Palgi<sup>CA</sup>, Y., Ayalon, L., **Avidor**, S. & Bodner, E. (2017). Change in positive and negative affect as predictors of change in felt age: Results from the Health and Retirement Study. *The Journal of Positive Psychology*, 12, 605-612.

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6. Bodner<sup>CA</sup>, E., Ayalon, L., **Avidor**, S. & Palgi, Y. (2016). Accelerated increase and relative decrease in subjective age and changes in attitudes toward own aging over a 4-year-period: Results from the Health and Retirement Study. *European Journal of Aging*, 14, 17-27. [doi: 10.1007/s10433-016-0383-2](https://doi.org/10.1007/s10433-016-0383-2). IF: 2.18; Q1, cited by 53. Contribution: Wrote the Introduction and Discussion sections.
  5. **Avidor**<sup>CA</sup>, S., Ayalon, L., Palgi, Y. & Bodner, E. (2016). Longitudinal associations between perceived age discrimination and subjective well-being: Variations by age and subjective life expectancy. *Aging and Mental Health*, 21, 761-765. [doi:0.1080/13607863.2016.1156050](https://doi.org/10.1080/13607863.2016.1156050). IF: 2.96; Q1, cited by 55. Contribution: Analyzed data, wrote the Introduction, Method, Results, and Discussion sections.
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  3. Ayalon<sup>CA</sup>, L., Palgi, Y., **Avidor**, S. & Bodner, E. (2015). Accelerated increase and decrease in subjective age as a function of changes in loneliness and objective social indicators over a four-year period: Results from the Health and Retirement Study. *Aging and Mental Health*, 20, 743-751. [doi: 10.1080/13607863.2015.1035696](https://doi.org/10.1080/13607863.2015.1035696). IF: 2.96; Q1, cited by 36. Contribution: Wrote the Introduction and Discussion sections.
  - 2a. Solomon, Z., **Avidor**<sup>CA</sup>, S. & Givon Mantin, H. (2015). Guilt among ex-prisoners of war. *Journal of Aggression Maltreatment & Trauma*, 7, 721-739. [doi.org/10.1080/10926771.2015.1079284](https://doi.org/10.1080/10926771.2015.1079284). IF: 0.83; Q2, cited by 13. Contribution: Wrote the Introduction, Method, Results, and Discussion sections.
  - 2b. Solomon, S., Givon-Mantin, H. & **Avidor**<sup>CA</sup>, S. (2015). Factors predicting guilt among ex-POWs of the Yom-Kippur War (Hebrew). *Megamot*, Manuscript no. 2668. J conducts a standard reviewing process, no IF, Q-value, and citation info. Contribution: Wrote the manuscript.
  1. **Avidor**<sup>CA</sup>, S., Benyamini, Y. & Solomon, Z. (2014). Subjective age and health in later life: The moderating role of posttraumatic symptoms. *Journal of Gerontology: Psychological Sciences*, 71, 415-424. [doi:10.1093/geronb/gbu150](https://doi.org/10.1093/geronb/gbu150). IF: 3.42; Q1, cited by

7. Contribution: Conducted analyses, wrote the Introduction, Method, Results, and Discussion sections.

### **Accepted for Publication**

- \*1. Lahav<sup>CA</sup>, Y., **Avidor**, S., Gafter, L. (2026). Body Dysmorphic Disorder and Intimate Partner Violence – The Role of PTSD and Complex PTSD Symptoms. *Accepted for publication with the European Journal of Psychotraumatology*. IF: 4.2; Q1.
- \*2. Lahav<sup>CA</sup>, Y., **Avidor**, S., Gafter, L. (2026). Suicidality and Doubt Regarding Abuse-Related Appraisals Among Women Exposed to Intimate Partner Violence. *Accepted for publication with the Journal of Interpersonal Violence*. IF: 2.2; Q1.

### **E. Articles or Chapters in Scientific Books (which are not Conference Proceedings)**

- \*1. Hoffman<sup>CA</sup>, Y., **Avidor**, S. & Palgi, Y. (2022). Subjective views of aging in the context of adversity: In support of a resource-stress model. In: Y. Palgi, M. Diehl, & A. Shrira (Eds.) *Subjective Views of Aging: Theory, Research, and Practice*. International Perspectives on Aging, vol 33. Springer, Cham. [https://doi.org/10.1007/978-3-031-11073-3\\_15](https://doi.org/10.1007/978-3-031-11073-3_15)

### **F. Articles in Conference Proceedings**

NA

### **G. Entries in Encyclopedias**

NA

### **H. Other Scientific Publications**

- 1. **Avidor**<sup>CA</sup>, S. (2021). In the shadow of trauma (and in its light): A conversation with Dr. David (Dudi) Senesh (Hebrew). *Gerontology & Geriatrics*, 48, vol. 2.
- 2. **Avidor**<sup>CA</sup>, S. & Ayalon, L. (2020). Selective isolation of older adults is ageist and unhealthy. *Response to the article by Savulescu & Cameron*. [Comment on webpage *Journal of Medical Ethics*]. <https://jme.bmj.com/content/early/2020/06/18/medethics-2020-106336.responses?versioned=true>

### **I. Other Publications**

NA

### **J. Other Works Connected with my Scholarly Field**

1. Palgi, Y., & Avidor, S. (Eds.) Guest editor with *Gerontology and Geriatrics*, 47, vol. 3-4 (Hebrew peer-reviewed Journal of the Israeli gerontological society), January 2021, Special issue on effects of COVID-19 on older adults in Israel.

#### **K. Submitted Publications**

1. Lahav, Y., **Avidor, S.** & Gafer, Lee. Posttraumatic doubt among survivors of intimate partner violence. *American Journal of Orthopsychiatry*. IF: 3.87, Q1. Contribution: Wrote the Introduction and Discussion sections.

#### **Manuscripts in Preparation**

1. **Avidor, S.**, Ifrach, K., Ronen<sup>STU</sup>, M., Shreiber<sup>STU</sup>, N., Maliach<sup>STU</sup>, O. & Feldman<sup>STU</sup>, I. A Protocol for Group Interpersonal Therapy among Older Adults in Long-Term Care Facilities.

#### **L. Summary of my Activities and Future Plans**

My primary interest lies in understanding how trauma histories affect mental health outcomes in late life, and in exploring how mental health services can be made more accessible to older adults—an area that remains underrepresented in both research and clinical infrastructure in Israel and in many other countries around the world. Since helping establish the Clinical Psychology of Adulthood and Aging Program ten years ago, I have collaborated in guiding its growth with an emphasis on integrating community needs into training and research. In the coming academic year, I plan to continue working on projects related to aging, mental health, and perceptions of aging, with a focus on publication. These include furthering the understanding of the impact of trauma on mental health among the aging population and bringing this understanding into the improvement of mental health and psychological therapy for older adults. To that end, I will continue to be involved in research groups focused on aging processes. This involves my ongoing collaboration with colleagues and mentors from the fields of psychology and gerontology at various academic institutions in Israel and in other countries. In the summer of 2024, as part of my sabbatical leave, I traveled to Vancouver, Canada, to collaborate with Prof. Gloria Gutman of Simon Fraser University's Gerontology Department. We conducted a study on the impact of anti-Israeli and antisemitic expressions following the Israel-Hamas war among Jewish older adults, including those who are LGBT. One paper has been published based on these data in the *Canadian Review of Aging*, and another has been

presented at the international conference of the Quality-of-Life Association. We are currently preparing manuscripts based on our initial findings and have submitted further work to be presented at international conferences on aging.

I am currently also involved in a research project on end-of-life perceptions and preparations among Holocaust survivors and their families, funded by the Israeli Science Foundation with the rank Prof. Yuval Palgi and Dr. Lee Greenblatt-Kimron from Haifa University. At the same time, I am involved in a research collaboration between researchers from different disciplines at Ruppin Academic Center. Funded by the Israeli National Social Security Agency, the study follows and measures the efficacy of support groups for formal caregivers of older adults, with Prof. Efrat Neter and Drs. Pnina Dolberg, Ronit Even-Zahav, and Yael Sela. Another project I am currently involved in is co-authoring a research grant on vulnerabilities to stressors among German and Israeli second-generation Holocaust survivors, to be submitted to the Israeli Science Foundation collaboration program with the German Research Foundation (DFG), along with colleagues from Germany (Profs. Yuriy Nesterko and Maria Böttche of Freien Universität Berlin) and Israel (Profs. Amit Shrira and Yaakov Hoffman of Bar Ilan University).

In the past year, I have been involved, with my colleagues, in carrying out research about the treatment of negative mental health outcomes among older adults. Alongside my colleague, Dr. Kfir Yifrach, we have begun examining and disseminating group therapy based on interpersonal therapy interventions (which have previously not been examined in contexts such as long-term care for older adults). In the coming year, I plan to continue this research to understand how to best assist older adults who suffer from loneliness, depression, or grief.

Lastly, the 07/10/23 attack in Israel has raised urgent concerns within the older adult population, namely vulnerability and resilience in the face of the ongoing threat due to the war. Since the attack and during the war, I have been involved in assisting midlife and older adults who have been affected by these extremely stressful circumstances. This includes group and individual support for citizens of the south of Israel who have survived the attacks, have had many traumatic losses, and have been evacuated from their homes, thus coping with a constantly changing reality.