

**Name: Yossi Levi-Belz**

**Date: FEB 2019**

## **CURRICULUM VITAE**

### **1. Personal Details**

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### **2. Higher Education**

#### **A. Undergraduate and Graduate Studies**

<b>Period of Study</b>	<b>Name of Institute and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
1998-2000	Haifa University, Psychology and Honors Program	B.A	2000
2001-2003	Bar-Ilan University, Clinical Psychology	M.A.	2004
2002-2006	Bar-Ilan University, Clinical Psychology	PhD.	2006

### **3. Academic Ranks and Tenure in Institutes of Higher Education**

<b>Dates</b>	<b>Name of Institute and Department</b>	<b>Rank/Position</b>
2001-2007	Open University, Department of Psychology	Lecturer
2009-2014	Ruppin Academic Center, Department of Behavioral Sciences	Lecturer
2015-present	Ruppin Academic Center, Department of Behavioral Sciences	Senior Lecturer
2015-present	Ruppin Academic Center, Department of Behavioral Sciences	Chair, Department of Behavioral Sciences

### **4. Offices in Academic Administration**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
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2009- Present	Ruppin Academic Center, Clinical Psychology Master's Program	Head of Psychodiagnosis Division
2011-Present	Ruppin Academic Center, Department of Behavioral Sciences,	Chair, Honors Program, Department Of Behavioral Sciences
2015-Present	Ruppin Academic Center, Department of Behavioral Sciences,	Chair
2016-Present	Ruppin Academic Center, The Center for Suicide and Mental Pain Studies	Chair

## 5. Scholarly Positions and Activities Outside the Institution

### (a) Official roles in national symposiums:

2013	Co-Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent – 2013</i> . <a href="http://www.isrs.org.il/תקצירי-הרצאות.html">www.isrs.org.il/תקצירי-הרצאות.html</a>
2014	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent - 2014</i> . <a href="http://www.isrs.org.il/תקצירי-מושבי-הכנס.html">www.isrs.org.il/תקצירי-מושבי-הכנס.html</a>
2015	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent - 2015</i> . <a href="http://www.isrs.org.il/תקצירי-מושבי-הכנס.html">www.isrs.org.il/תקצירי-מושבי-הכנס.html</a>
2016	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent - 2016</i> . <a href="http://www.isrs.org.il/">http://www.isrs.org.il/</a>
2017	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent- 2017</i> . <a href="http://www.isrs.org.il/">http://www.isrs.org.il/</a>
2018	Co- Chair of the Israel Suicide Research Symposium (ISRS): <i>To understand in order to prevent- 2018</i> . <a href="http://www.isrs.org.il/">http://www.isrs.org.il/</a>
2018	Co- Chair of suicide prevention convention "to meet suicidality in the clinic".

### (b) Roles in national committees and associations:

2010-Present	Board Member, "Bishvil Hahayim"- The Israeli Association for Suicide Prevention
2013-present	Head, Research Division -"Bishvil Hahayim Association"
2015-present	Member, sub-committee of the National Council of Suicide Prevention in Israel

2018-present	Member – steering committee for suicide prevention among LGBT
2018-present	Member – steering committee for mental health research in the IDF
2018-present	Head, sub-committee of the National Council of Suicide Prevention in Israel – suicide prevention in Israeli railways

**(c) Membership in professional/scientific societies:**

2013 - Present - International Academy of Suicide Research – IASR

2018 - Present - International Academy of Suicide prevention – IASP

**(d) Ad-hoc editor in journals:**

2017-present	<i>Frontiers in Psychiatry</i>
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**(e) Ad-Hoc reviewer for journals:**

2008-present	<i>Archives of Suicide Research</i>
2009-present	<i>Crisis - The Journal of Crisis Intervention and Suicide Prevention</i>
2010-2016	<i>Journal of Affective Disorders</i>
2011-present	<i>Frontiers in psychology</i>
2012-2014	<i>European Psychiatry</i>
2012-present	<i>Suicide and Life-Threatening Behavior</i>
2014-2017	<i>Psychological Trauma: Theory, Research, Practice, and Policy</i>
2016	<i>International Journal of Environmental Research and Public Health</i>
2015-2017	<i>Psychiatry Research</i>
2017	<i>PLOS ONE</i>
2017	<i>Journal of Clinical Psychiatry</i>
2017-2018	<i>Journal of Psychiatric Research</i>
2017	<i>Behavior Therapy</i>
2018	<i>Anxiety, Stress and Coping</i>
2018	<i>Peer J</i>
2018	<i>Clinical Psychology Review</i>
2018	<i>European Child &amp; Adolescent Psychiatry</i>

**(f) Ad-hoc reviewer for grant proposals :**

2016	Israeli National Cancer Association
2017	The Israel National Institute for Health Policy Research

## 6. Participation in Scholarly Conferences

### a. Active Participation

#### International conferences

Date	Name of Conference	Location of Conference	Subject of Lecture/Discussion	Role
2006	Psychiatric Danubina	Stockholm, Sweden	<i>Communications difficulties in high lethal vs. low lethal suicide attempters</i>	Co-Presenter
2006	The Pittsburgh Convention for Suicide Prevention	Pittsburgh, USA	<i>The impossible situation: Communication and mental pain in medically serious suicidal behavior</i>	Co-Presenter
2008	Understanding Youth Suicide: A Meeting of Differing Perspectives	Ma'ale Ha'Hamisha, Israel	<i>Mental pain and its communication in medically serious suicide attempts</i>	Co-Presenter
2011	19 <sup>th</sup> European Congress of Psychiatry	Vienna, Austria	<i>Intent, lethality, and psychological characteristics of medically serious suicide attempters</i>	Presenter
2011	19 <sup>th</sup> European Congress of Psychiatry	Vienna, Austria	<i>Support groups for suicide survivors: Self-regulation and social support as mediating the effect of recovery</i>	Presenter
2011	14 <sup>th</sup> International Congress of ESCAP - European Society for Child and Adolescent Psychiatry	Helsinki, Finland	<i>A comprehensive model of suicidality and problem behavior theory in adolescence</i>	Co-Presenter
2012	16 <sup>th</sup> European Conference on Personality	Trieste, Italy	<i>The role of adult attachment style and mental pain in medical lethality and intent among nearly fatal suicide attempters.</i>	Presenter
2012	14 <sup>th</sup> European Symposium of	Tel-Aviv, Israel	<i>The contribution of interpersonal activities to</i>	Presenter

	Suicide & Suicidal Behavior		<i>medically serious suicidal behavior</i>	
2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	<i>Suicide intent of medically serious suicide attempts and its relationship with clinical and interpersonal characteristics</i>	Presenter
2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	<i>Stress-related growth among suicide survivors: The moderating effect of the bereavement process, self-disclosure and coping strategies</i>	Presenter
2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	<i>The meaning of interpersonal processes in suicidal behavior: The case of unreported suicide attempts</i>	Co-Presenter
2013	The International Academy of Suicide Research Symposium	Montreal, Canada	<i>Stress-related growth among suicide survivors: The mediate role of interpersonal and cognitive factors</i>	Presenter
2014	15 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tallinn, Estonia	<i>Medically serious suicide behavior strategy of suicide research: Methodological issues, risk factors, and implications.</i>	Presenter
2014	15 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tallinn, Estonia	<i>I want to tell you something: The role of interpersonal factors in stress-related growth among suicide survivors</i>	Presenter
2015	36th Annual Conference of the Stress and Anxiety Research Society (STAR)	Tel-Aviv, Israel	<i>Stress-related growth among suicide survivors: Is it really possible?</i>	Presenter
2015	IASR/AFSP International Summit on Suicide Research	NY, USA	<i>Is the War really over? A 17-Year Longitudinal Study on Suicidal Ideation among Former Prisoners of War.</i>	Presenter
2015	IASR/AFSP International Summit on Suicide Research	NY, USA	<i>No Way Out: Entrapment as a Moderator of Suicide Ideation among Soldiers</i>	Presenter
2015	45th EACBT - European Association for Behavioral and Cognitive Therapies	Jerusalem, Israel	<i>Disclose yourself – Change yourself? The contribution of self-disclosure to the course of change in cognitive-behavioral group therapy for social phobia</i>	Co-Presenter

2016	16 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Oviedo, Spain	<i>Is there anybody out there? The contribution of self-disclosure to posttraumatic growth among suicide survivors</i>	Presenter
2017	IAC - International Attachment Conference	London, England	<i>Attachment styles and posttraumatic growth among suicide-loss survivors: The mediating role of interpersonal characteristics</i>	Co- Presenter
2018	American Psychiatric Association annual meeting	New York, NY, USA	<i>The severity of patients' suicidality as a factor of therapists' willingness to treat them</i>	Co- Presenter
2018	European Conference on Positive Psychology	Budapest, Hungary	<i>Does dispositional gratitude create resilience against non-suicidal self-injury (NSSI)?</i>	Co- Presenter
2018	17 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Gent, Belgium	<i>Moral Injury, Suicide Ideation and Behavior among Combat Veterans: The Effects of Entrapment and Depression</i>	Presenter
2018	The TAU-EADP 2018 conference on prevention	Tel Aviv, Israel	<i>Attachment Style in Medically Serious Suicide Attempts: The Mediating Role of interpersonal characteristics</i>	Presenter
2019	<i>3rd International Conference on Loss, Bereavement &amp; Human Resilience</i>	<i>Eilat, Israel</i>	<i>I there anybody out there? Posttraumatic growth among suicide-loss survivors: The mediating role of interpersonal characteristics</i>	Presenter

### **National conferences**

2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	<i>Medically serious suicide attempts</i>	Presenter
2012	14 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tel-Aviv, Israel	<i>Epidemiology in suicide</i>	Presenter
2012	The First Israeli National Conference for the Study of	Jerusalem, Israel	<i>The contribution of dissociation and habituation processes to suicide ideation among soldiers.</i>	Presenter

	Military Mental Health			
2012	14 <sup>th</sup> Congress of the Israel Psychiatric Association	Tel-Aviv, Israel	<i>Intent in medically serious suicide attempters</i>	Presenter
2012	14 <sup>th</sup> congress of the Israel Psychiatric Association	Tel-Aviv, Israel	<i>Communication and Mental Pain in Medically Serious Suicidal Behavior</i>	Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	<i>Intent and lethality of medically serious suicide attempters</i>	Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	<i>Trajectories of suicidal ideation and posttraumatic stress symptoms among former prisoners of war</i>	Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	<i>Suicide coverage in Israel newspapers – Are the reporting is following the Media Guidelines?</i>	Co-Presenter
2013	The 1st ISRS –The Israel Suicide Research Symposium (ISRS)	Tel-Aviv, Israel	<i>Interpersonal difficulties as risk factors for suicide ideation among Ethiopian immigrants to Israel.</i>	Co-Presenter
2014	The 2 <sup>nd</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>Comments that changed reality: Suicide coverage in Israel online media and the effect of 'talkbacks' on attitudes about suicide?</i>	Presenter
2014	The 2 <sup>nd</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>Personal Growth and social activities among suicide survivors</i>	Co-Presenter
2015	The 3 <sup>rd</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	<i>Suicidal Ideation among former prisoners of war's wives: A longitudinal dyadic stud</i>	Presenter
2015	The 3 <sup>rd</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	<i>When you do not understand how you feel: The contribution of alexithymia to suicidal behavior in IDF soldiers</i>	Co-Presenter

2016	The 4 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>Understanding non-suicidal self-injury in non-clinical populations in light of the "cry of pain" model</i>	Co-Presenter
2017	The 5 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	<i>Posttraumatic growth among suicide survivors- reality or illusions?</i>	Presenter
2017	The 5 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Tel-Aviv, Israel	<i>It's a matter of life and death": The perception of responsibility and capability to treat suicidal patients among therapists</i>	Co-Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>Lessons learned from 15 years of studying medially serious suicide attempts</i>	Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>Psycho-socio-cultural model for suicidal behavior and ideation among LGBT adolescents in Israel.</i>	Co-Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>The effect of relative vs. absolute quantitative messages regarding suicide on the perceived severity of the phenomenon</i>	Co-Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>The role of decision making in MSSA</i>	Co-Presenter
2018	The 6 <sup>th</sup> ISRS – The Israel Suicide Research Symposium	Ruppin Academic Center, Israel	<i>Suicide coverage in Israel online media</i>	Co-Presenter
2019	ESPA-net Israel	Ruppin Academic Center, Israel	<i>Out of the fence- stigmatization and its consequences among suicide survivors in Israel</i>	Presenter

**b. Organization of Conferences or Sessions**

Date	Name of Conference	Location of Conference	Subject of Lecture/ Role at Conference/ Comments	Role
2014	14 <sup>th</sup> European Symposium of	Tel-Aviv, Israel	Medically serious suicide behavior	Session Organization



	Suicide & Suicidal Behavior			
2015	15 <sup>th</sup> European Symposium of Suicide & Suicidal Behavior	Tallinn, Estonia	Medically serious suicide behavior strategy of suicide research: Methodological issues, risk factors and implications	Session Organization

## **7. Invited Lectures\Colloquium Talks**

Date	Place of Lecture	Name of Forum	Presentation/Comments
2010	Ramat Gan, Israel	Colloquium- PhD student in Bar-Illan university	The psychological facilitators of medically serious suicide attempts
2015	Tel-Aviv, Israel	The national council for suicide prevention	The media role in suicide prevention
2016	Carmiel, Israel	The northern board of "Enosh" – The Israeli Mental Health Association	suicide prevention in Israel
2017	Hod Hasharon, Israel	Invited Lectures -"Shalvata" mental health medical center staff	Methods of suicide intervention and prevention in Israel
2018	Tel Aviv, Israel	Invited Lectures -"Ramat hen" mental health center staff	Methods of suicide intervention and prevention in Israel

## **8. Research Grants**

### **a. Grants awarded**

Role in Research	Co-PI	Topic	Funded by/Amount	Year
Co-PI	Alan Apter	Communication in medically serious suicide attempts	American Foundation for Suicide Prevention (AFSP) USD 20,000	2004-2006
PI		Posttraumatic growth among suicide survivors	American Foundation for Suicide Prevention (AFSP) USD 30,000	2015-2017
PI		The contribution of personality and military environment factors to moral injury among combatants and its	Israel Defense Forces (IDF) NIS 125,000	2018-2020

		consequences on psychopathology and suicidality: A longitudinal study.		
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**b. Submission of research proposals - pending**

Role in Research	Co-PI	Topic	Funded by/Amount	Year
PI	Prof. Gadi Zerach	Suicidal ideation and behavior following moral injury among combat veterans: Toward an empirically-based integrative model	American Foundation for Suicide Prevention (AFSP) USD 100,000	pending

**c. Submission of research proposals – not funded**

Role in Research	Co-Researchers	Topic	Applied to	Year
PI	Alan Apter	Destructive feelings and medically serious suicide attempts	ISF – Israeli Sciences Foundation	2009
PI	Alan Apter	Aggression and mental pain in medically serious suicide attempts	NARSAD	2009
PI	Alan Apter	The combined contribution of Mental Pain, Communication Difficulties and Destructive Feelings to Medically Serious Suicidal Behavior	American Foundation for Suicide Prevention (AFSP)	2011
PI	Hamutal Kreiner	Mental pain and its communications in medically serious suicidal behavior among soldiers: Examination of linguistic and self-report measures	Israel Defense Forces (IDF) 130, 000 NIS	2014
PI	Daniela Aisenberg	The difficulties in identification of suicidal ideation and behavior among the elderly as a function of aging aspects and cultural origin	The Israeli national institute for health policy research NIS 180,000	2018
PI	Julie Cerel, USA	Cultural aspects of Post traumatic growth among suicide-bereaved individuals	American Foundation for Suicide Prevention	2018

			(AFSP) USD 300,000	
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## 9. Scholarships, Awards, and Prizes

2006	Chairman of Doctoral Fellowship for Excellence- Bar Ilan University. 250,000 NIS Scholarship.
2009	Ruppin Academic Center Excellence in Teaching and Research Award
2010	Ruppin Academic Center Excellence in Teaching and Research Award
2011	Ruppin Academic Center Excellence in Teaching and Research Award
2012	Ruppin Academic Center Excellence in Teaching and Research Award
2013	Ruppin Academic Center Excellence in Teaching and Research Award
2014	Ruppin Academic Center Excellence in Teaching and Research Award
2015	Ruppin Academic Center Excellence in Teaching and Research Award
2016	Ruppin Academic Center Excellence in Teaching and Research Award
2017	Ruppin Academic Center Excellence in Teaching and Research Award
2018	Ruppin Academic Center Excellence in Teaching and Research Award

## 10. Teaching

### a. Courses taught in recent years

Year	Name of Course	Type of Course	Degree	Number of Students
2000-2008	Research methods	Lecture	B.A.	60
2009-Present	Psychopathology (A+B)	Lecture	B.A.	60
2009-Present	Theories in personality (A+B)	Lecture	B.A.	60

2010-2015	Suicidality, crisis, and growth	Seminar	B.A.	20
2012-present	Interdisciplinary seminar – Honors Program	Seminar	B.A.	20
2012-present	Critical thinking in the virtual world - Honors Program	Workshop	B.A.	20
2011-2013	Advanced statistics	Lecture	M.A.	25
2011-Present	Psychodiagnosis – Projective tests	Lecture	M.A.	50
2011-Present	Psychodiagnosis – MMPI test	Lecture	M.A.	50
2011-Present	Psychodiagnosis – Cognitive tests	Lecture	M.A.	50

**b. Supervision of graduate students**

<b>Name of Student</b>	<b>Title of Thesis</b>	<b>Degree</b>	<b>Date of Completion/in Progress</b>	<b>Co-supervisor</b>
Mrs. Timor Gavish	<i>The meaning of interpersonal processes in suicidal behavior among Israeli adolescence (SEYLE project): The case of unreported suicide attempts.</i>	M.A.	2011	Prof. Alan Apter
Mrs. Dana Shragenhaim-Matya	<i>F2f against cyber: The pros and cons of self-disclosure.</i>	M.A.	2011	
Mr. Assaf Ravitz	<i>Am I being understood? Conceptualization and operationalization of feeling understood and its connection to personal characteristics</i>	M.A.	2011	
Mrs. Rachel Carmel	<i>ERAN volunteers' self-efficacy in responding to different calls: The contribution of variables of personality and seniority</i>	M.A.	2011	
Mrs. Adi Olshansky	<i>Interpersonal difficulties as risk factors for suicide ideation among Ethiopian immigrants to Israel.</i>	M.A.	2011	
Mr. Yuval Haber	<i>Trauma as an interpersonal process: Coping with the bidirectional relations between self-disclosure and marital adjustment to posttraumatic stress and growth among ex-POWs</i>	M.A.	2012	Prof. Zahava Solomon
Mr. Oren Gil-Or	<i>The psychological factors expediting the appearance of a false "Facebook self" as a risk factor for Facebook addiction</i>	M.A.	2012	Prof. Ofir Turel
Mrs. Sivan Shain	<i>Knowing when to disclose yourself : The relationships between emotional intelligence and self-disclosure in social interaction</i>	M.A.	2012	Dr. Hamutal Kreiner

Mrs. Libi Vidra	<i>Expressions of distress by suicidal youth over the internet: Examining communication patterns between teenage help seekers and volunteers online, and effective ways of reducing suicidal distress over these interactions</i>	M.A.	2012	
Mrs. Simona Grisaru	<i>When pain becomes unbearable: A phenomenological study of mental pain among nearly lethal suicide attempters</i>	M.A.	2012	
Mrs. Ifat Sela	<i>The psychological and interpersonal factors contributing to growth among first-time parents</i>	M.A.	2012	
Mrs. Ora Gabay	<i>"Am I Home"? The relationships between characteristics of immigrants from the former Soviet Union in Israel and levels of depression and suicidality: Testing the contribution of intra-personal, interpersonal and socio-cultural aspects</i>	M.A.	2013	Prof. Alan Apter
Mr. Ronen Lovett	<i>Linguistic parameters among Social anxiety patients</i>	M.A.	2015	Dr. Hamutal Kreiner
Mrs. Danit Babay	<i>The role of attachment styles in self-disclosure in real interaction</i>	M.A.	2015	Dr. Hamutal Kreiner
Mrs. Enav Ben Oliel	<i>Personal growth and social activities among suicide survivors</i>	M.A.	2016	
Mrs. Noa Kipnis	<i>Growing in times of grief: Bereavement as an interpersonal process through the prism of attachment theory</i>	M.A.	2016	
Mrs. Chen Navon	<i>"When you do not understand how you feel": The contribution of alexithymia to suicidal behavior in IDF soldiers</i>	M.A.	2016	
Mrs. Yael Kraweker	<i>To seek or not to seek help? Attitudes toward seeking professional help as a function of distress, attachment and self-disclosure</i>	M.A.	2016	
Mrs. Arava Ben Haim	<i>The experience of entrapment: Understanding non-suicidal self injury in non-clinical populations in light of the "cry of pain" model</i>	M.A.	2015	
Mr. Doron Chuna	<i>Loneliness and suicidality among ex-prisoners of war – a longitudinal study</i>	M.A.	2016	Prof. Zahava Solomon
Mr. Or David	<i>"It's a matter of life and death": The perception of responsibility and capability to treat suicidal patients among therapists</i>	M.A.	2017	
Mr. Or Harel	<i>Does emotional reactivity to initial mindfulness meditation impact outcomes of mindfulness training?</i>	M.A.	2017	
Mr. Gal Rozen	<i>Linguistics parameters in 'talkbacks' on internet news article reporting celebrity suicide</i>	M.A.	2017	

Ms. Nofar Ellis	<i>The contribution of self-disclosure to course of change in cognitive-behavioral group therapy for social phobia</i>	M.A.	2017	
Mrs. Shahar Afek	<i>Between risk and resilience: Psycho-socio-cultural model of suicide ideation and behavior among Jewish and Arab adolescents in Israel</i>	M.A.	2017	
Ms. Sarit Avisar	<i>Self-stigma among suicide survivors</i>	M.A.	2017	
Mr. Elad Morad	<i>Ageism and attitudes toward suicide in different age groups</i>	M.A.	2017	
Ms. Noy Nishry	<i>Bereavement and PTG among widows in Israel</i>	M.A.	2018	
Mr. Oded Bryt	<i>Decision making and MSSA</i>	M.A.	2018	
Mr. Lior Noiman	<i>Age and decision making as contributors to MSSA</i>	M.A.	2018	
Ms. Shiran Yonis	<i>The psychological mechanism of NSSI</i>	M.A.	2018	
Ms. Danni Peleg	<i>Psycho-socio-cultural model for suicidal behavior and ideation among LGBT adolescents in Israel.</i>	M.A.	2018	
Ms. Carmit Solomon	<i>Intergenerational Transmission of Suicide ideation among Prisoners of War, their Wives, and Children: The Role of attachment style and personality factors</i>	M.A.		Prof. Gadi Zerach
Roe Ben-Shimol	<i>Stigma of suicide survivors –Ecological view</i>	M.A.		
Mr. Eyal Gerber	<i>Suicidality among Ethiopian military personnel in the IDF</i>	M.A.		Dr. Lea Shelef
Mrs. Carmit Sela	<i>Growth and meaning among suicide survivors</i>	Ph.D.		Prof. David Roe
Mr. Sharon Shemesh	<i>Moral injury and its consequences on suicide among IDF soldiers</i>	M.A.		
Mrs. Tal Gilo	<i>Hope and shame as facilitators of PTG among suicide survivors- comparative study</i>	M.A.		
Mrs. Mor Vinter	<i>Guilt as facilitator of PTG and complicated grief among suicide survivors- comparative study</i>	M.A.		
Mrs. Amit Aizek	<i>The contribution of A-integration to PTG and complicated grief among suicide survivors-comparative study</i>	M.A.		
Mrs. Dana Cinory	<i>Suicide ideation among the elderly population in Israel – the contribution of the interpersonal theory of suicide constructs.</i>	M.A.		Dr. Daniela Aisenberg

Mrs. Lena Baharav	<i>Ageism as facilitator of suicide ideation among Israeli elderly: the mediation of depression and mental pain</i>	M.A.		Dr. Daniela Aisenberg
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## **12. Professional Experience**

### **(a) Clinical training and accreditation**

2005	Listed in the Israel Registry of Psychologists, Health Ministry, #8286
2006-2012	Clinical Psychologist, Tel-Aviv Community Mental Health Center
September, 2011	Board certification as an expert clinical psychologist. The Health Ministry Council of Clinical Psychology #30624
2006-2016	Clinical psychologist, The Prime Minister's office of Israel
2010-present	Private practice as clinical psychologist
2015-present	Psychotherapy supervisor of short-term psychotherapy for suicide prevention among adolescents

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### **(b) Workshops and Teaching**

2006-present	Workshops for beginners and practitioners on MMPI2-RC (More than 50 workshops nationally)
2006-present	Professional workshops and lectures to high school and college students, teachers and mental health professionals regarding suicidal d prevention (More than 100 lectures nationally)
2013-present	Professional workshops at the Israeli National Suicide Prevention Program ( More than 30 workshops nationally )
2015-present	Professional workshops on suicidal assessment processes for educational psychologists (More than 40 workshops nationally )

## **PUBLICATIONS**

### **A. Ph.D. Dissertation**

*"The impossible situation": Communication and mental pain in medically serious suicidal behavior.* Approved 2006, 232 pages, in Hebrew, Bar-Ilan University, Supervisors: Prof. Alan Apter and Dr. Netta Horesh.

### **B. Scientific Books (Refereed)**

#### **(a) Authored Books – Published**

Zakin, G., **Levi-Belz, Y.**, & Grinberg, A. (2011). *Handbook of psychodiagnosis*. Ruppin Academic Center, Emek Hefer (Hebrew). 200 pp.

#### **(b) Edited Books – Published**

\***Levi-Belz, Y.** (Ed.) (2016). *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescents* (Hebrew; 367 pp.). Tel-Aviv, Israel: Dyonon.

### **D. Articles in Refereed Journals**

#### **Published**

1. **Levi, Y.**, Horesh, N., Ficshel, Z., Or, E., Apter, A. (2008). Mental pain and its communication in medically serious suicide attempts: An impossible situation. *Journal of Affective Disorders*, 111(2), 244-250. [IF=3.78]
2. Horesh, N., **Levi, Y.**, & Apter, A. (2012). Intent, lethality and interpersonal characteristics of medically serious suicide attempters. *Journal of Affective Disorders*, 136(3), 286-293. [IF=3.78].
3. **Levi-Belz, Y.** Gvion, Y., Horesh, N., & Apter, A. (2013). Attachment patterns in medical serious suicide attempts: The mediating role of self-disclosure and loneliness. *Suicide and Life-Threatening Behavior*, 43(5), 511-522. [IF=3.25]
4. **Levi-Belz, Y.**, Gvion, Y., Horesh, N., Fischel, T., Treves, I., Or, E., ... & Apter, A. (2014). Mental pain, communication difficulties and medically serious suicide attempts: A case - control study. *Archives of Suicide Research*, 18(1), 74-87. [IF=1.90]
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6. Zerach, G., **Levi-Belz, Y.**, & Solomon, Z. (2014). Trajectories of suicidal ideation and posttraumatic stress symptoms among former prisoners of war: A 17-year longitudinal study. *Journal of Psychiatric Research*, 49, 83-89. (First authorship shared). [IF=4.18]
7. Gvion, Y., **Levi-Belz, Y.**, & Apter, A. (2014). Suicide in Israel- An update. *Crisis – The Journal of Crisis Intervention and Suicide Prevention*, 35(3), 141-144. [IF=1.44]
8. Shelef, L., **Levi-Belz, Y.**, & Fruchter, E. (2014). Dissociation and habituation as facilitators of suicide ideation among soldiers. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 35(6), 388-397. [IF=1.44]
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12. \*Gvion, Y., **Levi-Belz, Y.**, Hadlaczky, H. & Apter, A. (2015). On the role of impulsivity and decision-making in suicidal behavior. *World Journal of Psychiatry*, 5(3), 255-259.
13. \*Gvion, Y., Horresh, N., **Levi-Belz, Y.**, Apter, A., (2015). A proposed model for development of suicide ideation. *Comprehensive Psychiatry*, 56, 93-102. [[IF=2.19]
14. \***Levi-Belz, Y.** & Kreiner, H. (2016). What you say and how you say it: Analysis of verbatim content and speech fluency as predictors of self-disclosure in interaction. *Social Psychological and Personality Science*, 7(3), 232-239. [IF=2.32]
15. \*Trakhtenbrot, R., Gvion, Y., **Levi-Belz, Y.**, Horesh, N., Fischel, T., Weiser, M., ... & Apter, A. (2016). Predictive value of psychological characteristics and suicide history on medical lethality of suicide attempts: A follow-up study of

hospitalized patients. *Journal of Affective Disorders*, 199, 73-80. doi: 10.1016/j.jad.2016.03.054 [IF=3.78]

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17. \***Levi-Belz, Y.**, & Gamliel, E. (2016). The effect of perceived burdensomeness and thwarted belongingness on therapists' assessment of patient's suicide risk. *Psychotherapy Research*, 26(4), 436-445. [IF= 2.95]
18. \*Zerach, G., **Levi-Belz, Y.**, Michelson, M., & Solomon, Z. (2016). Suicidal ideation among former prisoners of war's wives: A longitudinal dyadic study. *Psychiatry: Interpersonal and Biological Processes*, 79(2), 147-163, doi: 10.1080/00332747.2015.1124643 [IF=3.318]
19. \*Gamliel, E. & **Levi-Belz, Y** (2016). To end life or to save life: Ageism moderates the effect of message framing on attitudes toward older adults' suicide. *International Psychogeriatrics*, 28(8), 1383-1390. Doi: 10.1017/S1041610216000636[IF=2.42]
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21. \***Levi-Belz, Y.** (2016). To share or not to share: The contribution of self-disclosure to stress-related growth among suicide survivors. *Death Studies*, 40(7), 405-413. [IF=1.16]
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24. \*Snir, A., **Levi-Belz, Y.** & Solomon, Z. (2017). Is the War Really Over? A 20-year Longitudinal Study on Trajectories of Suicidal Ideation and Posttraumatic Stress Symptoms Following Combat. *Psychiatry Research*, 247, 33-38. (First authorship shared). Doi: 10.1016/j.psychres.2016.10.065 [IF=2.52]

25. \***Levi-Belz, Y.** (2017). Relationship with the deceased as facilitator of posttraumatic growth among suicide-loss survivors. *Death Studies*, 41(6), 376-384. [IF=1.16]
26. \*Stein, J., Itzhaky, L., **Levi-Belz, Y.**, & Solomon, Z. (2018). Traumatization, loneliness, and suicide ideation among ex-POWs: A longitudinally assessed sequential mediation model. *Frontiers in Psychiatry*. Doi: 10.3389/fpsyt.2017.00281. [IF=3.53].
27. \***Levi-Belz, Y.**, Gvion, Y., Grisaru, S., & Apter, A. (2018). When the pain becomes unbearable: Case-control study of mental pain characteristics among medically serious suicide attempters. *Archives of Suicide Research*, 22(3), 380-293. Doi: 10.1080/13811118.2017.1355288 [IF=1.92]
28. \*Gvion, Y. & **Levi-Belz, Y.** (2018). Systematic review of psychological risk factors to serious suicide attempts. *Frontiers in Psychiatry*. doi: 10.3389/fpsyt.2018.00056 [IF=3.53]
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32. \***Levi-Belz, Y.** & Gamliel, E. (in press). The effect of relative vs. absolute quantitative messages regarding suicide on the perceived severity of the phenomenon. *Journal of Death and Dying*. doi: 10.1177/0030222818791715 [IF= 0.87]
33. \*Zerach, G., **Levi-Belz, Y.**, Michelson, M., & Solomon, Z. (in press). The role of marital adjustment in suicidal ideation among former prisoners of war and their wives: A longitudinal dyadic study. *Psychology of Violence*. doi:10.1037/vio0000093 [IF=2.50]

34. \***Levi-Belz, Y.** & Lev-Ari, L. (in press). Attachment styles and posttraumatic growth among suicide-loss survivors: The mediating role of interpersonal factors. *Crisis-The Journal of Crisis Intervention and Suicide Prevention*. [IF=1.44]
35. \*Harel, O., Hadash, Y., **Levi-Belz, Y.** & Bernstein, A. (in press). Does Early Emotional Responding to Initial Mindfulness Training Impact Intervention Outcomes? *Mindfulness*. [IF=3.04]
36. \*Lev-Ari, L. & **Levi-Belz, Y.** (in press). The interpersonal-psychological theory characteristics as facilitators of posttraumatic growth among suicide survivors: An attachment perspective. *Death studies*. doi: 10.1080/07481187.2018.1504351 [IF=1.16]
37. \***Levi-Belz, Y.** Gavish, T. Barzilay, S., Apter, A., Hoven, C., Carli, V., Sarchiapone, M., & Wasserman, D. (in press). Psychological risk factors for undisclosed suicide attempts among adolescents: Findings from the adolescents SEYLE project. *Suicide and Life-Threatening Behavior*. doi: 10.1111/sltb.12475 [IF=3.25]
38. \*Feingold, D., Zerach, G., & **Levi-Belz, Y.** (in press). The association between moral injury and substance use among Israeli combat veterans: The mediating role of distress and perceived social support. *International Journal of Mental Health & Addiction*. [IF=1.19]
39. \*Zerach, G. & **Levi-Belz, Y.** (in press). Intolerance of uncertainty moderates the association between potentially morally injurious events, suicide ideation and behavior among combat veterans. *Journal of Traumatic Stress*. [IF=2.45]
40. **Levi-Belz, Y.** & Lev-Ari, L (in press). Is there anybody out there? Attachment style and interpersonal abilities as protective factors against complicated grief among suicide-loss survivors. *Journal of Nervous and Mental Disease*. [IF=1.9]
41. Rozen, G., Kreiner, H. & **Levi-Belz, Y.** (in press). Beyond the Werther effect: Public response to suicide news reports as reflected in computerized text analysis of online reader comments. *Archives of Suicide Research*. Doi: 10.1080/13811118.2018.1563578. [IF=1.92]
42. **Levi-Belz, Y.** (in press). With a little help from my friends: A follow-up study on the contribution of interpersonal characteristics to posttraumatic growth among suicide survivors. *Psychological Trauma*. [IF=2.65]
43. **Levi-Belz, Y.**, Gvion, Y., Levi, U. & Apter, A. (in press). Beyond the mental pain: A case-control study on the contribution of schizoid personality disorder

symptoms to medically serious suicide behavior. *Comprehensive psychiatry*[IF=2.12].

44. Kreiner, H. & **Levi-Belz, Y.** (in press). Self-disclosure here and now: From perceived retrospective appraisal to objective behavioral measures with high temporal resolution. *Frontiers in Psychology* [IF=2.08]. doi: 10.3389/fpsyg.2019.00558
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## **E. Articles or Chapters in Scientific Books**

### **Published**

1. **\*Levi-Belz, Y.** (2016). Introduction. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 15-19). Tel-Aviv, Israel: Dyunon (Hebrew).
2. **\*Levi-Belz, Y.** & Alan Apter (2016). Classifications of suicidal behavior and epidemiology. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 281-309). Tel-Aviv, Israel: Dyunon (Hebrew).
3. **\*Levi-Belz, Y.** (2016). Mental pain as a facilitator of suicidality- Theoretical and empirical points of view. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 64-72). Tel-Aviv, Israel: Dyunon (Hebrew).
4. **\*Levi-Belz, Y.** (2016). Psychological risk factors – Personal, interpersonal, cognitive and familial factors. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 109-135). Tel-Aviv, Israel: Dyunon (Hebrew).
5. **\*Levi-Belz, Y.** (2016). The media and the new media as risk factors for suicidality among adolescents. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Ed.) *Illuminating the mountains of darkness. Suicidal behavior and suicide prevention among adolescence* (pp. 158-178). Tel-Aviv, Israel: Dyunon (Hebrew).
6. **\*Levi-Belz, Y.** (2016). Coping with suicide loss – the struggle of suicide survivors and how we can help them. In Y. Levi-Belz, A. Brunstein-Klomek, Y. Gvion, & A. Apter (Eds.) *Illuminating the mountains of darkness. Suicidal*

*behavior and suicide prevention among adolescence* (pp. 231-246). Tel-Aviv: Israel: Dyunon (Hebrew).

## **F. Articles in Conference Proceedings**

### **Published Abstracts**

1. **Levi, Y.**, Weinberg, S., & Nadjar R. (2011). Support groups for suicide survivors: Self-regulation and social support as mediating the effect of recovery. *European Psychiatry*, 26, 1626. [IF=3.285]
2. **Levi, Y.**, Horesh, N., & Apter, A. (2011). Intent, lethality and psychological characteristics of medically serious suicide attempters. *European Psychiatry*, 26, 1625. [IF=3.285]
3. Feldman, D., Apter, A., Levi, Y. (2011). A comprehensive model of suicidality and problem behavior theory in adolescence. *European Child & Adolescent Psychiatry*, 20(1), S220-S221. [IF=3.553]
4. **Levi, Y.**, Horesh, N., Fischel, T., Treves, I., Or, E., Bleich, A., ... & Apter, A. (2012). Suicide intent of medically serious suicide attempts and its relationship with clinical and interpersonal characteristics. *Israel Journal of Psychiatry and Related Sciences*, 49(1), 58. [IF=1.362]
5. **Levi, Y.**, Horesh, N., Fischel, T., Treves, I., Or, E., Bleich, A., ... & Apter, A. (2012). The impossible situation: Communication and mental pain in medically serious suicidal behavior. *Israel Journal of Psychiatry and Related Sciences*, 49(1), 57-58. [IF=1.362].
6. \*Silber-Varod, V., Kreiner, H., Lovett, R., **Levi-Belz, Y.**, & Amir, N. (2016). Do social anxiety individuals hesitate more? The prosodic profile of hesitation disfluencies in Social Anxiety Disorder individuals. *Speech Prosody 2016*, Boston, MA, USA.
7. \*Zerach, G., **Levi-Belz, Y.**, Michelson, M., & Solomon, Z. (2016). Suicidal ideation among former prisoners of war's wives— A longitudinal dyadic study. *European Psychiatry*, (33), S331-S332. [IF=3.285]

## **G. Other Scientific Publications**

### **Published**

1. **Levi-Belz, Y.** (2013). Psychodiagnosis in the service of psychotherapy [Electronic version]. Hebrew Psychology website. <http://www.hebpsy.net/articles.asp?id=2751>
2. **Levi-Belz, Y.** (2014). Toward an integration model for PTG among suicide survivors. [Electronic version]. Hebrew Psychology website. <http://www.hebpsy.net/articles.asp?t=0&id=2893>

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<http://www.hebpsy.net/articles.asp?t=0&id=3142>

\*4. **Levi-Belz, Y.** (2016). Even the highest clouds. [Electronic version]. Alacson digital scientific journal (Hebrew).

<http://alaxon.co.il/article/%D7%90%D7%A4%D7%99%D7%9C%D7%95->

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## **K. Submitted Publications**

1. **Levi-Belz, Y.,** Barzilay, S., Levy D. & David, O. (under review). The effect of potential patient's suicidal behavior on therapists' willingness to treat. *Psychotherapy Research*.
2. **Levi-Belz, Y.,** Gvion, Y., & Apter, A. (submitted). Serious Suicide Attempts Approach for Understanding suicide: Mini-Review of the Evidence. *World Journal of Psychiatry*.

## **L. Summary of my activities and future plans**

I am a clinical psychologist and clinical scientist, who is primarily interested in the psychological mechanisms that can help us understand and prevent suicide in different at-risk populations (adolescents, soldiers, ex-prisoners of war, medically serious suicide attempters, etc.). Other related key research topics include suicide survivors, specifically, the ability to grow following suicide loss in the family. Parallel research areas are interpersonal interaction in both real life and in therapy sessions, and attitudes of the public toward psychotherapy. In my professional career, I strive to merge clinical, social, and research work and consider the integration of these three aspects as the central value of my work.

One of my main projects is the topic of *growth among suicide survivors*. In this project, we examined the growth ability among suicide survivors, and in particular, the psychological mechanisms that may facilitate this posttraumatic growth. We have conducted several studies, both cross-sectional and longitudinal. We were able to show that alongside the harsh consequences of suicide in the family, there are interpersonal characteristics that can facilitate growth among survivors. Building on our results, we are now working on a specific clinical protocol to induce posttraumatic growth among suicide bereaved, hopefully with funding from the American Foundation of Suicide Prevention (AFSP).

Another interesting and ongoing project of mine is the investigation of psychological risk factors among medically serious suicide attempters. A promising strategy to study suicidal behavior is to study individuals who have made a definite, near-fatal attempt, termed *medically serious suicide attempt-MSSA*. This group has been found to epidemiologically closely resemble those who died by suicide. The goal of this project was to understand the interactions between different personal and interpersonal

characteristics in order to construct a psychological model relating to more dangerous suicidal behavior, such as behavior involving high lethality and high suicide intent.

Yet another major interest of mine is *suicidal behavior and ideation among ex-prisoners of war*. War captivity is one of the most severe human-inflicted traumatic experiences, having wide and substantial long-term negative effects. However, little is known about suicidality among ex-POWs and the factors that may contribute to suicide behavior and ideation. In this project, we prospectively assessed suicidal behavior and ideation over a 17-year period in order to understand the unique trajectories of suicidality among this group. Currently we are expanding the project to deal with the trajectories of suicide ideation among ex-POW children.

A new project of mine is the study of the *moral injury experience* and its role in facilitating posttraumatic stress symptoms as well as suicidal behavior and suicide ideation among war veterans and soldiers. In this project, we tried to understand the factors that mediated the relationship between *moral injury* and PTSD and suicidal ideation and behavior among Israeli veterans. This is the first study who examine these relationships outside of US. Recently, we received a grant to the IDF in order to expand this project to Israeli soldiers. On November 2018, we also submitted a grant proposal to the AFSP on this topic.

Recently, we established the "Center for Suicide and Mental Pain Studies (CSMS), and I'm honored to serve as the chair of the Center. Recently, we got funded of NIS 250,000 to facilitate the main activities of the center. Related to that, together with my colleague, Dr. Sami Hamdan, I'm leading the annual meeting of the Israeli Suicide Research Symposium (ISRS), which provides a forum for those who share an interest in suicide prevention, intervention, and postvention, including researchers, physicians, clinicians, social workers, students, and educators, as well as those who have lost a loved one.

Aside from my research work, I devote time to clinical work, supervising clinicians who treat suicide adolescence, and teaching mental health professionals within the suicide prevention program in Israel. I also do volunteer work as a board member and the head of the research branch of *Bishvil Hahaim (For Life)*, a non-profit organization that deals with suicide prevention, as well as helping Israeli suicide survivors. In this position, I am currently working on a second book together with my colleague and one of the suicide prevention leaders in Israel – Mrs. Dafni Assaf. The book seeks to shed light and a new perspective on the suicide phenomenon.

Further related to academic work, I serve as the chair of the Behavioral Sciences Department and the head of the Honors Program at Ruppin Academic Center. I also serve as the head of the psychodiagnosis specialty in the Department of Clinical Psychology.

Altogether, I feel honored to be a clinical psychologist, researcher, and social activist, with the goal of preventing suicide and providing relief to those people in need.