

**Name:** Iris Shachar-Lavie

**Date:** July, 2024

## **CURRICULUM VITAE**

### **1. Personal Details**

Permanent Home Address: Hatikva 17, Ra'anana

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### **2. Higher Education**

#### **A. Undergraduate and Graduate Studies**

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
2009-2012	Bar-Ilan University, Psychology Department. Full excellence scholarship	Ph.D.	2012
2007-2009	Bar-Ilan University, Psychology Department.	M.A	2009
2004-2007	Tel-Aviv University, Social Science	B.A	2007

#### **B. Post-Doctoral Studies**

<b>Period of Study</b>	<b>Name of Institution, Department and Host</b>	<b>Year of Completion</b>
2012-2013	Part-time post-doctoral position, Bar Ilan University, Psychology Department, advisor: Prof. Eva Gilboa-Schechtman.	2013

### **3. Academic Ranks and Tenure in Institutes of Higher Education**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
2012-2013	Part-time post-doctoral position, Bar Ilan University, Psychology Department, advisor: Prof. Eva Gilboa-Schechtman.	Part-time research associate

### **4. Offices in Academic Administration**

Not Applicable.

### **5. Scholarly Positions and Activities outside the Institution**

- 2021-Present*      Leading the psycho-social research team in the **Long-Covid Clinic**, Schneider Children's Medical Center. Designing and implementing the research on psychological implications of Long-Covid syndrome on children and adolescents.
- 2020-Present*      Project leader: **Integrating mental health in pediatric primary care**, Schneider Children's Medical Center. The project aims to research and establish ways in which the pediatric medical team will identify, assess, and manage mild to moderate mental health issues. Project responsibilities include planning research design, integrating mental health assessment tools within a medical unit in Schneider, managing four research assistances, all IRB approvals, presenting results in conferences and academic manuscripts.
- 2018- 2021*      Research Associate in the **Eating Disorder and Bariatrics Unit in the Child and Adolescent Psychiatry Unit**, Schneider Children's Medical Center, Petah Tikva, Israel.
- Research projects include but are not limited to:
- Establishing a unified research infrastructure for all eating disorder treatment options in the hospital: inpatient care, outpatient clinic, paediatric hospitalization, etc.

- Bariatric surgery preparation intervention program: Formulating a phone application to be combined in the intervention program and examining its utility.
- Exploring parents' change in attitudes and levels of distress during and after their child's hospitalization in an eating disorder unit.

## 6. Participation in Scholarly Conferences

### a. Active Participation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
May, 2012	The annual conference of the Israeli Adult Psychiatric Association	Tel-Aviv, Israel	Social use of the Internet and social anxiety amongst adolescents: Characteristics and implications	Presenter
June, 2017	Annual Conference of the Israeli Association of Eating Disorders	Tel-Hashomer, Israel	Anorexia and Selective Mutism: A case study	Lecturer
June, 2020	Annual Conference of the Israeli Association of Eating Disorders	Tel-Hashomer, Israel	Mentalization and Non-Violent Resistance: Parents groups for eating Disorders	Lecturer
March, 2012	The 2 <sup>nd</sup> annual conference of the 'Non-Violent Resistance' family	Antwerp, Belgium	The digital family	Presenter

	therapy international conference			
September, 2010	The annual conference of the NVRG (the Dutch Association of Marital and Family Therapy	Utrecht, Holland	Digital Natives and Digital Immigrants: Parent and child relationship in the digital age	Presenter
May, 2022	40th Annual Meeting of the European Society for Paediatric Infectious Diseases (ESPID)	Athens, Greece	Mental health among Children with Long- Covid during the Covid-19 pandemic	Co-presenter

**b. Organization of Conferences or Sessions**

Not applicable

**7. Invited Lectures\ Colloquium Talks**

Not Applicable

**8. Research Grants**

**a. Grants Awarded**

<b>Role in Research</b>	<b>Co-Researchers</b>	<b>Topic</b>	<b>Funded by/ Amount</b>	<b>Year</b>
Research coordinator	Prof. Silvana Fennig	Integration of Mental health in Pediatric community settings	Children's Health Alliance in Israel (CHAI)/ 100,000 SH	2019

Researcher	Silvana Fennig, MD Arielle Bennis, Prof.	Big data analysis of pediatric digital records for mental health awareness and prediction.	Clalit HMO, and Holon Institute of Technology (HIT)/ 50,000 SH	2023
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**b. Submission of Research Proposals – Pending**

Role in Research	Co-Researchers	Topic	Submitted to	Year
Researcher	Silvana Fennig, M.D Shulamit Pinchover, PhD	Prediction of Mental Health Problems via Medical Records.	The Israel National Institute For Health Policy Research	2024
Researcher	Shulamit Pinchover, PhD	Physical Health as Predictors of Children and Adolescents Mental Health Outcomes: A Big Data Retrospective Analysis	Marian R. Stuart Grant	

**c. Submission of Research Proposals – Not Funded**

Not applicable

**9. Scholarships, Awards and Prizes**

Not applicable

**10. Teaching**

a. **Courses Taught in Recent Years**

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop/High Learn Course/ Introduction Course (Mandatory)	Degree	Number of Students
2023-2024	Crisis assessment and Intervention	Course (Mandatory)	M.A	28
2024	Psychodynamic case studies	Course (Elective)	M.A	28
2021-2024	Suicide Prevention	Seminar	B.A	80
2022-2023	Personality Theories	Introduction Course	B.A	170
2022-2024	Psychotherapy practicum	Seminar	M.A	8

b. **Supervision of Graduate Students**

Name of Student	Title of Thesis	Degree	Date of Completion / in Progress	Students' Achievements
Shuki Wexler	Attention Deficits and hyperactivity in Long Covid Patients	M.A	Completed 2023	85
Coral Naaman	Differences between parents' and children's' reports on mental health in	M.A	In progress Co Advisor- Ma'ayan Shorer	

	different medical settings.			
Gal Givon	The relationship between parental characteristics and a sense of entitlement and pathological caring of girls suffering from eating disorders compared to girls without eating disorders	M.A	In progress	

## **11. Miscellaneous**

- 2013-2019* Teacher assistant at the Psychology department, IDC Herzelia, (MA in clinical psychology) Course: "Psychodynamic Theories in Child and Adolescent Psychotherapy" with Dr. Orit Krispin
- 2010-2011* Teacher assistant at the Psychology department of Bar Ilan University, in the seminar "Social Anxiety", working with Prof. Eva Gilboa-Schechtman.
- 2010-2011* Teacher assistant at the Psychology department (MA in clinical psychology) of the Tel Aviv University in the seminar "Parental Supervision", working with Prof. Haim Omer.
- 2009-2011* Instructor and teacher assistant at the Psychiatry department of Schneider medical center and the Psychology department of the Tel Aviv University, B.A practicum course, "Non-Violent Resistance therapy for parents of children with behavioral problems", working with Prof. Haim Omer
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## **12. Professional Experience**

### **Clinical Activities**

2017-present	Psychologist in private practice
2018-present	Psychologist in Schneider Medical Center, working in: <ul style="list-style-type: none"> <li>• Long-Covid clinic</li> <li>• Eating Disorder outpatient clinic</li> <li>• Pediatric day-hospitalization unit, assessing and delivering short term interventions to children and adolescents in treatment for various medical conditions.</li> </ul>
2011-2017	Clinical Child Psychology intern at Schneider Children's Medical Center, Petah Tikva, Israel. Special internship in the eating disorders department.
2007-2009	Practicum – Bar-Ilan University Community Clinic, Ramat Gan, Israel.

## **PUBLICATIONS**

### **A. Ph.D. Dissertation**

Title: "Social Use of the Internet and Social Anxiety amongst Adolescents: Characteristics and Implications"

Advisor: Prof. Eva Gilboa-Schechtman

Institution: Bar-Ilan University, Israel

### **B. Scientific Books (Refereed)**

Not applicable

### **C. Other Scientific Publications:**

Not applicable

### **D. Articles in Journals**

#### **Published**

1. **Shachar, I.**, Gilboa-Schechtman, E. (2012). Social use of the Internet and Social Anxiety amongst Adolescents: Characteristics and implications, *The Israeli Journal of Psychiatry and Related Sciences*, 49(1):37-37 [Hebrew]. Q4 IF 0.24
2. Gilboa-Schechtman, E. **Shachar, I.** (2013). More than a face: A unified theoretical perspective on nonverbal social cue processing in social anxiety. *Frontiers in Human Neuroscience*, 7, Article 904. Q2, IF 3.209 citations: 65.



3. Lavi-Levavi, I., **Shachar, I.**, & Omer, H. (2013). Training in nonviolent resistance for parents of violent children: Differences between fathers and mothers. *Journal of Systemic Therapies*, 32(4), 79-93. IF 0.3 citations:44
4. **Shachar, I.**, Aderka, I., Gilboa-Schechtman E., (2014). The factor structure of the Liebowitz Social Anxiety Scale for Children and Adolescents: Development of a brief version. *Child Psychiatry and Human Development*, Vol 45(3), 285-293. Q1, IF 2.35, citations:15.
5. Snir, I. **Shachar-Lavie, I.** & Fennig, S., (2020). Change processes in anorexia nervosa among inpatient adolescents: The role of depression and suicidality. *Mifgash: Journal of Social-Education Work*, Vol 28 (51-52), 195-212 [Hebrew].
6. Fennig, U., Brik, S., Sela, A., **Shachar-Lavie, I.**, Tahar, T., Halifa- Kurtzman, I., Hadas, A., & Fennig, S., (2021). Weight and Waiting for Adolescent's Bariatric Surgery: Changes in Weight During Waiting Periods for Bariatric Surgery in Adolescents. *Obesity Surgery*, Vol 30, 2920-2926. Q1, IF 3.603
7. **Shachar-Lavie, I.**, Segal, H., Oryan, Z., Halifa-Kurtzman, I., Bar-Eyal, A., Hadas, A., & Fennig, S. (2022). Atypical anorexia nervosa: Rethinking the association between target weight and rehospitalization. *Eating Behaviors*, 46, 101649. Q2, IF 2.699 citations:1
8. **Shachar-Lavie, I.**, Shorer, M., Segal, H., Fennig, S., & Ashkenazi-Hoffnung, L. (2023). Mental health among children with long COVID during the COVID-19 pandemic. *European Journal of Pediatrics*, 1-9. Q1, IF 3.86
9. Liberman, L., Nevo-Shenker, M., Bello, R., Yackobovitch-Gavan, M., **Shachar-Lavie, I.**, Wójcik, M., Starmach, A., Starzyk, J., Kostopoulou, E., Chrysis, D., Phillip, M. (2023) Fear of hyperglycemia in parents of children with type 1 diabetes mellitus - a multi-center multi-national study. *Diabetic medicine*, accepted for publication, DOI: 10.1111/dme.15114. Q1, IF 4.21
10. Bachner-Melman, R., Rom, R., Lev-Ari, L., **Shachar-Lavie, I.**, Krispin, O., & Tolmacz, R. (2023). Relational attitudes in adolescent girls with and without a diagnosis of anorexia nervosa or atypical anorexia nervosa. *Journal of Eating Disorders*, 11(1), 166. Q1, IF 3.5
11. **Shachar-Lavie, I.**, Mansbach-Kleinfeld, I., Ashkenazi-Hoffnung, L., Benaroya-Milshtein, N., Liberman A., Brik, S., Segal, H., Fennig, S. (2024) Screening for

emotional problems in pediatric hospital outpatient clinics: Psychometric traits of the Pediatric Symptom Checklist (Hebrew version). *Journal of Clinical Psychology in Medical Settings*, 31(2), 432-443. Q2 IF 1.9

12. Shellac, E., Lev-Wiesel, R., **Shachar-Lavie, I.**, Hadas, A., Sela, A., Halifa-Kurzman, I., Fennig, S. (2024). Barriers to Adolescents' Adherence to Medical Advice after Metabolic Bariatric Surgery: A Statistical Analysis. *Journal of Clinical Medicine*, 13(6), 1762. Q1, IF 3.0
13. Segal H, Benis A, Saar S, **Shachar-Lavie I**, Fennig S. (2024). Digital Platform for Pediatric Mental Health Support During Armed Conflicts: Development and Usability Study. *JMIR Formative Research*. 26(8) doi: 10.2196/63777. Q2, IF 0.64

#### **Accepted for Publication**

NA

#### **E. Articles or Chapters in Scientific Books**

1. Gilboa-Schechtman, E., **Sachar, I.**, Helpan, L. (2014). Evolutionary Perspective on Social Anxiety. In S. G. Hofmann, (Ed) & P. M DiBartolo, (Ed) *Social anxiety: Clinical, developmental, and social perspectives, 3rd ed.*, (pp. 599-622). San Diego, CA, US: Elsevier Academic Press. Citations: 29
2. Gilboa-Schechtman, E., **Shachar I.**, Sahar, Y., (2014). Positivity impairment as a broad-based feature of social anxiety. In Weeks J. (Ed.), *Wiley-Blackwell Handbook on Social Anxiety Disorder*, (pp. 409-432). Wiley-Blackwell. Citations: 37

#### **F. Articles in Conference Proceedings**

Not applicable

#### **G. Entries in Encyclopedias**

Not applicable

#### **H. Other Scientific Publications**

Not applicable

#### **I. Other Publications**

1. **Shachar, I.** (2011) Vigilant Care, In Vanderfaeillie, J. (ED). Applications and Illustrations of Nonviolent Resistance and the New Authority in Family Therapy, Education and Psychiatric Care. ASP/VUBPRESS/UPA.

2. Omer, H., **Shachar I.**, Amiel I. (2011). Omer H., (Ed), Vigilant Care. In The New Authority: Family, school and community, (pp. 37-88). New York, US: Cambridge University Press.

**J. Other Works Connected with my Scholarly Field**

Not applicable

**K. Submitted Publications**

1. Goldstein, A., **Shachar-Lavie, I.**, Krispin, O., Rom, R., Gur, E., Horesh-Reinman, N., & Gvion, Y. Eating Disorders and Suicidal Behavior: Age differences in the context of the IPTS theory. Manuscript submitted to: *Journal of Clinical Psychology*
2. Segal, H., **Shachar-Lavie, I.**, Bar-David, I., Fennig, S., Benaroya-Milshtein, N. Children and adolescents with ADHD during the COVID-19 pandemic. Manuscript submitted to: *European child and adolescent psychiatry*.
3. Segal, H., Bennis, A., Saar, S., **Shachar-Lavie, I.**, I., Fennig. Mental Health Crisis in Pediatric Primary Care: The Development of a Digital Tool during Armed Conflicts. Manuscript submitted to: *JMIR: Formative Research*.

**Summary of my Activities and Future Plans**

My research experience and future goals reflect my interest in the meeting point of body and mind and how mental pain manifests itself through physical mechanisms.

One aspect of this interest is my work in eating disorders. I have been a clinician in the adolescent eating disorder clinic at Schneider Medical Center for over a decade. Following my clinical interest, I have been studying adolescents with Anorexia Nervosa, specifically in the sub-diagnosis of Atypical Anorexia. My work with eating disorders has expanded to morbid obesity and bariatric surgery in adolescents. More specifically, I am a part of a longitudinal research exploring the long-term ramifications of bariatric surgery on adolescents' mental health. In my work with all problematic eating behaviors, I am interested in parents' role in treating these disorders. Thus, I am exploring the effectiveness of different parents' guidance and their level of involvement in the treatment.

A second meeting point of physical and mental health developed due to my work in a children's hospital daycare ward. Clinically, I was exposed to diverse physical ailments,

resulting in different emotional and familial consequences. My clinical experience was the setting from which an exciting new project emerged exploring pediatricians' work in the field of mental health. I have been leading this project, which included managing a budget, studying similar endeavors abroad, and planning the accompanying research.

In this project, I employed my psychometric capabilities as our team translated, validated, and found appropriate cutoff points for a questionnaire to be used by pediatricians. In addition, we are currently working on a study exploring the differences between different informants in the same questionnaire. Also, the information retrieved from the questionnaires is compared with the patient's medical record, and a manuscript regarding the discrepancies between these sources is written. I hope this project will develop and grow clinically and research-wise; I believe it can change the relationship between pediatricians and their patient's mental health.

As the Covid-19 pandemic broke, data collected from children in the hospital before the pandemic proved valuable as we re-evaluated and demonstrated data before and after lockdown measures, specifically for children with pre-existing mental health conditions. Moreover, I was the leading psychologist at the Long-Covid Children's clinic, studying and publishing a paper regarding the mental health ramifications of Long-Covid. As a clinician and a researcher in the mental health field, I believe exploring issues related to the Covid pandemic, and its various social implications are of great importance and potential. Therefore, I am accompanying two students in their work, expanding our work in the Long Covid clinic and assessing more variables and populations.

An integral part of my work, from which I draw great satisfaction, is teaching and training students. I believe I can address the clinical, theoretical, and empirical domains when working with young clinicians. The integration of these domains is part of the evolution I believe the field of psychology is undergoing. In the future, I see great importance in accompanying young students in the challenges this integration brings.